

Routes to Destinations Resources

General Resources

- [Active Communities Tool \(ACT\): An Action Planning Guide and Assessment Modules to Improve Community Built Environments to Promote Physical Activity](#) (CDC)
- [2020 State Report Cards on Support for Walking, Bicycling, and Physical Activity](#) (Safe Routes Partnership)
- [AARP Walk Audit Worksheets](#) (AARP)
- [Connecting Transportation and Health: A Guide to Communication & Collaboration](#) (AASHTO)
- [Dangerous By Design 2021](#) (Smart Growth America)
- [Guidebook for Developing Pedestrian and Bicycle Performance Measures](#) (Federal Highway Administration, 2016)
- [New Insights on Biking Among Older Adults](#) (League of American Bicyclists)
- [The 50+ Cycling Survey](#) (AARP)
- [Where Do We Go From Here? Breaking Down Barriers to Bicycling in the U.S.](#) (People for Bikes)

Session Resources

Equity in park access & design

- [The Toolkit for Health, Arts, Parks & Equity](#) (The Trust for Public Land and National Association of County and City Health Officials)
- [Creating Equity-Based System Master Plans](#) (NRPA)
- [Equitable Park Funding Hub](#) (City Parks Alliance)
- [Increasing the Health and Physical Activity of Youth from Under-Resourced Communities through Trail Programs](#) (National Collaborative on Childhood Obesity Research (NCCOR))

Land use & community design

- [Toolkit to Integrate Health and Equity into Comprehensive Plans](#) (American Planning Association)
- [Healthy Communities Policy Guide](#) (American Planning Association)
- [Metrics for Planning Healthy Communities](#) (American Planning Association)
- [The Planner's Playbook](#) (Change Lab Solutions)
- [A Handbook for Improved Neighborhoods](#) (AARP)
- [AARP Livable Communities](#) (AARP)
- [AARP Livability Index](#) (AARP)
- [AARP Livable Communities Map](#) (AARP)

Rural Communities

- [Small Town & Rural Multimodal Networks](#) (Federal Highway Administration)
- [Identifying and Addressing Barriers to Physical Activity in the Black Community](#) (NACDD)
- [Inclusive Planning in Tribal Communities](#) (America Walks)
- [On Streets of Injustice, Here's How We Move toward Transportation Equity for Latinos](#) (Salud America)
- [This is How Cities Can Discover Where Affordable Housing and Transportation Meet \(or Not\)](#) (Salud America)