

FREE SESSIONS, HEALTH SCREENINGS, GIVEAWAYS, BREAKFAST & LUNCH

BHM
BLACK HEALTH
MATTERS.COM®

WINTER 2026
HEALTH
SUMMIT
& EXPO
A HYBRID EVENT

Atlanta

FEB
21

8 AM - 4 PM

FRIENDSHIP BAPTIST CHURCH
80 WALNUT STREET SW, ATLANTA, GA 30314

BLACKHEALTHMATTERS.COM #BLACKHEALTHSTARTSHERE



Everything that motivates us starts with you

Patients are at the center of all we do.

At Merck, we embrace the opportunity to engage with patients and include patient perspectives in our pursuit of better health outcomes.



OUR HEALTH, OUR WELLNESS...ADVOCATING FOR A HEALTHIER TOMORROW!!!

Thank you for joining Black Health Matters (BHM) for our Winter 2026 Health Summit & Expo! BHM is committed to raising awareness of chronic diseases that plague our community. We want you to know, and understand, the risk factors and treatment options so you can feel empowered on your health journey. BHM does this by bringing educational programs like our award-winning health summits and expos directly to you, because, the truth is, information is power!

You are here today because you are inspired. You are taking steps that will separate you from so many who are being defeated by the healthcare system in the United States. You can break it down to three things:

1. The clarity of the vision that you desire and deserve to be healthy. **2.** The courage of your conviction to seek the best care possible. **3.** The ability to effectively work toward these goals.

Taking care of ourselves, over a lifetime, requires that we adopt a holistic approach with healthy eating habits and preventative care. Starting early can ensure a healthier life, and it's never too late to start! Use the BHM Summits and Expos to help celebrate your journey to wellness. Dance and dine with us, speak with healthcare professionals and health navigators, listen to informative presentations, and be screened for the chronic conditions that impact us most.

You've made a commitment to living your best life. Continue to be the change that you want to see, because **#blackhealthmatters**.



ROSLYN YOUNG-DANIELS
FOUNDER & CEO



PATRICIA SAINT CYR-HAGER,
MA, DRPH
CHIEF OPERATIONS OFFICER



DEDRA N. TATE
EXECUTIVE PRODUCER &
VP, EVENT PRODUCTION



LINETTE ROACH
SENIOR DIRECTOR,
CONTINUOUS ENGAGEMENT
& EXTERNAL RELATIONS

At Eisai Inc., our *human health care (hhc)* mission ensures patients and their families come first. For more than 10 years, our Magnolia programs have helped meet the evolving needs of patients and their care partners.



Magnolia *Purpose in Planning*[®] provides those affected by cancer, and their care partners, with a library of relevant financial, legal and advance care planning resources including toolkits, worksheets and videos.

“The Magnolia *Purpose in Planning* website is extremely helpful for planning ahead. The material is valuable for patients, caregivers and family members. I would recommend it to anyone dealing with cancer.”

– Diane
CancerCare client



Meal Train[®] in partnership with Magnolia offers a shared online calendar to schedule and organize the delivery of meals to patients and families living with cancer.

“It’s amazing the difference Meal Train can make for those facing cancer. With two young children at home, it was a tremendous relief to have meals delivered every night as I recovered from surgery.”

– Kimberly
Meal Train recipient



Scan the QR code to learn more about Magnolia program support.



