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URBAN CENTERS OF INFLUENCE <u>https://urbancenters.org/</u> GC Session 2022 Virtual Booth handout





A. WHAT ARE LIFE HOPE CENTERS? WHAT IS AN URBAN CENTER OF INFI UFNCF?

I. Life Hope Centers / Urban Centers of Influence are part of the GC's ''I Will Go!'' strategic focus for 2020-2025

2. Learn more at iwillgo2020.org

3. Funded by your Global Mission offerings









Principles of Centers
 Models in action
 Guidelines



B. PREPARING FOR URBAN CENTERS OF INFLUENCE



- I. Institutions preparing coordinators, trainers, and volunteers
- 2. Volunteer opportunities (AVS & VividFaith)
- 3. One Year In Mission (OYIM)
- 4. Communication Strategy
- 5. Training of Trainers curriculum
- 6. Volunteer Screening procedures



C. COMMUNITY ASSESSMENT

Two Parts:

I. Community Assessment: How do we assess the needs of this community (Health, Family, Women, Children, Youth, Community, Activity, Small Business)?

2. Self Assessment: What skills, interests, and resources do we have to meet the needs of the community?





D. PROPOSAL AND FUNDING Is the proposal for a priority area/population?
 What resources can be brought by the local organization?
 Is this project financially sustainable?
 Does this project have Division endorsement?

Go to <u>https://urbancenters.org/application</u> for details





5. What are the plans for financial self support?6. Does the project meet an identified need?7. How will this be monitored for progress?8. Who can help you prepare a realistic business plan?

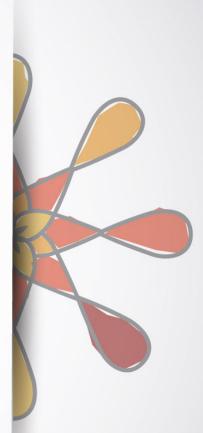
9. Can you identify the unreached urban people groups that has no Adventist presence?
10. How will this Life Hope Center / Urban
Center of Influence start new groups of believers?



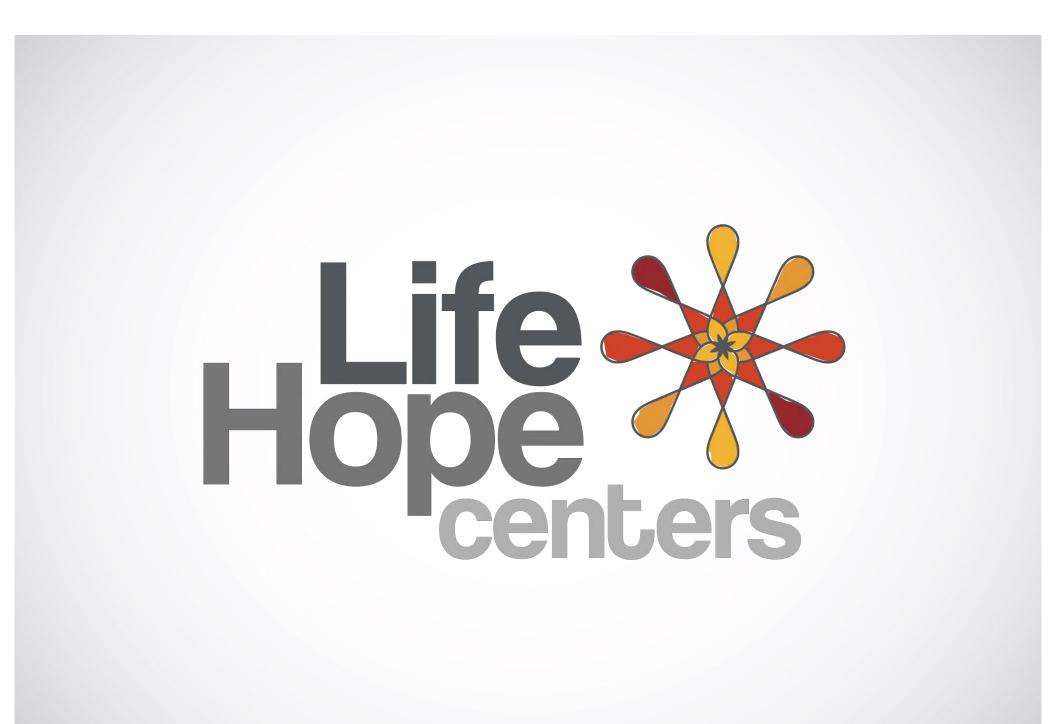
E. SETTING UPYOUR CENTER

- I. Staff Training Manual
- 2. Internal branding
- 3. Keeping on script
- 4. Customer Service
- 5. Making friends for God
- 6. Accessing local expertise and
 - volunteers from church and community
- 7. Creating a contact base for continual follow up





F. CENTER CURRICULUM





I.Training

- a) Health
- b) Family
- c) Finance
- d) Micro-Business
- e) Technology
- f) Music Lessons
- g) Language
- h) Adult Education/Literacy



"THE SILENT KILLER" HYPERTENSION



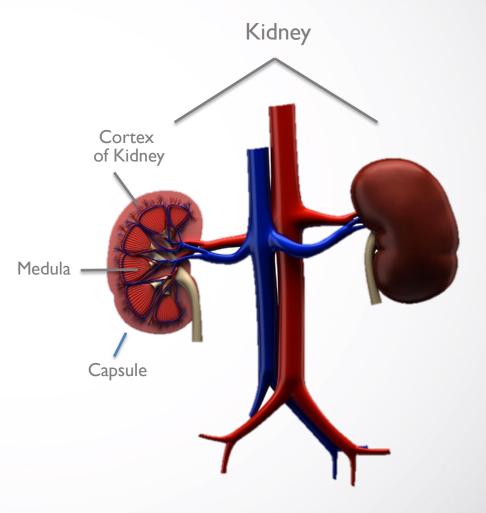
Peter N. Landless, M.B.,B.Ch., M.Med., FCP (SA), FACC, FASNC

HYPERTENSION = HIGH BLOOD PRESSURE



HYPERTENSION

- One of the greatest health problems
- Contributing factor to death from:
 - Stroke
 - Heart failure
 - Kidney failure





BIRTH COMPANIONS





Birthing Companions

The Insecurity of Labor

Many women have expressed a need for a companion who is female.

