

# Utah TOP Star Program

## Teaching Obesity Prevention in Early Childcare and Education Settings

[Judyharris@utah.gov](mailto:Judyharris@utah.gov)

Please visit our webpage for a 40 second video from a child care provider:

<http://choosehealth.utah.gov/prek-12/childcare.php>

And link over to “Success Stories” to view a couple of 25 second videos from one providers about the TOP Star program.

<http://choosehealth.utah.gov/prek-12/childcare/top-star-program/success-stories.php>

Please get a smile or even laugh at our videos of our annual workshops (from their laughing and giggles) and of a provider “testimonial” and her home dance activity with the kids!

Please paste this link into your browser: <https://drive.google.com/drive/u/0/folders/1Tm57GfgNsQA-IA2mX8gF5g4FrXkVbXeA>