
SESSION

Breaking Through & Preventing Burnout

DESCRIPTION

The unyielding drive to succeed is one of the greatest virtues of an entrepreneur, or employee, and the very thing that can lead to burnout. When we fall prey to it, burnout crushes our performance, drains our motivation, and exhausts us physically and mentally. Burnout has even been linked to early death. The transition to burnout is subtle...until it's too late. But there's HOPE.

More than great how-to's, this webinar offers strategies to rekindling of the fire for your business in healthy ways, turning back to your dream objectives rather than dousing the fire all together. Simple, immediate and daily steps to create your solid "why" of being your industry leader with customers wanting to do business with you and employees that will enjoy working on your team.

- We identify leadership styles that greatly reduces stress on managers and the team.
- Systems that create accountability around commitment.
- The power of setting and achieving obtainable goals.
- You are not alone. Building a healthy and thriving support team that works for you.

NOTE: Includes PDF Workbook



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