

# LET'S END DIABETES



## 2021 PROFESSIONAL CONFERENCE

NOV 23-26, 2021  
VIRTUAL CONFERENCE

~~DIABETES~~  
CANADA



### UNACCREDITED CONTENT AGENDA

AVAILABLE FOR THE DURATION OF CONFERENCE NOV 22 - 26

#### UNACCREDITED SPACES SUPPORTED BY PARTNERS:

- ◀ Networking Lounge supported by Dexcom  
EDI Learning Lounge supported by Novo Nordisk

#### VIRTUAL THEATRES:

- ◀ Product Theatre supported by HLS Therapeutics  
Product Theatre supported by BD  
Product Theatre supported by LifeScan  
Product Theatre supported by Roche

# SCHEDULE

## TUESDAY, NOVEMBER 23, 2021

10:05 – 10:25

### Culinary Experience supported by Egg Farmers

#### “Make the Perfect Frittata while Learning about Eggs and Diabetes”

Watch Registered Dietitian Andrea Holwegner prepare a simple vegetable frittata as she shares how eggs fit into a healthy diet for individuals with type 2 diabetes.

12:45 – 1:00

### Clinical Conversation supported by Lilly

#### Conversations about Severe Hypoglycemia

Learning Objective(s):

1. Strategies to discuss Severe Hypoglycemia
2. How to introduce Rescue Plans for SH to patients

Faculty: Dr. Tina Kader and Dr. Bruno Bernucci

14:45 – 15:00

### Clinical Conversation supported by Novo Nordisk

#### The GLP-1 RA Buzz: Initiating Early and Lasting Cardioprotection

Learning Objective(s):

1. Identify barriers that hinder the adoption of earlier and appropriate glycemic intervention, and discuss strategies to overcome clinical inertia today
2. Review the CV benefits associated with GLP-1 RA, and apply guideline recommendations to clinical practice

Join Dr. Abitbol for an interactive conversation on the importance of early glycemic intervention, with a focus on the GLP-1 RA class, including practical strategies around initiation and management and application of clinical practice guidelines.

Faculty: Alexander Abitbol MDCM, FRCPC

18:30 – 20:00

### Evenings dedicated to the past, present and future of diabetes research and care

#### 100 YEARS OF INSULIN: PAST

Join us for an evening to commemorate the past 100 years of diabetes research and care, featuring the opening ceremonies, a walk through time and a 100 Year Anniversary Symposium on the past, supported by Medtronic.

## WEDNESDAY, NOVEMBER 24, 2021

11:45 – 12:00

### Clinical Conversation supported by HLS Therapeutics

#### TIME TO ACT: REDUCING PERSISTENT CARDIOVASCULAR RISK IN DIABETIC PATIENTS

A Case-Based Discussion on Applying Recent Evidence and Guidelines

Learning Objective(s):

1. Recognize that cardiovascular (CV) risk persists despite effective LDL cholesterol (LDL-C) lowering
2. Review evidence of new lipid-based therapy beyond LDL-C for CV event reduction
3. Apply evidence and guideline recommendations in high risk CV patients with elevated triglycerides

Discuss clinical considerations for identifying Diabetes patients at high risk for cardiovascular events, and optimizing their CV risk management based on recent evidence and guideline recommendations, through a case-based exchange between two clinicians.

Faculty: Sue D. Pedersen, MD, FRCPC, and Alescia Azzola, MD, FRCPC Cert Endo

12:45 – 13:00

### Clinical Conversation supported by Lilly

#### Diabetes, GLP1-RA's and Stroke

Learning Objective(s):

1. Review the association and impact of diabetes on strokes
2. Discuss the importance of a holistic approach to managing patients with type 2 diabetes and stroke
3. Differentiate between the different antihyperglycemic agents and their impact on stroke risk

Faculty: Dr. Ron Goldenberg, endocrinologist, and Dr. Tess Fitzpatrick, Neurologist

13:45 – 14:00

### Clinical Conversation supported by Bayer

#### Working Together: Optimizing Kidney Care in Type 2 Diabetes

Learning Objective:

1. Enhance knowledge of recent advances in the management of CKD in T2D

This video is a discussion between an endocrinologist and a

# SCHEDULE

nephrologist regarding advances in the management of chronic kidney disease in patients with type 2 diabetes. An overview of recent data in the evolving treatment landscape is shared alongside practical clinical considerations for optimizing patient care.

Faculty: Dr. Alice Cheng, endocrinologist, and Dr. David Cherney, nephrologist

15:45 – 16:40

### Clinical Conversation supported by Dexcom

#### Refine your skills in efficient interpretation of CGM reports

Learning Objective(s):

1. Efficiently recognize common glycemic patterns and periods of high variability in real-life CGM reports
2. Illustrate common sources of variability through case studies

Join us to review real-life case examples and practice efficiently

18:30 – 20:00

### Evenings dedicated to the past, present and future of diabetes research and care

#### 100 YEARS OF INSULIN: PRESENT

Join us for an evening to recognize the current successes in diabetes research and care, featuring the 2021 Diabetes Canada/ CSEM Award Ceremony, a session with author Krista Lamb and a 100 Years of Insulin Symposium on the present, supported by Dexcom.

identifying common glycemic patterns and causes of glucose variability seen in CGM reports. Refine your skills as you work with the presenters to match the most common glycemic patterns to the CGM examples.

