



REACHING NEW HEIGHTS 2020

Professional
Conference

OCT 28-30, 2020

VIRTUAL CONFERENCE

CONFERENCE PROGRAM

**DIABETES
CANADA**





OVERALL CONFERENCE LEARNING OBJECTIVES

At the end of this conference, I am able to:

- Integrate into my practice, knowledge and skills gained from the sharing of Canadian and international research and clinical studies
- Discuss recent advances in the diagnosis and treatment of diabetes, endocrine and metabolic conditions and diseases
- Compare and contrast core concepts, new advances and clinical experiences



ACCREDITATION STATEMENT:

The 2020 Diabetes Canada/CSEM Professional Conference is an accredited group learning activity under Section 1 as defined by Maintenance of Certification program of the Royal College of Physicians & Surgeons of Canada. It is approved by CSEM for a maximum of 19 credits. This program was co-developed and planned with CSEM and Diabetes Canada to achieve scientific integrity, objectivity and balance. Through an agreement between the RCPSC and the American medical Association (AMA), physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. More information on the process to convert Royal College MOC credit to AMA credit.

Live educational activities, occurring in Canada, recognized by the RCPSC as Accredited Group Learning Activities (Section 1) are deemed by the European Union of Medical Specialists (UEMS) eligible for ECMEC®.

CFPC Affiliate Members (members whose specialty is not family medicine) may count Royal College credits toward their Mainpro+ credit requirements. All other CFPC members and Non-member Mainpro+ participants may claim up to 50 certified credits per cycle for participation in Royal College MOC Section 1 accredited activities.

PLANNING COMMITTEES

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Claudia Gagnon, MD, Ph.D.
Mahua Ghosh, M.B.B.S., Ph.D.
Jeremy Gilbert, MD, FRCPC
James Kim, MBBCh, PgDip (Diabetes)

Eyal Kraut, MD
Anna Lam, MD, MSc.
Jonathan McGavock, Ph.D.
Brandy Wicklow, MD, MSc

Basic Science Sub-Committee

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Pedro-Miguel Geraldès, Ph.D.

Jim Johnson, Ph.D.
Dan Luciani, Ph.D.
Erin Mulvihill, Ph.D.
Bruce Verchere, Ph.D.
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**CSEM Section
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NATIONAL ABSTRACT REVIEW PANEL

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Kerry Mansell, BSP, PharmD, MBA
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Julia Bannister, MEd, MSW, RSW, CDE
JM Gamble, PharmD

Ariane Godbout, MD
Susie Jin, RPh, CDE, CRE
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Gail MacNeill, RN, MEd, CDE
Sarah Moore, NP
Kim Young, RD

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INDIGENOUS SCIENCE AND CONTENT SECTION

Julianne Sanguins, RN, Ph.D.
Dale Steinhauer

CSEM SECTION

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Sabrina Gill, MD, FRCPC
Catherine Kelly, MD, MSc, FRCPC
Deric Morrison, MD, FRCPC
Breay Paty, MD, FRCPC

Elizabeth Rosolowsky, MD, FRCPC
Naomi Severin, MD, FRCPC

The 2020 Diabetes Canada/CSEM Professional Conference abstracts will be available online at www.canadianjournalofdiabetes.com.

FEATURED SPEAKERS

DIABETES CANADA SPEAKERS



▶ **PLENARY LECTURE 1**
Diabetes and Mental Health: Never a Better Time to Expand Scope of Practice
Michael Vallis, Ph.D., R.Psych. (Halifax, NS)

Date: Wednesday, October 28, 2020
Time: 10:45 – 11:45 ET



▶ **ISABEL LOCKERBIE ADDRESS**
Understanding Siwinikan Aspinewin ("Diabetes") and the Whole Human
James Makokis, MHSc, MD, CCFP (Saddle Lake, AB)

Date: Wednesday, October 28, 2020
Time: 16:00 – 16:45 ET



▶ **PLENARY LECTURE 2**
COVID-19 and Diabetes: Are We Wiser Now?
Alice Cheng, MD, FRCPC (Toronto, ON)

Date: Thursday, October 29, 2020
Time: 10:45 – 11:45 ET

CSEM SPEAKERS



▶ **DR. JACQUES GENEST LECTURE**
New Developments in Imaging for Endocrinologists
James Nagarajah, MD, Ph.D. (Nijmegen, Netherlands)

Date: Friday, October 30, 2020
Time: 11:00 – 11:45 ET



▶ **DR. HENRY FRIESEN LECTURE**
Genetic Testing in Daily Clinical Endocrinology Practice With a Focus on Diabetes
Andrew Hattersley, CBE, FRS, FMedSci (Exeter, United Kingdom)

Date: Friday, October 30, 2020
Time: 12:00 – 12:45 ET



Session learning objectives and conflict of interest disclosures can be found at dcanconference.ca.

