# Forklift and Warehouse - 9 day course content...

**NVQ:** National Vocational Qualifications



#### Dav 1 - AM

You will complete your induction for the forklift and Warehouse course. which includes health and safety assessments

### Day 1 - PM

Practical manual handling tasks and training for the correct use of pallet trucks, sack barrow and roll cages. You will also start your Warehouse training.



Day 4 - All day Continuation of forklift truck training

Day 6 - All day

Continuation of forklift truck

Day 5 - All day

tuck training

Continuation of forklift

Day 7 -AM Counterbalance lift truck training



Day 7 - PM Forklift truck theory and practical test

## You're all done!

Your routes of progression after successful completion of this course

Day 8 - All day NVQ Level 2 forklift truck award assessments



- Forklift operative
- Pallet truck operative
- Order processor
- Goods in operative
- Warehouse supervisor/manager
- Forklift truck instructor
- Train the trainer

Or you could gain further certificates in more advanced equipment (larger capacity forklift truck)

## Day 2 - All day You will be assessed for your

NVQ Level 2 warehouse and storage units.



Day 3 - AM Forklfit training theory

## Day 3 - PM Introduction to the

forklift truck and pre checks



Dav 9 - All dav

You will attend job club where you will update your CV with the new skills and qualifications you have gained on your course and complete job search activities . . . . . . . . .



We wish you every success with your career and thanks for choosing Mainstream Training!



www.recruitandtrain.com 01795 418100

#### Is this course for you?

This course is ideal for individuals wishing to gain or further their experience in the warehouse sector and other industries requiring the use of a forklift truck. There are shortages of skilled workers in these sectors and our training could open the way for you to enjoy a reliable and well paid career. Upon successful completion of this course you will gain a forklift truck certificate which will be valid for up to five years

#### This course is usually free of charge

Our courses are usually free to you, if you are either; unemployed and in receipt of employment and support allowance, jobseekers allowance or universal credit; or aged between 17 and 24 and not in employment, training or education.

If you are employed and earn less than the Social Mobility Commission's low wage threshold (£17,374.50 for 2021/22) you might also be eligible for full funding, if this applies and you are interested in this course, speak with your employer and suggest that they contact us.

# Help with the costs of personal protective equipment and travel

You will need to bring along, steel cap boots and a Hi-Viz vest, your Hi-Viz vest will need to be big enough to fit over your outer clothing including any coat you wish to wear.

Your Job Centre advisor will usually be able to assist you with the cost of personal protective equipment and also with the cost of your travel to our training centre in Sittingbourne, so please make sure that you speak to them in good time, well before the start of your course.

#### Your first day

Once you have registered for this course we will call you to agree and confirm your start date, so please look out for our call. Your training times are 8.15 am to 4.30 pm. Free tea, coffee and water are available at our training centres.

#### Helping you to find a suitable job

Make sure to call into our on-site employment agency for a chat about finding a job, they will be pleased to assist you with progressing your career within the logistics sector, as well as opportunities as a forklift truck operator, additionally they are always looking for motivated and hard working individuals looking to work as couriers, LGV drivers, drivers mates, streetwork and groundwork operatives, and in numerous industrial and warehousing roles.

Course start date:

Course start time:

#### Contact details

Mainstream Training Limited Mainstream House Bonham Drive Sittingbourne ME10 3RY

Telephone: 01795 418100

Email: enquiries@recruitandtrain.com

The south-east's leading training provider



On full completion of this course you will have gained...

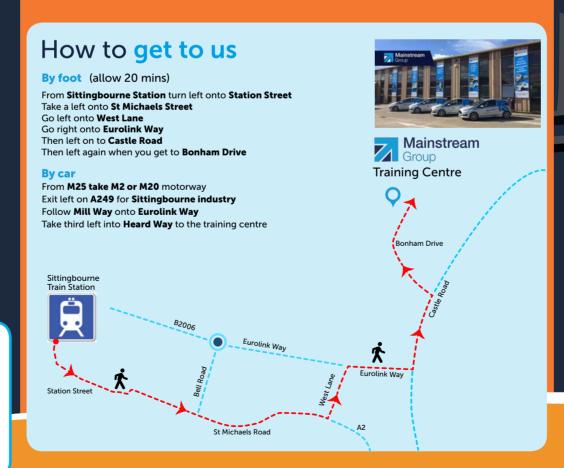
A Counterbalance Forklift Certificate (ITSSAR) valid up to 5 years.

A full NVQ in Forklift Driver Operations level 2

9 NVQ units towards Warehouse and Storage level 2

A Manual Handling certificate

If you have any questions just call on 01795 418100



Mainstream Group



A full guide to our course



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