

SUBSTANCE USE DISORDERS/BEHAVIORAL HEALTH VIRTUAL CONFERENCE

Monday, May 8, 2023 – Day One

7:50 am – 8:00 am

Welcome/Housekeeping

8:00 am – 9:00 am

Keynote Presentation – Evolving Treatment and Recovery During Challenging Times – 1 hour

Alta DeRoo, MD, MBA, FACOG, DFASAM, Hazelden Betty Ford Center

Track 2 – Intermediate level clinical workshop.

Our treatment landscape is changing with the increasing numbers of SUD and novel drugs that are less predictable than the past. With this changing landscape, we are adapting and modifying approaches to treatment. We will discuss the challenges and solutions of treating new drugs we are seeing in the community such as xylazine (“tranq”), fentanyl, high potency marijuana, etc. We will explore how it affects our patients, long term effects and evolving treatment we are adapting to treating these novel substances. Beyond the challenging medical treatment, we will discuss the exciting new changes to the ASAM levels of care and it relates to these challenging times.

- Participants will be able to discuss the changing landscape for substance use disorder treatment
- Participants will gain knowledge about SUD treatment as it relates to emerging, novel drugs
- Participants will understand that ASAM levels of care will be changing and evolving.

9:00 am – 9:15 am

Networking Break

9:15 am – 10:45 am

Morning Breakout Sessions

Co-Occurring Disorders and Best Practices in Integrated Care - 1.5 hours

Randi Moberly, Ph.D, Clinical Director, Hazelden Betty Ford Foundation

Track 1 – Beginning entry level clinical workshop.

Integrated treatment services are considered best practice when addressing co-occurring substance use and mental health disorders. Hazelden’s Co-Occurring Disorders Program focuses on integrated services for individuals with concurrent substance use and non-severe mental health disorders, such as depression and anxiety disorders. This approach helps people recover by offering both mental health and substance use services at the same time and in one setting, or by the same providers. Join Dr. Moberly as she explores the value and need for integrated care for co-occurring disorders and introduces a 5-part program for co-occurring disorders. You will gain knowledge about Dual Diagnosis Capability in Addiction Treatment Index (DDCAT) and how it is used to measure a substance use treatment program’s capability to address co-occurring disorders.

- Participants will recognize the value of addressing concurrent substance use and mental health disorders as part of an integrated model of care.
- Participants will identify essential clinical elements of Hazelden’s Co-Occurring Disorder Program
- Participants will describe a tool to examine a program’s co-occurring capability (i.e., the capability to address co-occurring substance use and mental health concerns).

Crisis Intervention: Emergency Services, Covid, Substance Abuse, and Ethical Considerations – 3 hours.

Kathryn Dziekan, Ph.D., CCMH (LPCC), LPC, CRC

Colleen S. Nausbaum, LCSW; CFMSW; CDC 1; LPC Supervisor

Track 2 – Intermediate level clinical workshop.

Crisis intervention in the field of Human Services is usually managed by Emergency Services Clinicians in hospitals and jails. Over the last 3 years COVID has impacted the access and delivery of emergency services and services needed for those struggling with a substance abuse challenge by switching some of the services to telehealth and limiting access to services. According to the CDC (2021) having COVID and a substance use disorder can cause extra complications. This presentation will explore how substance abuse clinicians and/or emergency service clinicians can better serve individuals with substance abuse challenges during the time of Covid by applying NAADAC’s Code of Ethics to case studies that are in need of assistance in providing more considerate, competence, and ethical services.

- Participants will learn about crisis intervention as it relates to individuals with substance abuse challenges needing emergency services.
- Participants will learn about crisis intervention as it relates to individuals with substance abuse challenges needing emergency services and the impact of Covid.
- Participants will learn about crisis intervention as it relates to individuals with substance abuse challenges needing emergency services and the impact of Covid and ethical considerations.

988 Suicide Prevention and Crisis Line – 1.5 hours

Lois Gilmore, MSW, LCSW-BCD, MARS, CRAADC, ICAADC.
SAMHSA

Track 1 – Beginning Entry Level Clinical Workshop

The presentation will provide information on 988 Suicide Prevention and Crisis Line development. An overview of HHS and SAMHSA’s investment in the Crisis Response Systems goals, progress, and long-term expectations. Weekly 988 Crisis Jam National Program information will be provided. We will explore Alaska’s unique challenges and needs with 988. A brief introduction to SAMHSA Store resources and a link will be provided. These resources support clinician skills and knowledge, as well as administration of programs for the treatment of mental health and substance abuse. A vast array of treatment program information and best practices are on the website free of charge.

