Routes to Destinations Resources

General Resources

- **Active Communities Tool (ACT): An Action Planning Guide and Assessment Modules to Improve Community Built Environments to Promote Physical Activity** (CDC)
- **2020 State Report Cards on Support for Walking, Bicycling, and Physical Activity** (Safe Routes Partnership)
- **AARP Walk Audit Worksheets** (AARP)
- **Connecting Transportation and Health: A Guide to Communication & Collaboration** (AASHTO)
- **Dangerous By Design 2021** (Smart Growth America)
- **Guidebook for Developing Pedestrian and Bicycle Performance Measures** (Federal Highway Administration, 2016)
- **New Insights on Biking Among Older Adults** (League of American Bicyclists)
- **The 50+ Cycling Survey** (AARP)
- **Where Do We Go From Here? Breaking Down Barriers to Bicycling in the U.S.** (People for Bikes)

Session Resources

*Equity in park access & design*

- **The Toolkit for Health, Arts, Parks & Equity** (The Trust for Public Land and National Association of County and City Health Officials)
- **Creating Equity-Based System Master Plans** (NRPA)
- **Equitable Park Funding Hub** (City Parks Alliance)
- **Increasing the Health and Physical Activity of Youth from Under-Resourced Communities through Trail Programs** (National Collaborative on Childhood Obesity Research (NCCOR))

*Land use & community design*

- **Toolkit to Integrate Health and Equity into Comprehensive Plans** (American Planning Association)
- **Healthy Communities Policy Guide** (American Planning Association)
- **Metrics for Planning Healthy Communities** (American Planning Association)
- **The Planner’s Playbook** (Change Lab Solutions)
- **A Handbook for Improved Neighborhoods** (AARP)
- **AARP Livable Communities** (AARP)
- **AARP Livability Index** (AARP)
- **AARP Livable Communities Map** (AARP)

*Rural Communities*

- **Small Town & Rural Multimodal Networks** (Federal Highway Administration)
- **Identifying and Addressing Barriers to Physical Activity in the Black Community** (NACDD)
- **Inclusive Planning in Tribal Communities** (America Walks)
- **On Streets of Injustice, Here’s How We Move toward Transportation Equity for Latinos** (Salud America)
- **This is How Cities Can Discover Where Affordable Housing and Transportation Meet (or Not)** (Salud America)