

February 2024 Lower Extremity

Friday - Day 1

8:30AM – 9:00AM MASTERMIND CHECK IN

9:00AM – 9:10AM Welcome – Joel Baumgartner, M.D.

9:10AM – 9:45AM Knee Anatomy Overview – Joel Baumgartner, M.D. 9:45AM – 10:15AM Knee Injections Overview – Joel Baumgartner M.D.

BREAK

10:30AM – 11:00AM Marking / Palpation of the Knee – Joel Baumgartner, M.D. **11:00AM – 11:45AM** Ultrasound Demo of the Knee – Joel Baumgartner, M.D.

11:45AM – 1:30PM LIVE PATIENT MOCK INJECTION DEMO: Knee Joel Baumgartner, M.D.

2:30PM - 5:30PM Knee Cadaver & Live Model Workshop

BUSINESS TRACK

3:15PM – 4:15PM VTO Planning – Garrett
5:30PM – 6:30PM SWOTS & Rocks – Garrett
5:30PM – 6:30PM Business Hot Seats - Garrett
6:30PM – 8:30PM Mix and Mingle Social

Saturday - Day 2

8:00AM - 8:30AM

8:30 AM – 9:30AM Ankle Anatomy Overview – Joel Baumgartner, M.D. **9:30AM – 10:30AM** Ankle Injections Review – Joel Baumgartner, M.D.

BREAK

10:45AM – 11:15AM Marking / Palpation Demo – Joel Baumgartner, M.D.

11:15AM – 12:00PM Ultrasound Demo – Joel Baumgartner, M.D.

12:00PM – 1:30PM LIVE PATIENT MOCK DEMO: Ankle - Joel Baumgartner, M.D.

1:30PM – 2:30PM EXPO HALL & LUNCH

2:30PM – 6:00PM Ankle Cadaver & Live Model Workshop

BUSINESS TRACK

3:00PM – 4:00PM Social Media Content Planning Strategy - Christine

4:00PM – 5:00PM Social Media Ads – Garrett

6:00PM - 6:30PM Five Pillars of Practice Success – Rejuv MedFit Team (Non-CME)

6:30PM - 08:30PM Dinner

Sunday - Day 3

9:00AM – 9:45AM CFAN – Joel Baumgartner, M.D.

9:45AM - 10:15AM PainRX > Functional Medicine - Joel Baumgartner, M.D.

10:15AM - 10:45AM Building Your Ideal Practice: 5 Pillars of Practice Success - Garrett

10:45AM – 11:15AM Selling Without Selling – Garrett

11:15AM – 12:00PM Q&A Wrap Up – Joel Baumgartner, M.D. & Garrett