- Participants will develop a basic understanding of 988, how to access 988 (via phone call or text), who can use 988 and when.
- Participants will be able to name the three guiding principles of the 988 Suicide and Crisis Response System.
- Participants will be able to access the SAMHSA store website and find free materials.

10:45 am – 11:00 am

Networking Break

11:00 am – 12:30 pm

Morning Breakout Sessions

Treating Chronic Pain: Tools to Move People from Hurt to Hope – 1.5 hours.

Martha Teater, MA.

Track 2 – Intermediate level clinical workshop

We have a huge number of people living with chronic pain who don't have the tools to manage it and live richer, more satisfying lives. Many of those who hurt are using medication that often doesn't relieve the pain or improve their quality of life. This session will cover specific tools to help people become more active, enhance social connections, and live life more fully. There is a direct link between chronic pain and our current opioid crisis. Without the specific skills needed to successfully treat pain, we leave too many people to suffer without relief. In this session, we will learn tools to transform pain into purpose.

- Participants will list the features of chronic pain.
- Participants will use cognitive-behavioral tools to help those in pain.
- Participants will teach mindfulness skills to clients to improve their quality of life.

Crisis Intervention: Emergency Services, Covid, Substance Abuse, and Ethical Considerations (Continued) – 3 hours.

Kathryn Dziekan, Ph.D., CCMH (LPCC), LPC, CRC

Colleen S. Nausbaum, LCSW; CFMSW; CDC 1; LPC Supervisor

Track 2 – Intermediate level clinical workshop.

Crisis intervention in the field of Human Services is usually managed by Emergency Services Clinicians in hospitals and jails. Over the last 3 years COVID has impacted the access and delivery of emergency services and services needed for those struggling with a substance abuse challenge by switching some of the services to telehealth and limiting access to services. According to the CDC (2021) having COVID and a substance use disorder can cause extra complications. This presentation will explore how substance abuse clinicians and/or emergency service clinicians can better serve individuals with substance abuse challenges during the time of Covid by applying NAADAC's Code of Ethics to case studies that are in need of assistance in providing more considerate, competence, and ethical services.

- Participants will learn about crisis intervention as it relates to individuals with substance abuse challenges needing emergency services.
- Participants will learn about crisis intervention as it relates to individuals with substance abuse challenges needing emergency services and the impact of Covid.

- Participants will learn about crisis intervention as it relates to individuals with substance abuse challenges needing emergency services and the impact of Covid and ethical considerations.

Understanding and Navigating Best Practices in Telehealth: The Alaska Landscape – 1.5 hours

- John Solomon, LPC, CPHQ, Chief Executive Officer, Alaska Behavioral Health Association
- Ronto Roney, Directory of Behavior Health, Maniilaq Association
- Deb Hemphill, Senior Sales Consultant, Hazelden Betty Ford Foundation.

Track 2 – Intermediate level clinical workshop.

This presentation will discuss the recently enacted Alaska legislation (HB 265) that permanently reinforces telehealth service access for Alaskans, including billing parity. Best practices for telehealth, especially telehealth in rural Alaska, will be discussed along with resources to support this care setting. Maniilaq Association will share their experiences, including how access to telehealth has increased the number of people taking part in group therapy as well as increasing the length of time people are receiving treatment services, all leading to a successful model of care.

- Participants will understand the content of Alaska HB265 and effects on service and billing parity.
- Participants will be able to identify best practices and benefits of telehealth delivery.
- Participants will be able to identify digital tools used to provide telehealth.

12:30 pm – 1:45 pm

Lunch Break

1:45 pm – 3:15 pm

Afternoon Breakout Sessions

Understanding the Impact on First Nation Peoples and Native Americans with Substance Use Disorders While Using Traditional Ways of Knowing in Addressing Cultural Awareness with Treatment and Recovery – 1.5 hours

Sarita R. McGowan, Ed.D., Addictions Counselor II (CCAPP). Hazelden Betty Ford Center

Track 2 – Intermediate level clinical workshop.

