

# **The 63rd Annual Meeting of the Academy of Aphasia, San Diego, California**

Sunday, October 26 to Tuesday, October, 28th, 2025. The Horton Grand Hotel



## **Welcome to San Diego, California**

On behalf of the local organizing committee, it is our pleasure to welcome you to San Diego! This guide will provide you with essential information to help you make the most of your stay, including details on our vibrant city, transportation, the conference venue, reception, and accommodation. We wish you a truly pleasant stay and hope you find the conference both enriching and enjoyable!



## **About San Diego**

San Diego is located on the Pacific coast of Southern California, 120 miles (193 km) south of Los Angeles, CA and 20 miles (32 km) north of Tijuana, Mexico, adjacent to the United States-Mexico border. With a population of over 1.4 million as of 2024, San Diego is the eight-most populous city in the United States and the second-largest in California. Historically home to the Kumeyaay people, it is often referred to as the “birthplace of California”, as it was the first site visited and settled by Europeans on the West Coast. San Diego is renowned for its mild year-round climate, natural deep water harbor, and extensive beaches. Today, San Diego is a hub for military and defense, tourism, and a rapidly growing center for research and innovation.

## Access and Transportation

MTS Trolley System: <https://www.sdmts.com/sites/default/files/routes/pdf/510.pdf>



The trolley is a light rail system that connects Downtown San Diego with East County, South Bay, UC San Diego, and the Mexico border. It has four primary lines – Blue, Orange, Green, and Copper.

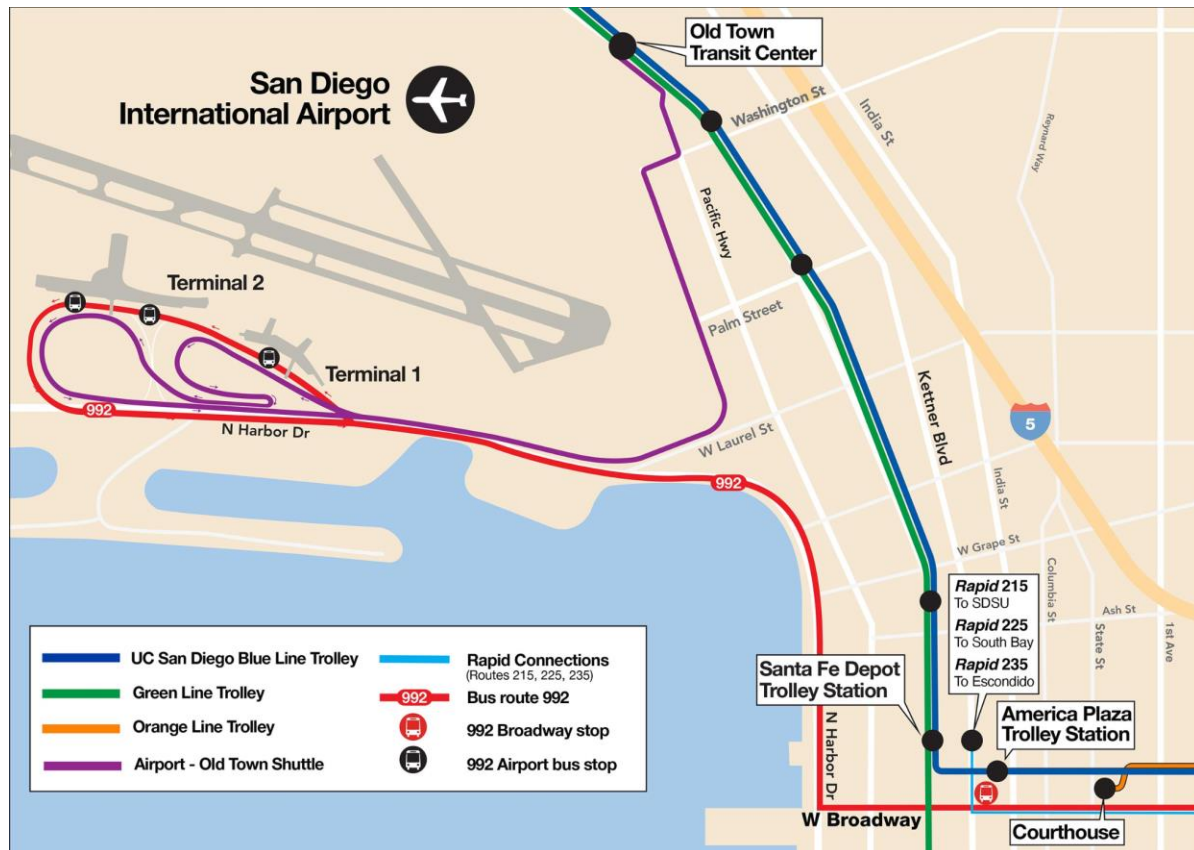
\*Some locations may require additional bus travel.

