



DATE: 6 - 8 JANUARY 2021

SESSION 1

Palm tocotrienols: Science streamed towards disease prevention

Palm carotenes and palm phenolics: Emerging opportunities



Palm tocotrienols in health and wellness Prof. Dr. Chandan Sen Indiana University, USA

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Skin protective effects of tocotrienol-rich fraction against urban air pollutants

Dr. Yap Wei Ney Davos Life Science, Singapore



Role of tocotrienols in the management of cancer: Application of nanotechnology Dr. Fu Ju Yen Malavsian Palm Oil Board

SESSION 2



USA

for the prevention of cardiometabolic risk and visceral obesity in children Dr. Jose Atilio Canas Johns Hopkins All Children's Hospital,

Role of carotenoid supplementation



Palm Fruit Bioactives Complex (PFBc) activates the heart-brain-axis

Dr. Shawn Talbott Phenolaeis USA



Dr. Teng Kim Tiu

SESSION 3



Saturated fats, whole foods and dietary patterns: Their impact on human health Assoc. Prof. Dr. Pramod Khosla Wayne State University, USA



Palm oil fatty acids: Busting the myths associated with saturated fatty acids

Impact of dietary patterns on cardiovascular risk biomarkers -Is food medicine?

Prof. Dr. Tilakavati Karupaiah Taylor's University Lakeside Campus, Malaysia



Palm oil and health: An updated perspective Dr. Franca Marangoni

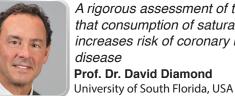
Nutrition Foundation of Italy

SESSION 4 Current challenges and emerging issues in palm oil nutrition



The trend to plant-based diets and the contributions of palm oil to biofortification

Dr. Peter Pressman The Daedalus Institute, USA



A rigorous assessment of the myth that consumption of saturated fat increases risk of coronary heart Prof. Dr. David Diamond



Dietary fats and current guidelines: Evaluating the quality of evidence

Dr. Roger Clemens University of Southern California, USA



Overview of nutritional evidence on red palm oil on human health

Malaysian Palm Oil Board