

Highways Maintenance Training 10 day course content..

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Day 1 - AM

Come and meet the team. Today you will have a site induction, including a tour of our facilities. The induction will cover the timing of the course and an introduction into health and safety

Day 1 - PM

You're on the way, already you are working towards achieving the first part of your course with manual handling theory and practical training



2

Day 2 - All day

Get your hands on a Cable Avoidance Tool, (CAT) with this you will receive training in location and avoiding underground services using a hand held scanner. Put into practice what you have learned with the CAT, you will be supported by the instructor completing a pre-check and a grid search trying to locate an underground service



3

Day 3 - All day

First thing in the morning you will be assessed on the CAT, once this has been achieved you will start to learn how to complete a pre-check on traffic lights, know how to erect and dismantle all of the traffic signs & cones in the correct order and be shown how to make a safety zone, sideways clearance by following all aspects of health and safety.

You will then start training on Signing, Lighting and Guarding



6

Day 6 - AM

Today you will start your NVQ in reinstating ground conditions in the workplace. You will also complete your theory and practical training in preparing and operating powered units or pedestrian plant, machinery or equipment in the workplace.

Day 6 - PM

Get your hands on the breaker pack and breaker, with this piece of equipment you will be able to break out the ground to the required standard. You will also gain the skill of how to use a shovel and a graft to the desired effect



5

Day 5 - All day

Your chance to again prove what you have learned in an assessment with support from your instructor. Once you have successfully completed this part of the course, you will begin the two mandatory units that are required to receive the SWQR Card



9



8

Day 8 - All day

Today you will start your NVQ assessments in directing and guiding the movement of vehicles or machinery in the workplace.

Day 9 - All day

Today you will continue your NVQ assessments in directing and guiding the movement of vehicles or machinery in the workplace.

7

Day 7 - AM

After you have dug out a hole, you will learn the theory on how to backfill it, using different types of equipment. Gaining knowledge to complete the job to the required specifications units and NVQ knowledge

Day 7 - PM

Today you get to train further on excavation and reinstatement of backfill material including base and sub-base. Once you have honed your skills with the shovel you will get to use the trench rammer to finish the job off to a high specification



Day 10 - AM

Time to update your CV with all of the new skills that have been gained, this is also the ideal time to look for a new job within our IT Suite

Day 10 - PM

It's time to go through what you have achieved during the course. Pop in to our recruitment agency to have a chat about opportunities that might be available to you

You're all done!

Progression after successful completion of this course

- Operative
- Ganger
- Supervisor
- Area Manager
- Management roles

We wish you every success with your career and thanks for choosing Mainstream Training!



Is this course for you?

This course is ideal for individuals wishing to gain or further their experience in the streetworks or road improvements sector. You will learn about excavation, reinstatement, detection of underground hazards and also gain competence in signing, lighting and guarding in a highway setting. This course is delivered at an operators level but once you have completed the course, and progressed to gain on-the-job experience why not return to us to undertake your supervisor level training? There is a real shortage of skilled workers in this sector and our training could open the way for you to enjoy a reliable and well paid career in this exciting sector.

This course is usually free of charge

Our courses are usually free to you, if you are either; unemployed and in receipt of employment and support allowance, jobseekers allowance or universal credit; or aged between 17 and 24 and not in employment, training or education. If you are employed and earn less than the Social Mobility Commission's low wage threshold (£17,374.50 for 2021/22) you might also be eligible for full funding, if this applies and you are interested in this course, speak with your employer and suggest that they contact us.

Help with the costs of personal protective equipment and travel

You will need to bring along, steel cap boots and a Hi-Viz vest, plus because the course takes place both in classrooms and outside, you will need to bring clothing suitable for the weather, such as a warm coat and waterproofs. Your Hi-Viz vest will need to be big enough to fit over your outer clothing including any coat you wish to wear, for outside courses you might prefer to bring along a Hi-Viz coat.

Your Job Centre advisor will usually be able to assist you with the cost of personal protective equipment and also with the cost of your travel to our training centre in Sittingbourne, so please make sure that you speak to them in good time, well before the start of your course.

Your first day

Once you have registered for this course we will call you to agree and confirm your start date, so please look out for our call. On the first day of your course, please arrive no later than 8.00, our training day is 8 am to 4.30 pm. Free tea, coffee and water are available at our training centres.

Helping you to find a suitable job

Make sure to call into our on-site employment agency for a chat about finding a job, they will be pleased to assist you with progressing your career within the Streetworks sector, as well as opportunities within Streetworks, they are always looking for motivated and hard working individuals looking to work as couriers, LGV drivers, drivers mates and in industrial and warehousing roles.

Contact details

Mainstream Training Limited
Mainstream House
Bonham Drive
Sittingbourne
ME10 3RY
Telephone: 01795 418100
Email: enquiries@recruitandtrain.com

Course start date:

Course start time:

Awarding bodies



On full completion of this course you will have gained...

Streetworks card (Valid for 5 years)

SQA units

- LA. Location and avoidance of underground services
- 01. Sign, traffic lighting and guarding
- 02. Excavation in the highway

- NVQ Level 2 Certificate in Construction and Civil Engineering Operations
- Units towards Level 2 NVQ Certificate in Roadbuilding and Maintenance
- Level 1 Certificate in an Introduction to Construction
- Manual Handling certificate
- CSCS Health, Safety and Environment test at your local test centre, on successful completion you will gain the appropriate card.

How to get to us

By foot (allow 20 mins)

From Sittingbourne Station turn left onto Station Street
Take a left onto St Michaels Street
Go left onto West Lane
Go right onto Eurolink Way
Then left on to Castle Road
Then left again when you get to Bonham Drive

By car

From M25 take M2 or M20 motorway
Exit left on A249 for Sittingbourne industry
Follow Mill Way onto Eurolink Way
Take third left into Heard Way to the training centre



Mainstream Group Training Centre



HIGHWAYS MAINTENANCE TRAINING

A full guide to our course



www.recruitandtrain.com
01795 418100