TUESDAY, OCTOBER 27, 2020

11:00 – 16:00

Diabetes Canada & Diabetes Action Canada Trainee Day

Theme: Shifting the Paradigm in Patient-Oriented Research: Are We There Yet?

10:30 – 15:00

CSEM 14th Annual Endocrine Residents' Day Review Course

Faculty Representative: Dr. Breay Paty (Vancouver, BC)

Resident Representative: Dr. Nadia Moledina (Calgary)

WEDNESDAY, OCTOBER 28, 2020: ALLIED HEALTH STREAM

10:45 – 11:45

Plenary Lecture 1: Diabetes and Mental Health: Never a Better Time to Expand Scope of Practice

Chair: Dr. Kerry Mansell (Saskatoon, SK)

Speaker: Dr. Michael Vallis (Halifax, NS)

12:00 – 12:45

Session 1: Exercise in a COVID Era

Chair: Janice Knapp (Port Williams, NS)

Speaker: Dr. Jane Yardley (Camrose, AB); Dr. Ronald Sigal (Calgary, AB)

Session 2: Telehealth and Virtual care

Chair: Dale Steinhauer (Edmonton, AB)

Speaker: Dr. Jeff Winterstein (Edmonton, AB); Community Partners

13:00 – 13:45

Lunch/Networking/Exhibits/Poster Hall

Co-Developed Accredited Lunch – Under the Umbrella: Using Knowledge and Preparation to Safeguard Against Severe Hypoglycemia

Speakers: Dr. Jean- François Yale; Lori Berard

14:00 – 14:50

Session 4: DIY Looping

Chair: Dr. Kerry Mansell (Saskatoon, SK)

Speaker: Kate Farnsworth (Bolton, ON); Peter Senior (Edmonton, Alberta)

Co-developed with CSEM, the CPD Network and Lilly, and planned to achieve scientific integrity, objectivity and balance.

Allied Health Oral Abstract Session 1

Chair: Dr. JM Gamble (Kitchener)

1. Speaker: Diana Sherifali, The effect of diabetes health coaching on glycemic control and quality of life in adults living with type 2 diabetes: a community-based randomized controlled trial.
2. Speaker: Akshay Jain, Outcomes with Intermittently Scanned Continuous Glucose Monitoring (isCGM) Used Prior to First Appointment with an Endocrinologist, Compared to Fingerstick Monitoring (FSBGM): SPOT-FIRST study
3. Speaker: Selina L. Liu, Patient and Paramedic Experiences with a Direct Electronic Referral Program for Hypoglycemia Education Following Paramedic Service Assist-Requiring Hypoglycemia: A Qualitative Study
4. Speaker: Sonja M. Reichert, Benefits of Flash Glucose Sensors on Type 2 Diabetes Management and Exercise Behaviour in Insulin and Non-Insulin treated Patients

Allied Health Oral Abstract Session 2

Chair: Susie Jin (Cobourg, ON)

5. Speaker: Heather A. Hinz, The Association of Exercise Blood Glucose on Post-Exercise Hypoglycemia in Type 1 Diabetes
6. Speaker: Harleen Ghuttora, Variation in Patient-described Barriers and Facilitators to Diabetes Self-Management by Glycemic Control and Individual-Level Characteristics
7. Speaker: Jana L. Slaght, Evaluation of a novel approach to health care delivery: The inclusion of an Indigenous Knowledge Keeper and Art therapy in a youth onset type 2 diabetes clinic
8. Speaker: Elizabeth A. Cummings, Barriers and facilitators to providing psychosocial care in pediatric diabetes in our province

15:00 – 15:45

Session 5: Metformin Use in Pregnancy: The Results of the MiTy Trial

Chair: Julie Bannister (Fredericton, NB)

Speaker: Dr. Denise Feig (Toronto, ON)

Session 6: Update on Diabetes Canada Clinical Practice Guidelines

Chair: Dr. Harpreet Bajaj (Thornhill, ON)

Speakers: Dr. Peter Senior (Edmonton, AB); Dr. Lorraine Lipscombe (Toronto, ON)

Session 7: Chemotherapy and corticosteroid use. Can we do better to manage our patients living with diabetes?

