

Supercharge Your Strategic Communication and Public Speaking with **AI**



LOTUS LEADERSHIP
CONFERENCE 2026

Hope Yin, Founder, Blueprint Coaching



Exercise #1

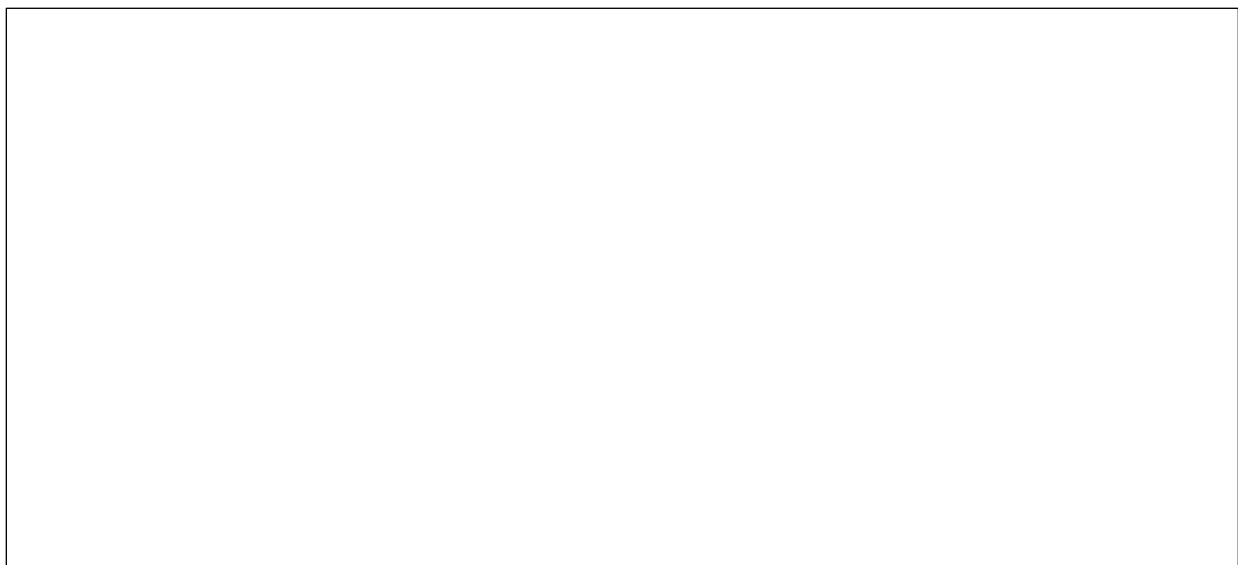
You received this Slack/Teams message from a Technical Project Manager on Friday at 4:29 PM.

You have 30 seconds before your meeting with your senior leaders at 4:30pm.

What would you say to them?

== Message below

Hey, just wanted to update you on the migration. The server team ran into some latency issues with the API gateway around 2 PM, and then the database sync took longer than expected because of some legacy overhead we didn't account for in the initial sprint. Sarah is looking into the logs now. We also noticed that the load balancer wasn't distributing traffic evenly across the three clusters, which might be a config error from last month. Because of all this, the QA environment won't be ready by 5 PM today. We're going to try to push through the weekend, but we might need an extra developer from the DevOps team to help with the script. Is that okay? Otherwise, we might miss the Monday launch.