This presentation will focus on defining cultural-sensitive treatment and its importance in setting the stage for lifelong recovery for the patient and the family. Modifying evidence-based modalities to address cultural or traditional ways of thinking can be extremely effective in building a strong therapeutic alliance. Following the presentation, participants will be able to:

- Take aware a deeper understanding of SUDs, from diagnosis to treatment
- Recognize when and how families need to be involved in the treatment process
- Understand why culturally-competent care is important for individuals and families healing from substance use disorder.

LGBTQ and Sexuality – 1.5 hours

Maurie Lung, Ph.D, LMHC, LMFT

Track 2 - Intermediate level clinical workshop.

Research currently shows up that LGBTQ + populations of all ages disproportionately experience more instances of mental health and substance use disorders, suicidality, and poor well-being outcomes compared to their heterosexual and cisgender peers. This can be attributed to minority stress; verbal, emotional, physical abuse from unsupportive family members and communities; discrimination in health care, employment, housing, and retirement; unremitted bullying in school; absence of social programs specializing in LGBTQ + services; and a shortage of health care providers who are knowledgeable about LGBTQ + specific needs. Additionally, we will dispel common myths and stereotypes about behavior and identity that impact the sexual health education and allow practitioners to provide services that are inclusive of LGBTQ + client's experiences and that give them the education necessary to stay safe and healthy. Through both lecture and experiential methods, we will explore current terminology, unique needs of LGBTQ + clients, intersectionality, biases within ourselves and systems, and creating a welcoming environment. By the end of this workshop practitioners will have information and interventions to improve services for LGBTQ + clients.

- Participants will increase knowledge of current terminology to better communicate with LGBTQ + clients.
- Participants will Increase their understanding of the unique needs of LGBTQ + clients in order to create a more welcoming healing environment.
- Participants will increase application of interventions through the lens of intersectionality, including understanding the biases within ourselves and systems, ultimately improving services for LGBTQ + clients.

Confidentiality – 3 hours

Kathryn Dzieken, Ph.D, CCMH (LPCC), CRC,

Colleen Nusbaum, LCSW, CFMSW, CDC 1, LPC Supervisor

Track 4 – Certification Workshop

Practitioners in the fields of Substance Use Disorder Treatment and/or Behavioral Health must be knowledgeable regarding the laws involving confidentiality: *The Health Insurance Portability and Accountability Act of 1996 (HIPAA) and 42 CFR Part 2*. This presentation will address and explore how practitioners in the fields of Substance Use Disorder Treatment and/or Behavioral Health can better serve individuals by applying practices of *HIPAA and 42 CFR Part 2* to case studies of individuals who need greater consideration, competence, and ethical protection of their personal and confidential information as it applies to *HIPAA* and/or *42 CFR Part 2*.

- Participants will learn how all five rules of the Health Insurance Portability and Accountability Act of 1996 (HIPAA) effect our care of the individuals with addiction challenges and we will learn how to maintain their confidentiality.

- Participants will learn how the Federal law 42 CFR Part 2 regulations effects the care of the individuals with addiction challenges and we will learn how to maintain their confidentiality.
- Participants will be able to implement both HIPAA and 42 CFR Part 2 laws and be able to apply the knowledge they gained by applying these laws to care studies that will be shared with them during the presentation.

3:15 pm – 3:30 pm

Networking Break

3:30 pm – 5:00 pm

Afternoon Breakout Sessions

Confidentiality (Continued) – 3 hours

Kathryn Dzieken, Ph.D, CCMH (LPCC), CRC,
Colleen Nusbaum, LCSW, CFMSW, CDC 1, LPC Supervisor

Track 4 – Certification Workshop

Practitioners in the fields of Substance Use Disorder Treatment and/or Behavioral Health must be knowledgeable regarding the laws involving confidentiality: *The health Insurance Portability and Accountability Act of 1996 (HIPAA) and 42 CFR Part 2*. This presentation will address and explore how practitioners in the fields of Substance Use Disorder Treatment and/or Behavioral Health can better serve individuals by applying practices of *HIPAA and 42 CFR Part 2* to case studies of individuals who need greater consideration, competence, and ethical protection of their personal and confidential information as it applies to *HIPPA* and/or *42 CFR Part 2*.