Chair: Cynthia Keith (Lower Sackville, NS)

Speakers: Dr. Hélène Long (Laval, QC); Steve Chalifoux (Laval, QC)

16:00 – 16:45

Isabel Lockerbie Address: Understanding winikan aspinewin ("Diabetes") and the whole human

Chair: Dr. Kerry Mansell (Saskatoon, SK)

Speaker: Dr. James Makokis (Spruce Grove, AB)

17:00 – 17:30

Networking/Exhibits/Poster Hall

17:30 – 18:15

Co-Developed Accredited Symposium– Take Charge of CKD in T2DM

Speakers: Dr. Alice Cheng; Dr Louis-Philippe Girard

Co-developed with CSEM and Janssen, and planned to achieve scientific integrity, objectivity and balance.

THURSDAY, OCTOBER 29, 2020: SCIENTIFIC STREAM

10:45 – 11:45

Opening and Plenary Lecture 2: COVID-19 and Diabetes

Chair: Dr. Christine Doucette (Winnipeg, MB)

Speaker: Dr. Alice Cheng (Mississauga, ON)

11:45 – 12:00

Diabetes Canada Award Ceremonies

12:00 – 12:45

Session 8: Clinical Stream: Lifestyle and T2D Prevention

Chair: Dr. Jane Yardley (Camrose, AB)

Speaker: Dr. Harpreet Bajaj (Thornhill, ON); Dr. Jon McGavock (Winnipeg, MB)

Session 9: Pre-clinical Stream: Islet Dysfunction and Diabetes Pathogenesis

Chair: Dr. Rob Screatton (Toronto, ON)

Speaker: Dr. Patrick MacDonald (Edmonton, AB); Dr. Barbara Corkey (Boston, MA)

Session 10: Translational Stream: Early Life Determinants of Diabetes Risk and Pathogenesis

Chair: Dr. Vern Dolinsky (Winnipeg, MB)

Speakers: Dr. Brandy Wicklow (Winnipeg, MB); Dr. Jenny Bruin (Ottawa, ON)

13:00 – 13:45

Lunch/Networking/Exhibits/Poster Hall

14:00 – 14:50

Clinical Stream Oral Abstract Session 1

Chair: Dr. James Kim (Calgary, AB)

1. Speaker: Emilie Palisaitis, A Meal Detection Algorithm for the Artificial Pancreas: A Randomized Controlled Clinical Trial in Adolescents with Type 1 Diabetes
2. Speaker: Milena Cioana, Hypertension and Albuminuria in Pediatric Type 2 Diabetes Mellitus: A Systematic Review and Meta-Analysis
3. Speaker: Dorsa Majdpoor, Novel Fully-Automated Fiasp-plus-Pramlintide Artificial Pancreas for Type 1 Diabetes: Randomized Controlled Trial
4. Speaker: Allison Dart, Urine cytokine levels and albuminuria progression over 2 years in youth with Type 2 Diabetes

Pre-clinical Oral Abstract Session 2

Chair: Dr. Robin Duncan (Waterloo, ON)

5. Speaker: Nivedita Seshadri, Investigating the molecular and metabolic regulators of rhythmic insulin secretion over 24 hours
6. Speaker: Yuanjie Zou, Lysosomal dysfunction and impaired autophagy exacerbate hypoxia-induced β -cell death and islet graft failure
7. Speaker: Scott A. Campbell, RGS9 is Required for Glucose-induced Beta-cell Proliferation in Ex Vivo Pancreatic Islets
8. Speaker: Evgeniy Panzhinskiy, CRISPR-Cas9 optogenetic system for insulin expression in human embryonic stem cell-derived beta-like cells

Translational Oral Abstract Session 3

Chair: Dr. Pedro Geraldès (Sherbrooke, QC)

9. Speaker: Hongyan Liu, Empagliflozin is Associated with Increased Plasma Lipid Metabolites in Type 1 Diabetes
10. Speaker: Evgenia Fadzeyeva, Regulation of Glucose Metabolism via the Intra-Islet DPP4/Incretin Axis
11. Speaker: Peter Overby, Effects of Carbamazepine and other Nav 1.7 inhibition on Human Pancreatic β -cell survival and type 1 diabetes initiation
12. Speaker: Taylor S. Morriveau, Investigating the Contribution of the HNF-1 α G319S Gene Variant to Early-Onset Type 2 Diabetes (T2D) using MIN6 β -cells and Mice

