

Researcher: Prof. Dr. Konstantin Korotkov

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Abstract:

Quantum physics plays a significant role in the development and evolution of humankind. We use smartphones and computers with chips constructed with up to 2 nanometers (nm) accuracy technology (by IBM in 2021). The invention of lasers has helped us to understand the phenomenon of holography which has also led to the development of the theory of the holographic universe. Various quantum-level experiments have demonstrated that even human consciousness and intention play a significant role in the processes on a quantum level and can alter physical reality. The placebo effect is not some esoteric phenomenon but is more of human consciousness/mind influence on the physical body.

Quantum physics helps us to understand the essence of homeopathy and the subtle processes involved in this method.

Now we can study the zero-point field theory and use daily tools constructed based on this principle. We can check the level of structurization of water and devise several equipments that can increase it and energize the water. All thanks to quantum physics.

We can go on and on trying to name all the spheres in the numerous applications of quantum physics in our lives.

Understanding the role of our mind for health and wellness has been brought to us also by quantum physics. Mind is over the matter – now we know it for sure!

The list of modern tools and technologies based on quantum physics in the field of health and wellness that has become known to every person from the school age is wide: MRI, X-Ray, PET, GDV, etc.

These technologies have become a regular part of our lives, even though most of us do not understand the basics of quantum physics that they are based on.

We continue to delve deeper into the quantum level of the human body and mind, which henceforth brings us more and more understanding of how the human being is working on the most subtle levels.