Exercise #2 - BLUF

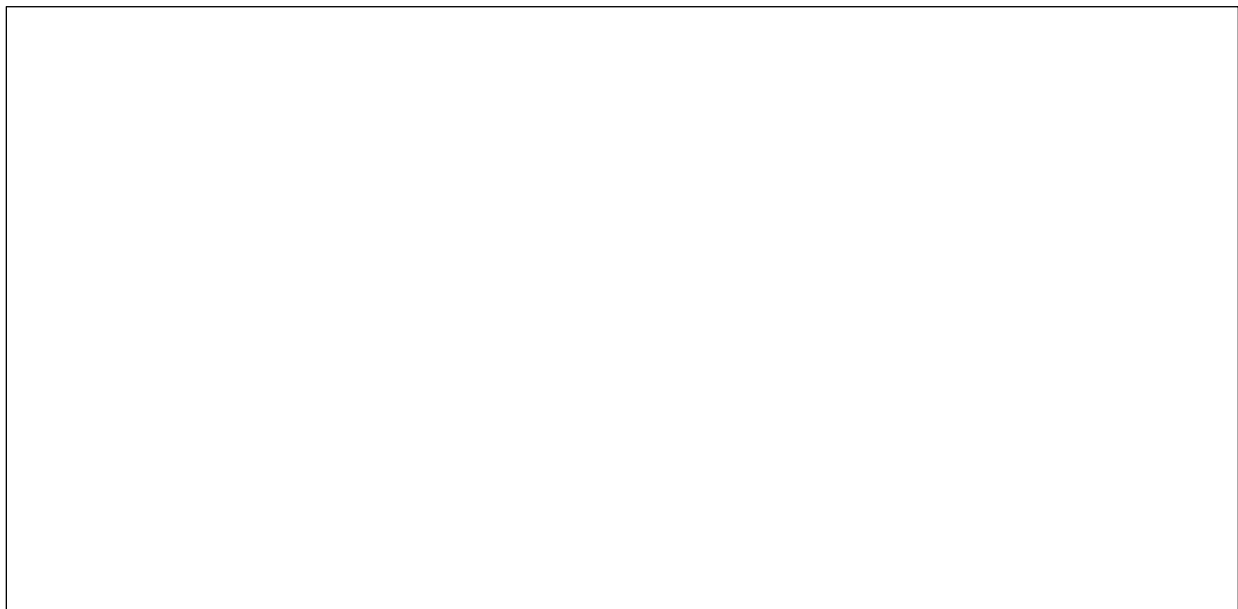
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Exercise #3 – Pyramid Principle

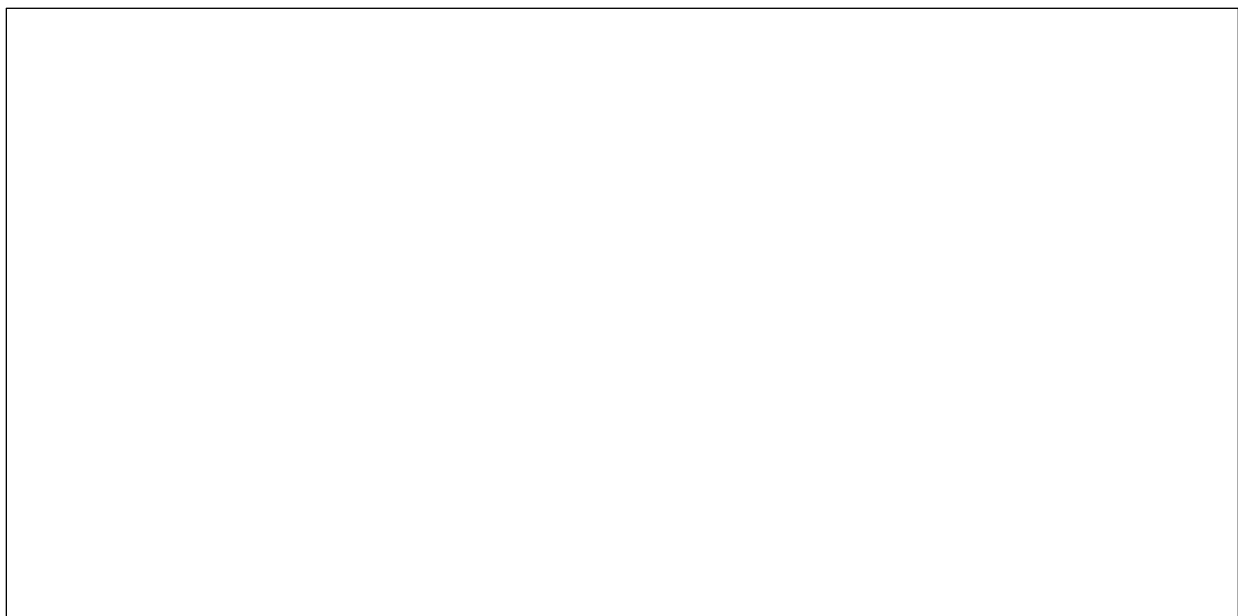
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Breakout Room

Step 1: Decide on 2 roles:

1. **Timer** – needs to set a 5-mins timer 4 times
2. **Voice of the Group** – will share in the session room some interesting aspects of your conversations

Step 2:

5 mins – get to know each other

Step 3:

5 mins - What's one biggest growth opportunity in Strategic Communication and Public Speaking that you want to get better at?

Step 4:

5 mins – What's one thing you learned today that you didn't know previously? Now that you know, how would it benefit you?

Step 5:

5 mins – What's something that we didn't cover but you can share with your group?

Homework Before Your First Coaching Session

Record a short video of yourself presenting (3–5 minutes). We will use it for our first coaching session.