

SESSION 1 Palm tocotrienols: Science streamed towards disease prevention


Palm tocotrienols in health and wellness

Prof. Dr. Chandan Sen
Indiana University, USA



Skin protective effects of tocotrienol-rich fraction against urban air pollutants

Dr. Yap Wei Ney
Davos Life Science, Singapore



Role of tocotrienols in the management of cancer: Application of nanotechnology

Dr. Fu Ju Yen
Malaysian Palm Oil Board

SESSION 2 Palm carotenes and palm phenolics: Emerging opportunities


Role of carotenoid supplementation for the prevention of cardiometabolic risk and visceral obesity in children

Dr. Jose Atilio Canas
Johns Hopkins All Children's Hospital, USA



Palm Fruit Bioactives Complex (PFBC) activates the heart-brain-axis

Dr. Shawn Talbott
Phenolaeis USA



Overview of nutritional evidence on red palm oil on human health

Dr. Teng Kim Tiu
Malaysian Palm Oil Board

SESSION 3 Palm oil fatty acids: Busting the myths associated with saturated fatty acids


Saturated fats, whole foods and dietary patterns: Their impact on human health

Assoc. Prof. Dr. Pramod Khosla
Wayne State University, USA



Impact of dietary patterns on cardiovascular risk biomarkers - Is food medicine?

Prof. Dr. Tilakavati Karupiah
Taylor's University Lakeside Campus, Malaysia



Palm oil and health: An updated perspective

Dr. Franca Marangoni
Nutrition Foundation of Italy

SESSION 4 Current challenges and emerging issues in palm oil nutrition


The trend to plant-based diets and the contributions of palm oil to biofortification

Dr. Peter Pressman
The Daedalus Institute, USA



Dietary fats and current guidelines: Evaluating the quality of evidence

Dr. Roger Clemens
University of Southern California, USA



A rigorous assessment of the myth that consumption of saturated fat increases risk of coronary heart disease

Prof. Dr. David Diamond
University of South Florida, USA

LIVE ONLINE Q&A SESSION

8 January 2021

11.00 a.m. - 1.00 p.m. (GMT +8)