15:00 – 15:45

Session 11: Clinical Stream: T2D Pharmacotherapy: SGLT2 inhibitors and GLP-1 receptor agonists in combination

Chair: Dr. Eyal Kraut (Toronto, ON)

Speaker: Dr. Jeremy Gilbert (Toronto, ON), Dr. Ron Goldenberg (Concord, ON)

Session 12: Pre-clinical Stream: T1D Biomarkers and Disease Prediction

Chair: Dr. Bruce Verchere (Vancouver, BC)

Speakers: Dr. Emily Sims (Indianapolis, IN); Dr. Megan Levings (Vancouver, BC)

Session 13: Translational Stream: Incorporating Indigenous Knowledge into Diabetes Research

Chair: Dr. Jon McGavock (Winnipeg, MB)

Speakers: Dr. Treena Delormier (Ste. Anne de Bellevue, QC), Linda Diffey (Winnipeg, MB)

16:00 – 16:45

Session 14: Clinical Stream: Pediatric to Adult Diabetes Care Transition

Chair: Dr. Claudia Gagnon (Québec, QC)

Speakers: Dr. Sonia Butalia (Calgary, AB); Dr. Katie Pundyk (Winnipeg, MB)

Session 15: Pre-clinical Stream: Adipose Tissue Dysfunction, Obesity and Diabetes

Chair: Dr. Erin Mulvihill (Ottawa, ON)

Speakers: Dr. Gareth Lim (Montréal, QC); Dr. Mathieu Laplante (Québec, QC)

Session 16: Translational Stream: Using Nutrition to Achieve T2D Remission and Metabolic Health

Chair: Dr. Jim Johnson (Vancouver, BC)

Speakers: Dr. Jon Little (Kelowna, BC); Dr. Satshin Panda (La Jolla, CA)

17:00 – 17:45

Networking/Exhibits/Poster Hall

Co-Developed Accredited Symposium – Latest Updates on COVID-19 and Virtual Care:

What You Need to Know— From Vaccines to Masks to Optimizing Virtual Clinics

Speakers: Dr. Peter J. Lin; Dr. Ilana J Halperin

Co-developed with CSEM and Sanofi, and planned to achieve scientific integrity, objectivity and balance.

FRIDAY, OCTOBER 30, 2020: CSEM STREAM

10:45 – 11:45

Dr. Jacques Genest Lecture: New Developments in Imaging for Endocrinologists

Chair: Dr. Stan Van Uum (London, ON); Dr. Sana Ghaznavi (Calgary, AB)

Speaker: Prof. Dr. James Nagarajah (Nijmegen, Netherlands)

12:00 – 12:45

Dr. Henry Friesen Lecture: Genetic testing in daily clinical endocrinology practice with a focus on diabetes

Chair: Dr. Stan Van Uum (London, ON); Dr. Mahua Ghosh (Edmonton, AB)

Speaker: Dr. Andrew Hattersley (Exeter, Great Britain)

13:00 – 13:45

Lunch/Networking/Exhibits/Poster Hall

Co-Developed Accredited Lunch – Teaming with Knowledge: Insights on Diabetes Team Collaboration and Initiating an Oral GLP-1 RA

Speakers: Dr. Sara Stafford; Dr. Jane Ballantine; Robert Roscoe; Gail MacNeill

Co-developed with CSEM and Novo Nordisk, and planned to achieve scientific integrity, objectivity and balance.

14:00 – 15:45

Resident Clinical Vignettes/Research Projects Session

Chair: Dr. Breay Paty (Vancouver, BC)

1. Speaker: Anna Liu, A Rare Case of Prolactin-Secreting Pituitary Carcinoma with Epidural and Thecal Metastases
2. Speaker: Nisha Gupta, Carney Complex: A Novel Pathogenic Variant in the PRKAR1A Gene
3. Speaker: Ameena Meerasa, A de novo Mutation in the Melanocortin-4 Receptor (MC4R) Gene & A Lifelong Battle with Obesity

4. Speaker: Noelle Ma, A Novel Mutation in P450 Oxidoreductase and its Role in Infertility
5. Speaker: Warren Brown, Neurosarcoidosis Presenting with Polyuria: A Rare Cause of DI
6. Speaker: Ridha Ali, Case Report of Undiagnosed Acromegaly Causing Dilated Cardiomyopathy Presenting with Electrical Storm and Heart Failure Requiring LVAD Implantation
7. Speaker: Cassandra Hawco, KIT Mutation in a Gastric GIST in Patient with Familial Paraganglioma Syndrome Type IV