hhc
human health care



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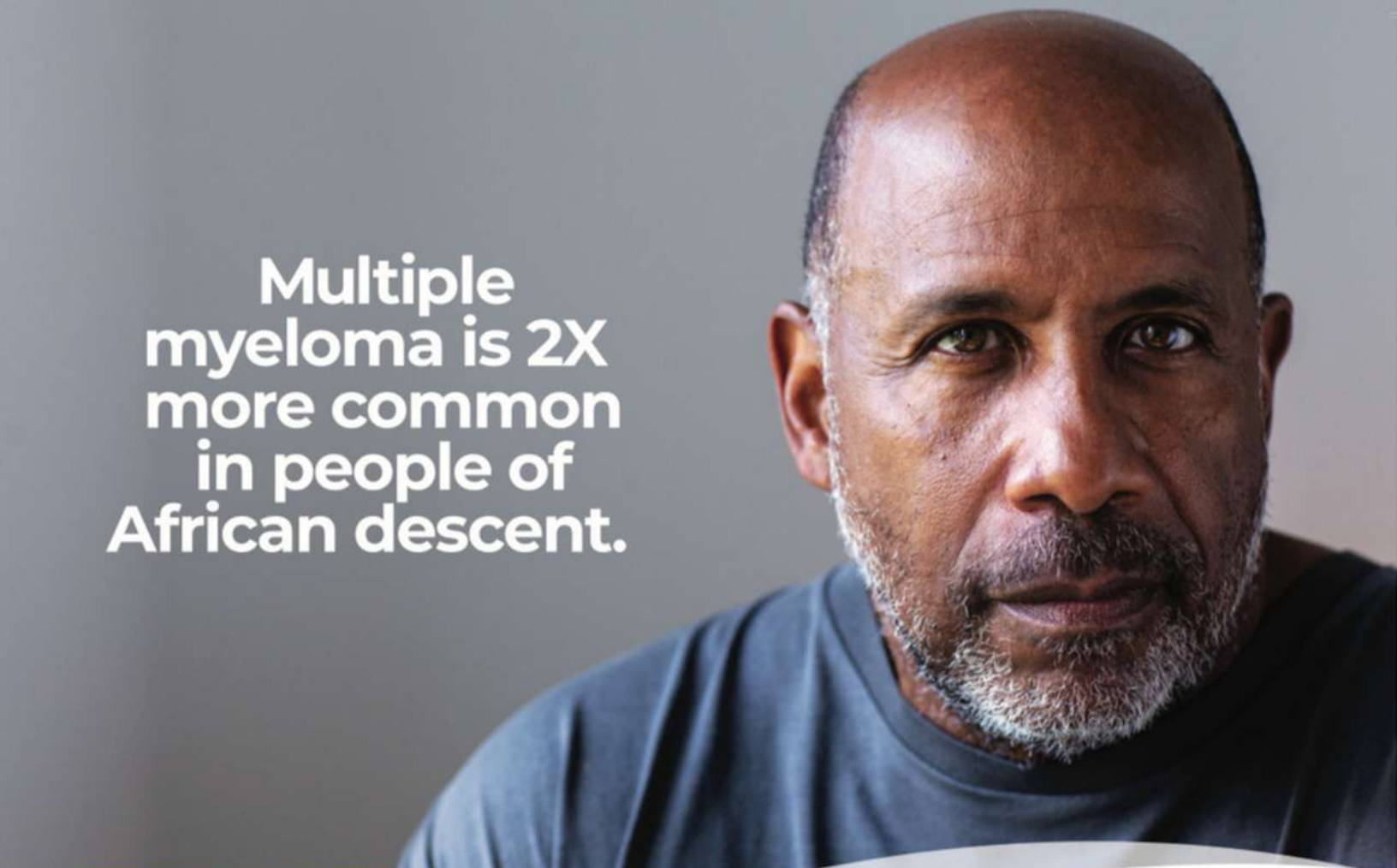
AGENDA & EVENT PROGRAM

Black Health Matters (BHM) is a leading communications company that provides inclusive health and wellness information that is rooted in medical expertise to the Black community. How do we do it? We partner and collaborate directly with top physicians, community advocates and health companies to host free virtual events and share articles to help raise awareness on risk factors and chronic diseases that disproportionately impact Black Americans. Our ultimate goal is to help Black Americans cut through the confusion and feel empowered on their health journey.

Now more than ever, it's important to bring topics of Black healthcare that have been historically disregarded to the forefront. That's why we're so excited to invite you to our **BHM Winter 2026 Health Summit & Expo** (it's in person and streamed live!) with the aim of helping you take better care of yourself, your loved ones, and your community.

SUMMIT OBJECTIVES

- 1** Feature informative yet dynamic presentations and conversations on relevant health conditions and diseases, with world class healthcare professionals that focus specifically on the medical disparities that affect Black Americans.
- 2** Provide a safe space for medically underserved individuals to voice their opinions, concerns, experiences and act as a catalyst for radical change within health focused spaces.
- 3** Empower patients, advocates and caregivers by providing them with the most up-to-date information on various chronic conditions - including treatment options and clinical trials - so they will better understand how to identify risk factors that directly impact them and their community.
- 4** Amplify the reach of this rich educational information by providing access to the content (videos, articles, etc.) on all platforms post-Summit.



**Multiple
myeloma is 2X
more common
in people of
African descent.**

If you or a loved one has been diagnosed with multiple myeloma, your mind is likely racing with questions:

What is multiple myeloma?

Does having cancer mean I can no longer enjoy my life?

How am I going to be there for my spouse or for my children?

The International Myeloma Foundation, the only global organization focused solely on multiple myeloma, is here to help. We will be with you every step of the way— from diagnosis to long-term survival.