It is an expression of the confidence a woman has in another woman who can experience the same fears, pains, and anxiety.





The Single Mother



G. LIFE HOPE CENTERS BRANDING RESOURCES



G. LIFE HOPE CENTER BRANDING RESOURCES

Birth Companion The Concept, Purpose, and Role The Concept, Purpose, and Role अवधारणा, उद्देश्य, और स्वि

Learn to identify the need for a birth companion, recognize the needs of expectant mothers, and know the extent of assistance of a birth companion.

Day and time Place for meeting जन्म साथी की आवश्यकता को पहचानना, गर्भवती माताओं की जरूरतों को पहचानना, और जन्म साथी की सहायता की सीमा को जानना सीखें।

दिन और समय बैठक की जगह

Register today <u>https://urbancenters.org/registration</u> to download these free resources



Birth Companions Early Pregnancy

Topics covered include: Gestational age, early embryo development, folic acid, early pregnancy loss rates, signs of miscarriage, and nausea.

Day and time Place for meeting जन्म साथी प्रारंभिक गर्भावस्था

कवर किए गए विषयों में शामिल हैं: गर्भावस्था की आयु, प्रारंभिक भ्रूण विकास, फोलिक एसिड, गर्भावस्था की कमी की दर गर्भपात के संकेत, और मतली।

दिन और समय बैठक की जगह





The ABCs of Natural Labor Managen

We will discuss how a patient copes with labor and how a birth companion can help.

Day and time Place for meeting





Register today <u>https://urbancenters.org/registration</u> to download these free resources



Brochure Templates



Brochure Templates

Sign Up Today!

Phone Webpage How to sign up

The Birth Companion Seminar takes place on these

At this location

Directions: [map]

Birth Companion

Hope

Seminar

What Is a Birth Companion?

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During pregnancy, most women feel the need for a female companion to walk with her through her pregnancy. You can learn how to become a birth companion in only 11 sessions!

Learn how to accompany a young woma through pregnancy

h Handysides, M.B., Ch.B., FRCPC, FRCSC,



ourager, Supporter, Comforter

Increasing numbers of women face childbirth without is strong supporter to help them get through. A birth companion to accompany such a woman may make the difference between childbirth being joyful or sverwhelming.

For women with a loving and supportive husband, a pirth companion is not a replacement at all. That friend is an expression of the confidence a woman has n another woman who can understand the fears, pains, and anxiety related to childbirth.

Be a Comforting Presence For a Friend!

In a fascinating 11-session course, learn how to be a birth companion for a pregnant young woman. Childbirth is one of the most amazing events in a woman's life. With the love and support of her husband, she will find that bearing a child helps to grow their relationship.

However, a young woman may need the emotional support of another woman during her pregnancy. Not everyone has a mother or relative nearby to take that role. You way used the cloth sector.

Among the topics of the 11-session Birth Companion seminar

 Learn how to be confident in your knowledge of the birth process and the events surrounding it.

 Train to be able to offer appropriate supportive responses to different situations.

 Learn ways to understand the place for this supportive role without negatively impacting the marriage relationship or the patient-and-care-provider relationship.

> "Be a loving presence for a young woman."



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I. Activities

a. Fitness b. Animal care c. Health screening d. Community garden e. After school care f. Tutoring g. Hobby based gatherings



2. Events

a. Community Concert
b. Health Fair/Expo
c. Disaster Preparedness/Coordination
d. Fitness in Public venues
e. International Food fair



3. Business as Mission

a.Vegetarian Restaurants b. Fitness Centers c. Specialty Shop d. Clinic e. Day Care



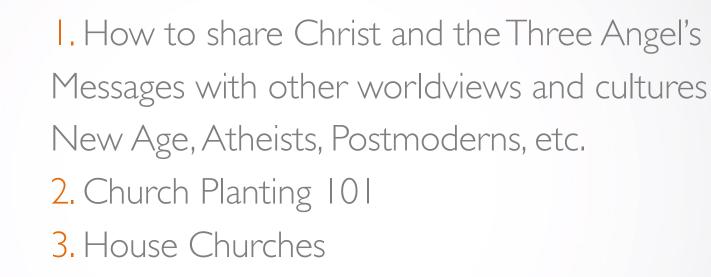


H. CONNECTIONS

How do we connect people with God, using Christ's Method Alone – from the book, Ministry of Healing?

How do we find ways of building disciples who will start a church planting movement from the Life Hope Centers / Urban Centers of Influence?





4. Getting your LHC / UCI's community friends involved in the centers



I. EVALUATION AND ASSESSMENT



A. Evaluation of discipleship progress of starting new groups of believers
B. Evaluation of center's community impact
C. Formal reporting
D. Informal reporting (stories)



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