

LGV transport - 10 day course content...

NVQ: National Vocational Qualifications



1

Day 1

Induction, health and safety training, completion of the course paperwork plus manual handling training



4

Day 4

NVQ assessments
Driving goods vehicles
Level 2. (rigid vehicle)



7

Day 7

Driver CPC training
Driver behaviour
Customer care and company image



10

Day 10

Driver CPC training
Drivers hours Digital
Tachos



2

Day 2

Warehouse equipment training
Order picking
Vehicle safety checks
Safe loading of the vehicle On road driving 7.5 t vehicle



5

Day 5

NVQ Assessment
You will also attend job club where you will update your CV with the new skills and qualifications you have gained



8

Day 8

Further Driver CPC training
Health and safety and
Emergency First aid



6

Day 6

Driver CPC training
Vehicle defect reporting
SAFED Theory



9

Day 9

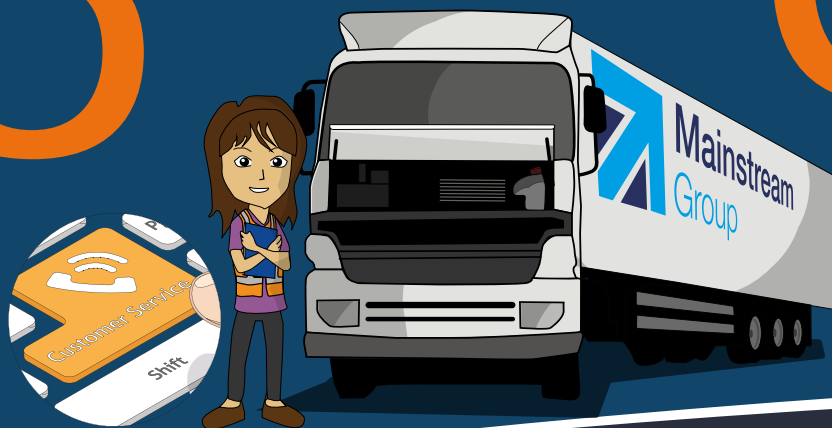
Driver CPC training
Safe systems of work
Safe loading



3

Day 3

NVQ assessments
Warehouse and storage Level 2



Next steps...

Upon successful completion of the ten day course make sure to call into **our on-site employment agency** for a chat about finding a job, they will not only be able to help you progress your career as an **LGV driver**, they will also be happy to assist you with finding interim work ahead of passing your **LGV test**. As well as **LGV drivers** at all levels they are always looking for **motivated and hard working** individuals looking to **work as couriers, drivers mates** and in industrial and **warehousing** roles.

We wish you every success with your career and thanks for choosing Mainstream Training!

Is this course for you?

You will need to already hold a full driving licence with C1 entitlement that was gained before September 1997. Our course delivers Driver CPC, designed to **reignite your driving career**. This course does not include practical driver training, however we will work with you and your Job Advisor to access any funding that may be available to you.

This course is usually free of charge

Our courses are usually free to you, if you are either; unemployed and in receipt of employment and support allowance, jobseekers allowance or universal credit; or aged between 18 and 24 and not in employment, training or education.

If you are employed and earn less than the Social Mobility Commission's wage threshold (£17,374.50 for 2021/22) you might also be eligible for full funding, if this applies and you are interested in this course, speak with your employer and suggest that they contact us.

Help with the costs of personal protective equipment and travel

You will need to bring along, steel cap boots and a Hi-Viz vest, plus because the course takes place both in classrooms and outside, you will need to bring clothing suitable for the weather, such as a warm coat and waterproofs. Your Hi-Viz vest will need to be big enough to fit over your outer clothing including any coat you wish to wear, for outside courses you might prefer to bring along a Hi-Viz coat. You can purchase these from us or your Job Centre advisor will usually be able to assist you with the cost of personal protective equipment and also with the cost of your travel to our training centre in Sittingbourne, so please make sure that you speak to them in good time, well before the start of your course.

We have our own **accredited training** and **DSA test centre** in Sittingbourne and our pass rate for the LGV driving test exceeds **70%**, which is much higher than the **national average**.

Course start date:

.....

Course start time:

.....

jaup™

drivercpc
GET QUALIFIED STAY QUALIFIED

Once you have registered for this course we will call you to agree and confirm your start date, so please look out for our call.

Your training times are 8.30 am to 4.30 pm. Free tea, coffee and water are available at our training centres. Please note, this course is not 10 consecutive days, you will be given a return date for your DCPC.

If you have any questions just call or pop in to one of our welcome sessions and take a tour. Telephone: 01795 418100

Our next session is

How to get to us

By foot (allow 20 mins)

From **Sittingbourne Station** turn left onto **Station Street** Take a left onto **St Michaels Street**
Go left onto **West Lane**
Go right onto **Eurolink Way**
Then left on to **Castle Road**
Then left again when you get to **Bonham Drive**

By car

From **M25** take **M2** or **M20** motorway
Exit left on **A249** for **Sittingbourne industry**
Follow **Mill Way** onto **Eurolink Way**
Take third left into **Heard Way** to the training centre



Contact details

Mainstream Training Limited, Mainstream House, Bonham Drive, Sittingbourne, ME10 3RY

Telephone: 01795 418100 Email: enquiries@recruitandtrain.com

Mainstream
Group



A full guide to our course



www.recruitandtrain.com
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