Specifically, our M-Power Initiative works to change the course of myeloma in African American communities. Learn more at mpower.myeloma.org



M-POWER
CHANGING THE COURSE OF MYELOMA

Get Social:

 /myeloma |  @imfmyeloma |  @imfmyeloma |  imfmyeloma
 imfmyeloma.bsky.social |  international myeloma foundation





PATIENT COMMUNITY

Get the health info that matters most to YOU!

By joining the BHM Patient Community, you will receive access to important information - including educational resources, events, clinical trial opportunities and more - about the specific health conditions that impact you.



Scan the QR code or visit: blackhealthmatters.com/patientcommunity

BHM WINTER 2026 HEALTH SUMMIT & EXPO

BLACK HEALTH MATTERS.COM® A HYBRID EVENT

Atlanta

CO-HOSTS



TIMON KYLE DURRETT
Actor, Artist & Author



AMBYR MICHELLE
Actress, Producer & Director



COLBY NATASHA NIXON
Actress, Creator & Wellness Advocate



DR. MARIA BOYNTON
News Brand Manager & Public Affairs Director
Audacy Atlanta

8:00 AM  **Doors Open / Check-In / Breakfast Distribution**

8:00 AM  **Exhibit Hall & Health Screenings Open**

9:00 AM  **Welcome Messages**

Get to know Black Health Matters and the partnerships that power us, and hear from the Summit Co-Chairs about current and future collaborations.



ROSLYN YOUNG-DANIELS



LYDIA E. THACKER, CDP



CHARLES JAMISON

9:30 AM  **Morning Workout with The Guru of Abs**

SPONSORED BY
GURU OF ABS

Incorporating regular exercise into your routine can lead to a happier and healthier life. Learn valuable fitness tips, and get your workout on with The Guru of Abs.



DASHAUN JOHNSON
AKA *The Guru of Abs*

10:05 AM  **Exploring FSGS: What You Need to Know About Living with or Caring for Someone with FSGS Kidney Disease**

SPONSORED BY
TRAVERE

An educational presentation about FSGS that describes the function of the kidneys, details about what FSGS is, and tips on how to live well with FSGS.



AUDRA PITTER, BSN, RN

10:40 AM  **Championing Heart Health: AFib in the Black Community**

SPONSORED BY
BOSTON SCIENTIFIC (BSC) WATCHMAN

Did you know that millions of people in the U.S. are living with Atrial fibrillation (AFib)? Join cardiologist Dr. Troy Randle to learn about AFib symptoms, stroke risk, and treatment options to empower you to take control of your heart health.



TROY L. RANDLE, DO, FACC, FACP, MBA

11:15 AM  **When Bleeding Isn't Normal: A Conversation About Endometrial Cancer**

SPONSORED BY
EISAI

Unusual or postmenopausal bleeding should never be ignored. This important conversation will break down the warning signs, risk factors, and screening options for endometrial cancer - empowering women to recognize symptoms early and seek timely care.



EBONI JANUARY, MD, FACOG



ADRIENNE MOORE

11:45 AM  Lunch, Focus Group, Exhibitors, Screenings & Raffles

12:45 PM  Workout with The Guru of Abs

SPONSORED BY
GURU OF ABS

Incorporating regular exercise into your routine can lead to a happier and healthier life. Learn valuable fitness tips, and get your workout on with The Guru of Abs.



DASHAUN JOHNSON
AKA *The Guru of Abs*

1:00 PM  Multiple Myeloma: What You Need To Know

SPONSORED BY
**THE INTERNATIONAL
MYELOMA FOUNDATION –
MPOWER**

Black men and women diagnosed with Multiple Myeloma – a blood cancer twice as common in people of African descent – are expected to live HALF as long as their White counterparts. That disparity is unacceptable, and the IMF is committed to engaging the community to promote early detection and effective treatment.



JOSEPH MIKHAEL,
MD, MED, FRCPC, FACP, FASCO

1:40 PM  Remarks by Bristol Myers Squibb (BMS)

SPONSORED BY
BMS

1:55 PM  When Common Symptoms Aren't Common: Cancers Hidden Behind Digestive Complaints

SPONSORED BY
MERCK

Not all digestive symptoms point to cancer—but when symptoms persist, change, or don't respond to treatment, they deserve a second look. This discussion will highlight early warning signs, timely referral, and the importance of screening and patient self-advocacy.



PATRICIA SAINT CYR-HAGER,
MA, DRPH



JESSICA BRISCOE, MD

2:30 PM  A Holistic Path to Health: Mind, Body & Nourishment

SPONSORED BY
BHM

This session highlights how mental well-being, physical health, and nutrition work together to support lasting, whole-person wellness.



