

Evolution of Native It's Your Game 3.0

Enhancing and Disseminating a Culturally Responsive Sexual Health Education Curriculum for American Indian and Alaska Native Youth



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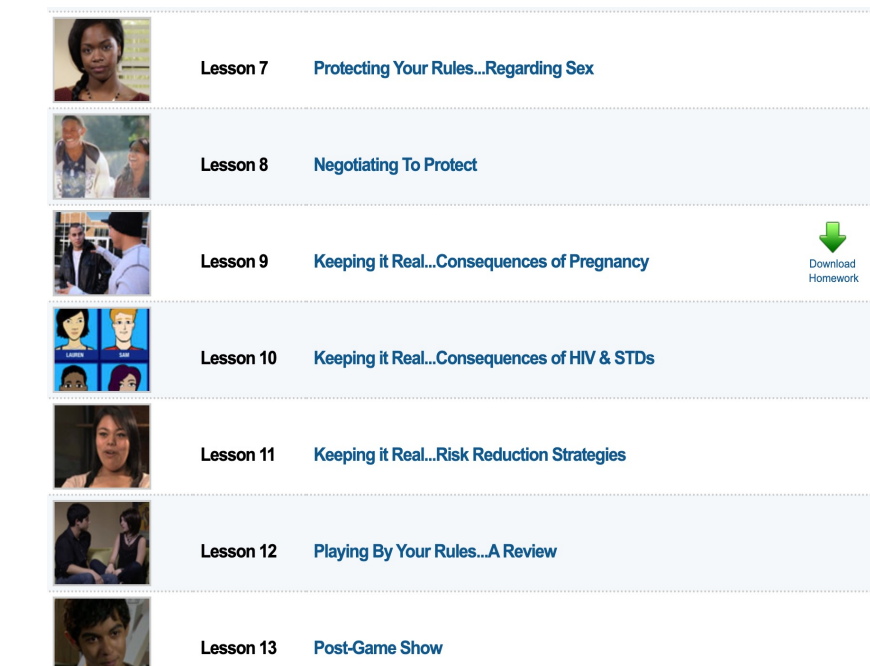
INTRODUCTION

- American Indian and Alaska Native (AI/AN) youth experience numerous sexual and reproductive health disparities. There is a critical need for culturally relevant, inclusive, and trauma-informed sexual health education programs to help AI/AN youth thrive.
- Native It's Your Game 2.0 (NIYG 2.0) is a 13-lesson on-line sexual health education curriculum for AI/AN youth with demonstrated cultural acceptability, usability, and feasibility (Fig. 1).^{1,2}

PURPOSE

Development of an enhanced version of NIYG 2.0 to better meet the needs of AI/AN youth and NIYG facilitators

Fig 1 : NIYG lesson menu (excerpt lesson7-13).



