

Recipient Success Story:

West Virginia University Extension HOP – Be Wild, Be Wonderful, Be Healthy

Success area: Physical Activity- walking paths and trails

This video narrative success story highlights the work done in McDowell and Clay counties to increase access to physical activity through creating or enhancing walking paths and trails. Atwell Park in McDowell County is featured. Coalfield Community Action Group, the non-profit that maintains Atwell Park, is a two year Be Healthy partner. In year one, funds were used to support the creation of a walking path. After feedback and observation, in year 2, benches and motivational signs were added to make the park more accessible to people of all ages and ability level. Other paths and trails featured in the video are located at elementary schools and community parks. Use the link below to access the video. If there are any issues viewing the video narrative, please contact the program coordinator at Kerry.Gabbert@mail.wvu.edu .

Video link:

<https://vimeo.com/443184859/3b0a5ad0c0>