- Participants will learn how all five rules of the Health Insurance Portability and Accountability Act of 1996 (HIPAA) effect our care of the individuals with addiction challenges and we will learn how to maintain their confidentiality.
- Participants will learn how the Federal law 42 CFR Part 2 regulations effects the care of the individuals with addiction challenges and we will learn how to maintain their confidentiality.
- Participants will be able to implement both HIPAA and 42 CFR Part 2 laws and be able to apply the knowledge they gained by applying these laws to care studies that will be shared with them during the presentation.

Tuesday, May 9, 2023 – Day Two

8:00 am – 9:00 am

Keynote Presentation: Building a Recovery-Ready Nation – 1 hour

Phillip Rutherford, Chief Operating Officer, Faces and Voices of Recovery

Track 1 – Beginning entry level clinical workshop.

This keynote will provide an overview of policies and practices that support recovery from substance use disorders from a national perspective.

- Participants will be able to describe the current availability of recovery resources in the United States.
- Participants will be able to define a community-based set of tools and services that actively support recovery.
- Participants will be able to assess individual communities via a basic availability checklist.
- Participants will be able to recommend strategies and pathways for communities to develop more resources.

9:00 am – 9:15 am

Networking Break

9:15 am – 10:45 am

Morning Breakout Sessions

The Value of Peer Support – 1.5 hours

Joseph Hogan-Sanchez, Director of Programs, Faces and Voices of Recovery

Track 1 – Beginning entry level clinical workshop.

This session will illuminate the value, breadth, and depth of peer support services.

- Participants will be able to define the component parts of peer support services
- Participants will be able to identify utilization entry points for peer support services in the community
- Participants will be able to recommend strategies and pathways for communities to develop more resources.

Medications for opioid use disorder – 1.5 hours

Donald Teater, MD, MPH

Track 1 – Beginning entry level clinical workshop.

Medications are the most effective treatment for opioid use disorder. This session will describe why medications are so important, how they are used, and when they are discontinued. We will also discuss effectiveness of medications compared to other treatment options for individuals with the disease of opioid use disorders.

- Participants will understand how and why opioids commonly lead to abuse and addiction
- Participants will be able to identify the most effective treatments for opioid use disorders.
- Participants will understand how opioid use disorder is different from other addictions making treatment recommendations unique.

Taste of Motivational Interviewing – 1.5 hours

Paul Hunziker, MA, LMFT, SUDP

Track 1 - Beginning Entry Level Clinical Workshop

Motivational Interviewing (MI) is an evidence-based approach to talking with people about changes they may want to make in their lives. MI has been shown to be effective in better treatment outcomes and lower burnout rates for helping professionals. MI has been adapted for use in many

different professions including counselors, teachers, and doctors. Taste of Motivational Interviewing (MI) is a 90 minute experiential workshop for healthcare and education professionals which will make them familiar with the principles/spirit of MI and it's evidence of efficacy. The experiential component will also provide participants with direct experience of the method and help them contrast MI to other approaches. Past participants have stated that they left the training with tools that they were confident using immediately in their practice setting. This training will also discuss recent developments in MI skills that will be added to the upcoming 4th edition of the manual.

- Participants will be Introduced to the basic framework of MI.
- Participants will complete one experiential exercise to practice as MI skill.
- Participants will review updates coming in the 4th edition.

10:45 am – 11:00

Networking Break

11:00 am – 12:30 pm

Morning Breakout Sessions

Words Matter: Stigma and Language – 1.5 hours

Marianna Horowitz, Faces and Voices of Recovery

Track 1 – Beginning entry level clinical workshop.

This session will highlight the importance of language and its impact on both stigma and recovery.

- Participants will be able to identify stigma and how it impacts recovery.
- Participants will be able to discuss language and terminology related to substance use disorders and recovery.
- Participants will learn strategies to change the public outlook on substance use disorder and recovery.

Compassion Satisfaction: Thriving in Challenging Times – 1.5 hours

Martha Teater, MA

Tract 2 – *Intermediate level clinical workshop*

Working with people puts us at risk of potentially negative consequences. We may find ourselves frustrated, sad, angry, and worn out. We may even notice that our work is impacting our personal lives in ways that we don't like. This training will highlight ways we can reduce the possible downside of our work, and how to lower our risk of consequences from helping others. We will discuss practical, hands-on, tips and tools to create a better quality of life for ourselves, and to equip us to enjoy our work for a long time to come.

