

New Toolkit Available to Educate Your Community About Lupus

Did you know that anyone can get lupus, but some people are at greater risk?



Women between ages 15-44



Black/African American, Hispanic/Latino,
Asian, or Native American individuals



Family history of lupus or
autoimmune disease

Lupus is under-recognized, under-diagnosed and under-researched. As a result, many people learn they have this challenging autoimmune disease after months or even years of frustrating doctors' visits when their prognosis may not be as positive as it would have been if diagnosed earlier.

The Lupus Research Alliance, in collaboration with the National Minority Quality Forum, created this *What You Need to Know About Lupus* program to provide all the tools needed to give an informative presentation in your community that educates attendees about what lupus is, what symptoms to look for and what to do if lupus is suspected.

Materials include:

- Slides with notes to refer to in giving the presentation
- Promotional flyer to drive attendance
- Tips for conducting successful presentations
- Handout on lupus for attendees

Download the materials from our Resource Center -

<https://www.lupusresearch.org/understanding-lupus/resource-center/downloads/lupus-toolkit-sign/>

Contact us at advocacy@lupusresearch.org with questions or for more information.