

# Innovations in Opioid Use Disorder Care

Six-Part Learning Series Focuses on Reducing Overdose Incidence Via Collaboration, Sharing of Best Practices

## Problem

Overdose deaths remain a leading cause of injury-related death in Comagine Health’s six-state region. Most overdose deaths involve opioids, and those involving synthetic opioids (e.g., illicitly made fentanyl) and stimulants (e.g., cocaine and methamphetamine) have increased. Promoting best practices and collaboration to diagnose and treat opioid use disorder (OUD) helps address these issues.

## Action

Comagine Health launched a learning series on innovations in caring for people with OUD featuring subject matter experts and people with lived experience. The series supports community and clinical champions in urban and rural areas to share innovative solutions to decrease overdose deaths and assist persons with OUD to engage in treatment and recovery.

## Focus Areas

### OUD Recovery and Treatment in Rural Communities

**Session 1** focused on innovative approaches in Grays Harbor County and how county public health supports MOUD treatment and recovery via partnerships with jails, medical providers, behavioral health providers and community partners.

### OUD Care Communication Strategies

**Session 2** highlighted elements of successful brief interventions with patients who may have OUD, including which screening tools have proven effective to engage patients in discussing OUD and promoting insight about benefits of treatment/recovery.

### Doulas’ Role in Perinatal OUD Care

**Session 3** explored how harm reduction doulas aim to reduce preventable deaths and improve care for birthing people who use substances.

### Treating OUD in Correctional Facilities

**Session 4** reviewed the diverse ways in which OUD treatment strategies can be integrated into care for those in correctional facilities through peer services and whole-person care.

### MOUD Telehealth Treatment and Community Integration

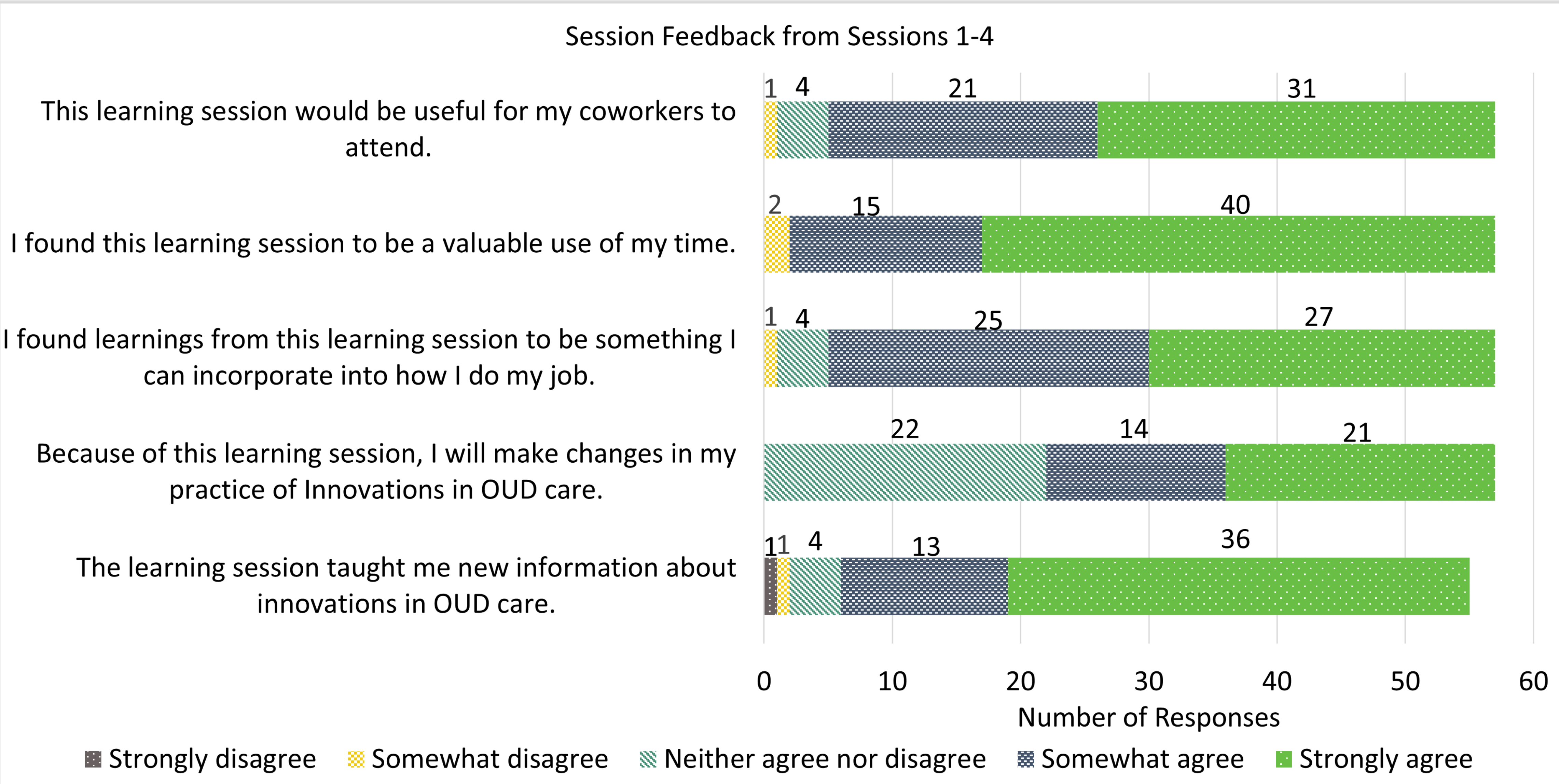
**Session 5** highlighted Bicycle Health’s telehealth efforts to increase access to digital health options and shared innovations in how care is delivered that democratizes access to underserved areas and provider deserts.

### Pharmacy Integration in OUD Care

**Session 6** presented The PriMO Model, a care framework that invites pharmacists to collaborate with a primary care clinical team, including primary care physicians and behavioral health specialists so that patients are given individualized care and education related to their medication.

## Results

Feedback from the first four sessions has been largely positive, with many attendees expressing intentions to incorporate lessons learned into their practice.



Questions about this project? Contact Dave Cook at [dcook@comagine.org](mailto:dcook@comagine.org).