

Role of Integrative Functional Medicine in ENT Head & Neck Diseases

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Integration of science with medicine is the necessity of the hour and the aim is improving the functional status of an individual at cellular and epigenetic level. I am sharing my experiences in my specialty (ENT Head & Neck) how these diseases can be managed by functional health leading to integrative management.

The patients who underwent this achieved reduced morbidity, improved longevity and improved quality of life. Conventional management of diseases alone are not enough to contain the disease or prevent complications of diseases. man is being forced to live under fear, anxiety and stress the real underlying cause of almost all diseases. Through this innovative health management, I am just taking you through a brief journey into the real & scientific cause of dysfunction at cellular level. I am sharing my clinical experiences that have followed strict scientific protocols in management. These diseases include common diseases like adeno-tonsillitis, sinusitis, Hashimottos thyroiditis, Head & Neck cancer and Head injury, an emergency medical condition.

I have followed detailed process of assessment, monitoring system & integrative intervention comprising functional & conventional medicines and also discussed on the real synergy of mind, body and environment where the real integration of science and medicine happens.

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