16:45 – 17:00

### Health Break Session supported by Insulet

Take a moment to slow down and reset with this 15 minute stretch and meditation guided by diabetes health coach Lauren Bongiorno.

18:05 – 18:25

### Culinary Experience supported by Lilly

Explore the Cart2Table.ca website and follow along a diabetes friendly recipe developed by famous chef, Mark McEwan.

## THURSDAY, NOVEMBER 25, 2021

10:00 – 10:30

CIHR-led announcement of a new research investment in partnership with Diabetes Canada, the Fonds de recherche du Québec-Santé (FRQS), JDRF Canada, and the Kidney Foundation of Canada (KFOC), to fund world-leading research teams. This investment is part of CIHR's [100 Years of Insulin: Accelerating Canadian Discoveries to Defeat Diabetes](#) initiative.

10:05 – 10:25

### Culinary Experience supported by Lilly

Explore the Cart2Table.ca website and follow along a diabetes friendly recipe developed by famous chef, Mark McEwan.

11:45 – 12:00

### Clinical Conversation supported by Tandem

#### Ask me Anything: Getting the most out of automated insulin delivery systems

Learning Objective:

1. Discuss current strategies to optimize time in range while using automated insulin delivery systems.

Tips and tricks to improve patient outcomes while using AID systems including how to best accommodate for physical activity. Faculty: Lorraine Anderson, RD, CDE

13:45 – 14:00

### Clinical Conversation supported by Dexcom

#### Build your skills to tackle glycemic variability challenges revealed through CGM

Learning Objective(s):

1. Identify common factors leading to glycemic variability
2. Explore practical tips to improve variability and time in range through case examples

Join our presenters to explore key questions that help find solutions to common continuous glucose monitoring (CGM) patterns. Share real-life CGM reports to demonstrate how use of the key questions can help to reduce variability and improve time in range.

Do you know the key questions that help find solutions to common CGM patterns? Join us to improve the effectiveness of your CGM based discussions.

## THURSDAY, NOVEMBER 25, 2021

18:30 – 20:00

### Evenings dedicated to the past, present and future of diabetes care

#### 100 YEARS OF INSULIN: FUTURE

Join us for an evening to celebrate the future of diabetes care featuring a conversation with CIHR 100 Years of Insulin Grant recipients and a symposium supported by Novo Nordisk on The Promising FUTURE of insulin.

18:30

Dr. Norm Rosenblum and Dr. Christine Doucette to co-host nine lead researchers for the CIHR 100 YEARS OF INSULIN grants including thesis-style presentations and a live Q&A with: Dr. Andre Carpentier, Dr. Cristina Nostro, Dr. Jenny Bruin, Dr. Kaberi Dasgupta, Dr. Marie-Pierre Dube, Dr. Sylvie Lesage, Dr. Alison McManus, Dr. Andrew Paterson and Dr. Josef Penninger.

19:15

#### Novo Nordisk's 100 Years of Insulin Symposium on the Future: The Promising FUTURE of Insulin

Learning Objective(s):

1. Discuss unmet needs and where the therapeutic gaps lie in the management of patients with Type 1 diabetes.
2. Review advances in new and upcoming insulins, glucose monitoring technology, as well as automated insulin delivery and how these will support a better use of insulin in the future.

Where are we today with insulin and what lies ahead? In this 45-minute session, Dr. Rabasa-Lhoret will use patient cases to highlight new and upcoming insulins, future technology and cutting-edge research to support a promising 100 years ahead in diabetes.

Faculty: Rémi Rabasa-Lhoret, MD, PhD

## FRIDAY, NOVEMBER 26, 2021

13:45 – 14:00

### Clinical Conversation supported by Pfizer

#### Pediatric to Adult Patient Care Transition: Considerations on Growth Hormone Treatment

Learning Objective(s): By the end of this session, participants will be able to:

1. Describe the challenges and considerations in managing growth hormone (GH) treatment during the transition period
2. Identify which patients may or may not benefit from continuing GH therapy during the transition period and adulthood
3. Apply best practices to support the transition more effectively for patients and ensure continuity of care

Join Dr. Jean-Pierre Chanoine from the BC Children's Hospital to engage in a live presentation and interactive discussion on this interesting topic.

Faculty: Jean-Pierre Chanoine, MD

15:30 – 15:45

### Clinical Conversation supported by Pfizer

#### Acromegaly: Comorbidities and Burden on Patients' Quality of Life

Learning Objective(s): By the end of this session, participants will be able to:

1. Describe the common comorbidities associated with acromegaly and the burden on patient quality of life despite endocrine control
2. Review application of new guideline updates for improved patient care and outcomes

Hear the latest information and new guideline updates from a leading expert in Acromegaly, Dr. Maria Fleseriu on this important topic.

Faculty: Maria Fleseriu, MD, FACE

13:45 – 14:00

### Diabetes in Pregnancy Interest Group (also known as CanDIPS) Annual General Meeting