METHODS

Fig 2: Screenshots of NIYG data collection process

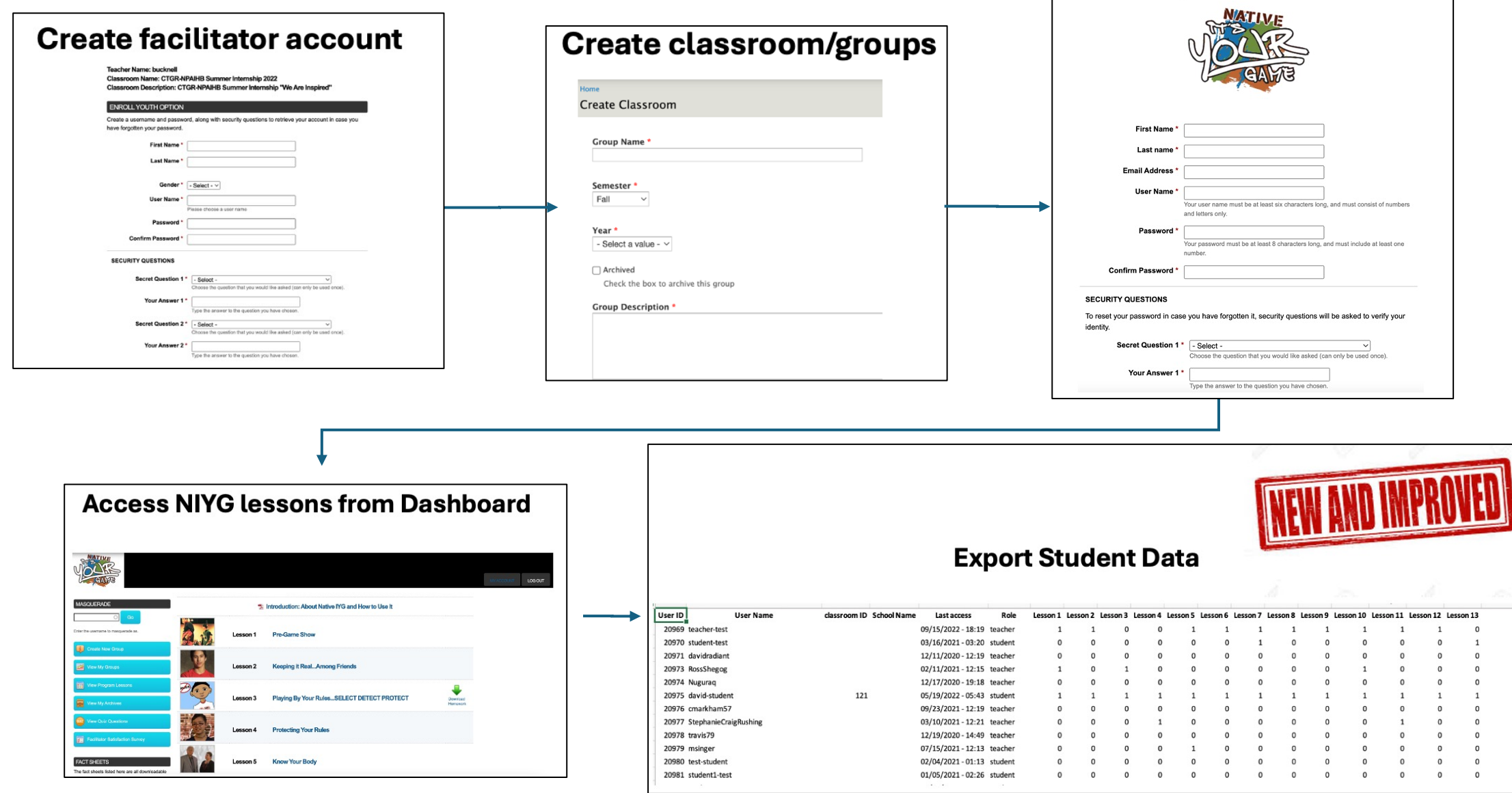


Fig 3: Examples (a-d) of recommended enhancements for NIYG 3.0.

a) Cultural responsiveness:

- 1) Changing skin tones of risky characters to create more balance.
- 2) Changing the home decor to regional Native art/ design

b) LGBTQ inclusiveness: Switching out “boyfriend” for “partner”

c) Neuro-diverse accessibility: Update all fonts to a standard, high contrast, standard font such as Arial

d) Trauma-informed: Adding content warnings in the beginning of modules

Disclaimer
NIYG 3.0 CONTENT WARNINGS
Header: Content Warning:
Body: The upcoming activity includes content that might be challenging for some people, including (fill in the content categories that apply). If you have questions, feel uncomfortable, or would like to talk about some of the content in this activity, please let your teacher/ youth worker know.
Content Categories:
- Scenes showing friends at a party offering alcohol and drugs.
- Scenes showing lense sexual risk situations.
- Scenes where young people are at risk of harm or in danger.

CONCLUSION

Adaption of evidence-based digital sexual health programs toward more trauma-informed and inclusive strategies requires community input, a systematic approach to drafting discrete programming tasks, and sufficient resource to accommodate programming changes

REFERENCES

1. Shegog R, Craig Rushing S, Jessen C et al. (2017) Native IYG: Improving Psychosocial Protective Factors for HIV/STI and Teen Pregnancy Prevention among Youth in American Indian/Alaska Native Communities. JARC, Vol. 8: Iss. 1, Article 3
2. Craig Rushing, S., Stephens, D., Shegog, R., et al. (2018). Healthy Native Youth: Improving Access to Effective, Culturally-Relevant Sexual Health Curricula. Frontiers in Public Health. <https://doi.org/10.3389/fpubh.2018.00225>

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RESULTS

NIYG 2.0 curriculum enhancements comprised four domains and 84 specific programming activities designed to increase responsiveness to: 1) cultural needs (n=13), ADA inclusive and neuro-diverse accessible (n=25), trauma informed and mindful content (n=17), and sexuality and gender minority inclusion (n=29) (Fig 3).

NIYG 2.0 back-end content and data management enhancements comprised 1) updates on data items and protocols in facilitator and classroom account creation, 2) student enrollment, and 3) format and protocol for export data files.