- Participants will define compassion fatigue.
- Participants will list risk factors and protective factors for developing compassion fatigue.
- Participants will develop a personal prevention plan to help prevent negative consequence of their work.

Using Motivational Interviewing Skills in Crisis Management and Suicide Assessment – 1.5 hours

Paul Hunziker, MA, LMFT, SUDP

Track 3 – advanced Clinical Workshop

Suicide Assessment and Crisis Intervention can be some of the most stressful tasks we have to engage in as behavioral health providers. Crisis situations are also some of the most crucial moments when we need to be able to listen and understand the client's perspective the most accurately. Managing this high level of stress while trying to clearly understand our clients' perspective is a difficult task. Motivational Interviewing (MI) skills provide us with techniques to be able to quickly gain an understanding of the client's struggles. MI focuses on "change talk", and in working with clients experiencing suicide ideations "change talk" can be viewed as talking about reasons to live. This training will examine ways to use and adapt MI skills with crisis intervention. We will examine a promising practice using MI skills specifically to assess for suicidality and develop a plan to prevent suicide. We will also examine other evidence-based tools used to help assess and intervene in suicide and crisis intervention situations.

- Participants will review motivational interviewing skills and discuss how they can be adapted to suicide assessment and crisis intervention.
- Participants will watch a video demonstration of using MI with client who is in crisis.
- Participants will practice using MI skills to work through ambivalence in crisis and experiencing suicide ideation.

12:30 pm – 1:45 pm

Lunch Break

1:45 pm – 3:15 pm

Afternoon Breakout Sessions

Recovery-Oriented Systems of Care – 1.5 hours

Keegan Wicks, National Advocacy and Outreach Manager, Faces and Voices of Recovery.

Track 1 – Beginning entry level clinical workshop.

This session will describe the importance of the recovery ecosystem and the leveraging the interoperability of community stakeholders.

- Participants will be able to identify constituent parts of a recovery-oriented system of care
- Participants will be able to discuss the importance of promoting involvement with multiple segments of the community.
- Participants will be able to recommend strategies and pathways for communities to develop more resources.

Opioid Treatment Programs: Addressing the Fentanyl Epidemic in Alaska – 1.5 hours

Jennifer Stukey, LPN, COO

Ronald D. Greene, Certified Drug Counselor II

Track 1 – Beginning Entry Level Clinical Workshop

The presentation will talk about harm reduction and what it is, and why we take that approach. We will address common stigma and bias, focusing on professionals in our workforce, and we will talk about the methadone programs, what we do, where we are, and provide contact information of all clinics in the state.

- Participants will be able to define harm reduction.
- Participants will be able to define stigma and bias.
- Participants will take resources back to their respective practices so they can provide referral for opioid use disorder.

Trauma, Grief, and Addictions – 1.5 hours

Iva Greywolf, Ph.D

Track 2 – Intermediate level clinical workshop.

Strategies to support healing will be presented after exploring the interrelationship between trauma, grief, and addictions and various barriers to treatment that are frequently encountered. Participants will leave with strategies that facilitate healing with clients that have experienced multiple traumas and substance use disorders.

- Participants will explore the interrelationships between trauma, grief, and addictions.
- Participants will be able to name three types of barriers to healing.
- Participants will identify three strategies that support healing with traumatized individuals with substance use disorders.

3:15 pm – 3:30 pm

Networking Break

3:30 pm – 5:00 pm

Afternoon Breakout Sessions

Analytics of Recovery – 1.5 hours

Jon Picard. Technology Manager, Faces and Voices of Recovery

Track 1 – Beginning entry level clinical workshop.

This session will discuss new and emerging trends in data analytics for recovery and the application of tools to enhance the support process.

- Participants will be able to define data analytics and their importance in the peer support space.
- Participants will be able to differentiate between descriptive, diagnostic, predictive, and prescriptive analytics
- Participants will be able to discuss trends in peer support and data gathering nationally.

- Participants will be able to identify available resources in the community for data collection.

Second-Order Change: Trauma Informed Care Implementation for Healers – 1.5 hours

Randy K Moss, Ph.D.

Rustie Wayne-Jones LCSW

Track 2 - Intermediate level clinical workshop.

