

NordicTrack Ultra 1



Reform RX-S

The Ultra 1 Reform RX-S brings the complete Pilates studio experience home. Log in to iFIT from the 24" HD touchscreen to access 75+ reformer workouts. Precision-engineered and beautifully designed, the RX-S is the gold standard in connected Pilates. Effortless resistance at your fingertips: SmartSpine™ houses the springs internally, adjusting them instantly with a simple push of a button. No manual spring changes ever. Enjoy smooth, quiet movement, ergonomic handles, rear poggles, and a 7-position footbar. Built-in speakers keep you immersed, while retractable cables keep your space neat. Smarter. Smoother. Studio-level performance.



Ultra 1 Reformer RX-S

Product Features

ENCLOSED SPRING DESIGN

Encloses springs to reduce risk of pinching or falling into the carriage gully, enhancing safety for all users.

4 PUSH-BUTTON RESISTANCE CONTROLS

Quickly adjust resistance at the push of a button—no manual spring changes needed.

11 RESISTANCE COMBINATIONS

Full range of intensity from 22 lbs (10 kg) up to 143 lbs (65 kg).

REAL-TIME FEEDBACK

Smart Spine™ measures spring tension to calculate power output and calories burned during exercise.

FULL PILATES WORKOUT LIBRARY

Access 75+ on-screen reformer workouts.¹

TILTING 24" HD TOUCHSCREEN

Log in to iFIT, stream classes, and track progress with a bright, responsive screen.¹

ULTRA-QUIET GLIDE

Stainless steel glide tracks provide smooth, whisper-quiet motion for home use.

MULTI-POSITION FOOTBAR

7-position footbar adapts to every exercise and user height for personalized practice.

ERGONOMIC CARRIAGE HANDLES & REAR POGGLES

Built-in handles and rear poggles enhance comfort, stability, and movement variety.

COMPACT & SLEEK DESIGN

Modern, professional look fits seamlessly into home spaces without compromise.

BUILT-IN SPEAKERS

High-quality rear speakers immerse you in instructor-led workouts for full engagement.

RETRACTABLE CABLES

Keep your space organized and clutter-free during every session.

OPTIONAL JUMPBOARD & BOX

Expand workout versatility and expand into more cardio exercises.

POWERED BY iFIT

Get more from NordicTrack with iFIT. Access 200+ Pilates sessions and 75+ reformer Pilates workouts.¹

iFit mobile app unlocks Pilates sessions, including exclusive Club Pilates content.

iFIT AI Coach will help you set a goal, then automatically schedule the right workouts for you.²

1. Paid iFIT Pro membership required to access content and features. Free iFIT account, agreement to terms, and wi-fi required to operate equipment.
2. AI Coach provided via in-app messaging (see here for regional availability). Existing users who enrolled prior to September 2025 and users who opt-in after that date may continue using AI Coach via a text-based service (US only); msg & data rates may apply.

Specifications

Display Type	24 in (61 cm) full color capacitive touch display (Xenon 1.0)(Tilt)
Number of Programs	75+
Workout Metrics	Calories burned, heart rate and power output
Carriage Material	Antimicrobial Vinyl
Built in handles/grips	4 - 1 grip on each corner of carriage
Extrusion Frame Material	Aluminum
Footbar Positions	7 positions
Strap type	Dual-loop design for hand and foot placement
Strap Adjustments/ Cable Management	Retracts via pulley to remove slack
Additional Foot Strap	Anchored between shoulder pads
Speakers	2 Integrated rear speakers
Safety Features	Enclosed springs, no gully, push-button resistance, carriage must dock to change resistance
Height Accessibility	4'10" - 6'7" (1.5m - 2.0 m)
Smart Spine™	Time of flight sensors
Color Options	Midnight black
Accessories Available	Jumpboard, Pilates box, and Reformer mat available at additional cost
Maximum User Weight	300 lbs (136 kg)
Max Resistance Load	143 lbs (65 kg)
Resistance Controls	4 levels: 22-143 lbs (10-65 kg) Green button - 22 lbs (10 kg) Blue button - 33 lbs (15 kg) Red button - 44 lbs (20 kg) White button - 44 lbs (20 kg)
Product Dimensions (L x W x H)	118.3 x 27.5 x 15.5 in (300.4 x 70 x 39.3 cm)
Product Weight	224 lbs (101.6 kg)
Power Requirements	U.S. & Canada 15 Amp, dedicated circuit International 10 Amp, dedicated circuit
Workout Floorspace Requirements	About 12 x 5.5 ft (3.8 x 1.7 m)
Warranties US, Canada & International	5 years - Frame 12 months - Tablet 12 months - Components