8. Speaker: Lurdes Tse-Agha, A Case of Late Presentation of Central Diabetes Insipidus in a Patient with Immunotherapy-Related Hypophysitis

16:00 – 16:45

Session 17: Obesity Update – New Guidelines

Chair: Dr. Jean-Patrice Baillargeon (Sherbrooke, QC)

Speaker: Dr. Sue Pedersen (Calgary, AB)



AWARDS



Congratulations to the award winners! We hope you can join us for the award presentations on October 29, 2020.

THURSDAY, OCTOBER 29, 2020
10:45 - 11:45 ET



CanDIPS Award of Excellence:
Shannan Grant, PDt,
MSc, PhD



LifeScan Chapter of the Year Award:
Vancouver Lower Mainland
(Co-Chairs: Katherine Go [left] and Lillian Yin [right])



LifeScan Diabetes Educator of
the Year Award:
Gerri Klein, RN, BScN,
MSN, CDE

THURSDAY, OCTOBER 29, 2020
11:45 - 12:00 ET



Brian Dufton Award:
Baiju Shah, MD, PhD



Young Scientist Award:
Jennifer Estall, PhD



Lifetime Achievement
Award:
Patricia Brubaker PhD,
FRSC



Gerald S. Wong Service Award:
Peter Senior, BMedSci
(Hons), MBBS (Hons),
PhD, FRCP(E), FRCP

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To continue to make a difference in diabetes, we have to go deeper



Despite the tremendous innovations and advances in the treatment of diabetes, approximately 11 million Canadians are living with diabetes or prediabetes, and that number continues to grow at an alarming rate.

Today, a young person has a 1 in 2 chance of developing diabetes in their lifetime and along with it, a higher risk of stroke, heart attack, blindness, kidney failure and amputations.

That's why we believe the future of diabetes care does not center on treatment – but on a strategy. Novo Nordisk supports Diabetes Canada and Diabetes 360°: A framework for a diabetes strategy for Canada.

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The Canadian Society of Endocrinology and Metabolism (CSEM) is a professional organization bringing together academic and community-based endocrinologists and researchers engaged in providing health care, education and research within the broad domain of endocrinology. The CSEM is a national advocate for excellence in endocrinology research, education, and patient care, and its mandate is to advance the discipline of endocrinology and metabolism in Canada.

La Société canadienne d'endocrinologie et de métabolisme (SCEM) est une organisation professionnelle qui rassemble les endocrinologues et chercheurs de milieux universitaires et communautaires qui offrent des soins de santé, enseignent et effectuent des travaux de recherche dans le vaste domaine qu'est l'endocrinologie. La SCEM est le défenseur national de l'excellence en recherche, en enseignement et en soins des patients dans son domaine; son mandat est de faire progresser les disciplines de l'endocrinologie et du métabolisme au Canada.



Network / Réseau

Contribute and collaborate with a network of endocrinologists from across Canada and build your career potential through a united community.

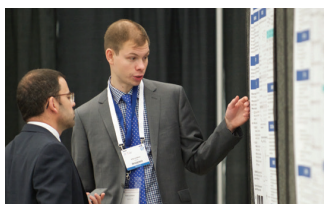
Collaborez avec un réseau d'endocrinologues des quatre coins du pays pour renforcer votre potentiel de carrière par l'entremise d'une communauté unifiée.



Be a Leader / Devenez un chef de file

Take the opportunity to participate in CSEM committees and leadership roles. Be a part of mentorship and leading improvement in scientific studies and clinical practice in the fields of endocrinology and metabolism.

Profitez de cette occasion pour participer aux comités de la SCEM ainsi que pour occuper un poste de direction. Faites du mentorat et travaillez pour l'amélioration des études scientifiques et de la pratique clinique dans les domaines de l'endocrinologie et du métabolisme.



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Recevez les dernières nouvelles au sujet des futures activités, des offres d'emploi, des prix, des subventions et des ressources.

Join the Canadian Society of Endocrinology and Metabolism today!
Joignez-vous à la Société canadienne d'endocrinologie et de métabolisme dès maintenant!

www.endo-metab.ca

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Diabetes Canada/CSEM
Professional Conference

December 8 - 11, 2021

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