Many agencies over the past twenty years have approached trauma informed care as a First-Order Change. They have made small adjustments and broadened foundational philosophies without being transformed. This presentation seeks to advance two concepts: first, that real trauma informed care is disruptive to settled programming and client-interaction; and second, in Challenging Times, trauma informed care targeting the care givers, the healers is essential for program effectiveness, professional retention and growth, and meeting science and practice expectations. Participants will understand the implementation science around the principles of trauma informed care. The factors essential for trauma informed status will be clearly articulated, demonstrated, and made applicable within any helping system. In particular, this presentation will highlight structural and process changes directly effecting staff and management which reflect trauma informed care. These factors at the organizational level provide the foundation for trauma responsive and healing safe environments and procedures for those seeking out help.

- Participants will be aware of the Implementation Science around real agency and program change. This will underscore how to apply the principles of trauma informed care in their practices and treatments.
- Participants will learn how to adopt trauma informed care factors and principles to the management and interactions between staff and staff and staff and administration.
- Participants will acquire a more holistic and expanded understanding of how trauma informed care must be incorporated in the workplace, especially in challenging time.

ACES and Addiction and Pain - 1.5 hours

Donald Teater, MD, MPH

Track 2 - Intermediate level clinical workshop.

Adverse childhood experiences and other trauma greatly increases the risk of developing the disease of addiction and chronic pain in adulthood. This session will describe the relationship between trauma, addiction, and pain and discuss treatment of those with all three.

- Participants will understand how and why childhood trauma increase the risk for both addiction and chronic pain in adulthood
- Participants will be able to identify the most effective treatments for chronic pain in those with childhood trauma
- Participants will describe how PTSD can lead to addiction and treatment of PTSD in those with the disease of addiction.

Wednesday, May 10, 2023 – Day Three

8:00 am – 9:00 am

Keynote Presentation: Trauma-Informed Systems: Respecting the Stories of Those we Serve – 1 Hour

Martha Teater, MA

Tract 2 – Intermediate level clinical workshop

This keynote will address trauma-informed care and how to implement its principles as we serve people with trauma. There are many unique needs of this population, and it is important that we create systems that respectfully provide the care that they need. All helpers will benefit from learning how to best serve people who have experienced trauma. Changing our approach to treatment leads to better outcomes for our clients and greater satisfaction for ourselves. We will discuss what agencies, organizations, and professional can do to improve outcomes and build systems that work for those who live with the aftermath of trauma.

- Participants will list the six basic principles of providing trauma-informed care.
- Participants will develop ideas for how they can create effective trauma-informed care at their workplaces.
- Participants will use three-evidence-based trauma-informed interventions.

9:00 am – 9:15 am

Networking Break

9:15 am – 10:45 am

Morning Breakout Sessions

Harm Reduction: What is it? And How Do We Practice It? – 1.5 hours

Paul Hunziker, MA, LMFT, SUDP.

Tract 2 – Intermediate level clinical workshop

The goal of this workshop is to increase awareness of harm-reduction – what it is and how it can be practiced – in behavioral health and outreach settings. Clinicians, behavioral technician and others have variable knowledge of substance use disorder and harm reduction. This workshop will provide a broad overview of harm reduction. It will acquaint people with the harm reduction framework and put it in the context of everyday interactions of people who are living with substance use challenges and in recovery. A chief aim will be to help participants learn how to speak about and describe harm reduction when interacting with clients. Participants will become familiar with sample harm reduction plans; these may include *inter alia*, what practices they can encourage and adopt; how clients may need to consider budgeting for drugs and sex, and other plans that are person-centered.

- Participants will learn what harm reduction is and how it can be used as a framework.
- Participants will increase their knowledge of techniques associated with Harm Reduction.
- Participants will become familiar with sample harm reduction plans that participants may wish to consider and/or adapt.

Ethics – 3 hours

Michael Rowcroft, MA

Tract 4 – Certification Workshop

A professional code of ethics provides a philosophical framework that most Mental Health care professionals, like substance use disorder counselors, use to validate their professional practice. Ethical principles extend beyond what may be morally right and wrong in different cultural contexts. From the Original Hippocratic Oath of Medical ethics to our current standards developed over time by doctors, nurses, psychologists, and SUD counselors; Professional codes like (the NAADAC Code of Ethics) identify skill behaviors, attitudes, principles, and beliefs that professionals strive to follow in the interest of their client’s health, safety, and cognitive, emotional, and spiritual wellbeing. Counselors also are required to continue their professional growth in mindful awareness, therapeutic competencies and responsibility for their own healing and personal care. The presentation will also study a sample of case studies, and hopefully answer some “What if?” questions on ethical case studies and legal dilemmas.