**CORYNNE
CORBETT**
(MODERATOR)



**MARIA
MORE**




**COURTNEY N.
WHITTLE,**
MD, MSW,
DIPL. ABOM



**LAJOYCE
BROOKSHIRE, ND**

3:00 PM  Leaderboard, Raffles, Closing Remarks

3:15 PM  Photos with Timon, Exhibit Hall & Health Screenings



Need an alternative to blood thinners?

The WATCHMAN Implant: One Time. For a Lifetime.

A one-time procedure to reduce stroke risk for people with atrial fibrillation not caused by a heart valve problem.

Have questions about the WATCHMAN Implant?

Call a WATCHMAN
Educational Specialist
1-855-637-9423

*Monday to Friday, 8am
to 5pm Central Time*



Could the WATCHMAN Implant be right for you?

Scan me
to learn
more



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There are risks associated with all medical procedures. Talk with your doctor about the risks and benefits associated with the WATCHMAN Implant. See additional safety information at WATCHMAN.com Rx Only



**Vertex creates new possibilities
in medicine so people with serious
diseases can live better lives.**

We work with leading researchers, doctors, public health experts and other collaborators who share our vision for transforming the lives of people with serious diseases, their families and society.

We're proud to support the
Black Health Matters Summit and Expo.

Learn more at vrtx.com

**JOIN THE MOVEMENT
FOR BETTER HEALTH**

**OUR HEALTH,
*Our Wellness***
A NATIONAL CALL TO ACTION

The Black Health Matters Foundation is launching Our Health, Our Wellness (OHOW)—a national health observance debuting April 2026.

This initiative empowers communities with the knowledge and tools to take charge of their health and well-being.

SCAN ME



**SIGN UP TODAY TO
LEAD THE CHANGE IN
YOUR COMMUNITY.**



**WE'RE CALLING ON CHANGE
MAKERS, ADVOCATES, AND
COMMUNITY LEADERS TO:**

- ✓ MOBILIZE FOR HEALTH EQUITY
- ✓ ADVOCATE FOR UNDERSERVED COMMUNITIES
- ✓ UNITE TO MAKE HEALTH A RIGHT - NOT A PRIVILEGE

**BECOME A HEALTH
AMBASSADOR AND RECEIVE:**

- ✓ TRAINING ON CHRONIC CONDITIONS IMPACTING COMMUNITIES OF COLOR
- ✓ TOOLKITS AND RESOURCES TO EDUCATE AND INSPIRE
- ✓ SUPPORT TO HOST EVENTS WITH SPEAKERS, SCREENINGS, AND MORE



THANK YOU SPONSORS

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INDEPENDENT GRANT



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PROGRAM PARTNER



MEDIA PARTNERS



THANK YOU COMMUNITY PARTNERS



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A.B. Harris / Production Manager
Elijah Clarke / Intern

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FRIENDSHIP HALL

Zeta Phi Beta Sorority, Inc.
Kappa Iota Zeta Chapter

FRIENDSHIP HALL HALLWAY

1. Travers
2. BSC/Watchman
3. Eisai
4. The International
Myeloma Foundation
5. Vertex

MIDDLE HALLWAY COVE

1. Bristol Myers Squibb
2. BMS Clinical Trials
3. American Kidney Fund
4. MG Holistic Society
5. The Poised Peaches
6. YMCA

CHAPEL HALLWAY

Grady Health System

MUSIC ROOM

Care Access

MOBILE UNIT

Grady Health System
Mammography

LOBBY

1. Allergy & Asthma
2. Restoring One's Hope of Atlanta, Inc.
3. V103/WAOK Radio Station-Audacy
4. My Style Matters
5. Susan G. Komen
6. Mocha Moms
7. Moving Forward with Diabetes Management, LLC
8. Alzheimers Association Georgia Chapter
9. Kyncare
10. Impact Benefits Consultant
11. The Bridge Lab at Morehouse College
12. Arthritis Foundation of Georgia
13. American Heart Association (Metro Atlanta
Division)
14. Live to the Beat

EDUCATION WING

1. Welgen One
2. Guardant Health
3. Southern Crescent Black Nurses Association
4. Northside Hospital Heart Institute
5. Help for HealthCare Professionals
6. Oak Street Health
7. Chi Eta Phi Sorority, Inc.
8. First Call Urology
9. Fulton County Board of Health
10. Choose Healthy Life
11. Walgreens
12. NFL Alumni Association-Georgia Chapter
13. Ask The Good Doctor
14. Weight A Minute Clinic, LLC
15. National Pharmaceutical Association
16. Dr. Eboni January



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