- Participants will understand why counselors need to know and follow ethical principles.
- Participants will understand what the four main Principles of Ethics Codes mean to professional in the field and how they apply to clinical practice.
- Participants will understand how to set appropriate client boundaries.

Opioids: Broadening Our Focus – 1.5 hours

Lois Gilmore, MSW, LCSW-BCD, MARS, CRAADC, ICAADC

SAMHSA

Track 1 – Beginning Entry Level Clinical Workshop

The presentation will provide background history and data on opioid use and surge in fentanyl availability. As a part of broadening our focus, we will learn about other drug availability, consequences of use, and reasons for use despite identified dangers. Overdose will be addressed, impact of fentanyl, along with reducing harm to individual as well as the community. What best practices and standards of care work best with individuals seeking treatment for Opioids and co-/multi-substance use combinations. We will review and discuss the positive and negative implications regarding harm reduction and challenges in addressing opioid use disorders in Alaska.

- Participants will be able to name two dangers in the use of opioids available today.
- Participants will learn important treatment considerations and the importance of concurrent treatment of opioids and stimulant dependence and the challenges this presents
- Participants will be able to name two medications used to support treatment of OUD and give a basic description of Harm Reduction.

10:45 am – 11:00

Networking Break

11:00 am – 12:30 pm

Morning Breakout Sessions

Co-Occurring Disorders – 1.5 hours

Paul Hunziker, MA, LMFT, SUDP

Track 2 – Intermediate level clinical workshop.

Co-occurring mental health and substance use disorders are present in over half of the people seeking treatment for substance use disorder. It is vital for treatment centers to be screening for mental health conditions while assessing for substance use disorder. It is also essential that providers know how to integrate treatment when a mental health condition is present. This 90-minute training will provide an overview of ways to screen for co-occurring mental health disorders and discuss options for integrating treatment. We will also discuss ways we can be more effective as addictions counselors in communicating with our clients who have co-occurring conditions. Current evidence based practices will be briefly discussed and there will be experiential exercises to help participants have tools for working with co-occurring disorders.

- Participants will review the importance of screening for co-occurring disorders.
- Participants will discuss ways to integrate assessment and treatment for co-occurring disorders.
- Participants will examine evidence-based practices for co-occurring disorders

Ethics (Continued) – 3 hours

Michael Rowcroft, MA

A professional code of ethics provides a philosophical framework that most Mental Health care professionals, like substance use disorder counselors, use to validate their professional practice. Ethical principles extend beyond what may be morally right and wrong in different cultural contexts. From the Original Hippocratic Oath of Medical ethics to our current standards developed over time by doctors, nurses, psychologists, and SUD counselors; Professional codes like (the NAADAC Code of Ethics) identify skill behaviors, attitudes, principles, and beliefs that professionals strive to follow in the interest of their client's health, safety, and cognitive, emotional, and spiritual wellbeing. Counselors also are required to continue their professional growth in mindful awareness, therapeutic competencies and responsibility for their own healing and personal care. The presentation will also study a sample of case studies, and hopefully answer some "What if" questions on ethical case studies and legal dilemmas.

- Participants will understand why counselors need to know and follow ethical principles.
- Participants will understand what the four main Principles of Ethics Codes mean to professional in the field and how they apply to clinical practice.
- Participants will understand how to set appropriate client boundaries.

Exploring the Native Model of Wellness 1.5 hours

Daisy VanSlyke, BSW, CDC 1

Tara Kern, Cultural Peer Support Specialist III

Track 1 - Beginning Entry Level Clinical Workshop

The presentation will include an overview of the components that make up the Native Model of Wellness and how it applies to substance use disorder treatment. An introduction to additional supports through the peer support movement and how it has developed a sense of well-being for many participants will also be included alongside shared lived experience as indigenous representatives of our tribes. The presentation will also model a dialogue between providers and tribal communities that can be applied to any practice to improve structural development.

- Participants will understand the Native Model of Wellness
- Participants will understand how to implement culture and peer support in an urban community
- Participants will understand expanding training on cultural competence and responsiveness.

12:30 pm – 1:00 pm

Wrap-up – Janet Carter.