For more information visit the San Diego Metropolitan Transit System website:

<https://www.sdmts.com/>

**From the airport:** There are two ways to get between the airport and MTS services.

## Route 992 Bus



The Route 992 bus stops directly outside baggage claim at both airport terminals. It offers a quick 15-minute ride to/from Santa Fe Depot in Downtown San Diego, a major transit hub connecting to all Trolley lines and Rapid bus lines.

Take the Route 992 bus from the airport and get off at the Broadway & 3rd Avenue stop. The Horton Grand Hotel is a 10 minute walk from there.

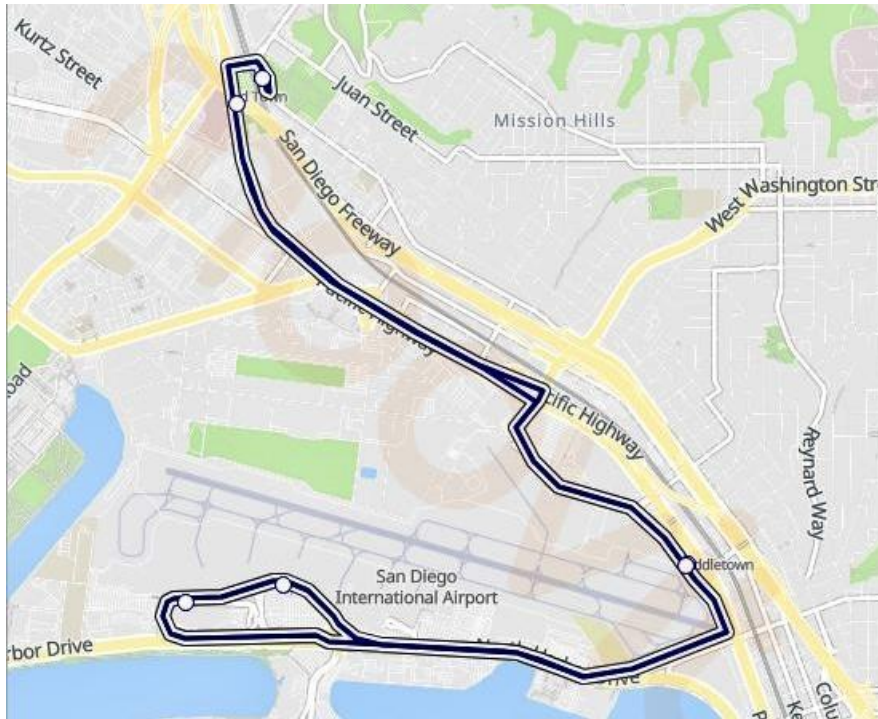
One-way fares are \$2.50. You can purchase a **PRONTO card** and add value at airport ticket machines (near Information Centers) or at Santa Fe Depot and America Plaza Trolley stations.

**Alternatively, use the PRONTO app on your smartphone or visit their website:**

<https://www.ridepronto.com/>

When heading to the airport, catch the 992 at Kettner Blvd. and W. Broadway (in front of Starbucks), conveniently located across from Santa Fe Depot. The 992 runs every 15 minutes for most of the day, seven days a week.

## San Diego Flyer



The San Diego Flyer is a free electric shuttle bus that takes you between San Diego International Airport (SAN) and the Old Town Transit Center – a major hub where you can catch the Trolley and MTS buses.

### **How It Works:**

**Free to ride** – no tickets needed!

Runs every 20 to 30 minutes, 7 days a week

First shuttle: 4:45 AM

Last shuttle: 12:30 AM

### **Stops at:**

**Old Town Transit Center**

**Terminal 1 (SAN)**

**Terminal 2 (SAN)**

\*Look for the light orange shuttle with plane icons and the word “Flyer” on the side.

**Comfort & Accessibility:** Air conditioned, space for luggage, wheelchair accessible.





## Conference Venue: Horton Grand Hotel & Accommodations



The Horton Grand Hotel is located in the historic Gaslamp Quarter of downtown San Diego.

**Brief history:** The Horton Grand Hotel in San Diego uniquely combines two historic 1880s hotels: the Grand Horton and the Brooklyn-Kahle Saddlery. The Grand Horton boasted luxurious Italianate Victorian architecture, while the Brooklyn-Kahle Saddlery had a Western style and a popular saddle shop. Both were saved from demolition in the late 1970s and then reassembled to form the present-day Horton Grand Hotel.

**Address:** 311 Island Avenue, San Diego, CA 92101

**Room rate:** \$208/ night

**Group code:** Academy of Aphasia

**AoA Booking Link:** <https://reservations.travelclick.com/73591?groupID=4604531>

## Food & Restaurants

Below you will find a list of restaurants, most of which are within a 30 minute walking distance of the venue. For your convenience, use this map created with all of the restaurants listed below.



[San Diego Food Map](#)

## Breakfast & Brunch



### **Parakeet Cafe**

1680 India Street, San Diego, CA 92101

1.3 miles from Horton Grand Hotel (29 min walk/ 8 min drive)

Type: American

Every dish is made using organic, locally sourced ingredients free of seed oils. <https://www.parakeetcafe.com/location/little-italy/>



### **Capri Cafe**

610 West Ash Street, Suite 101, San Diego, CA 92101

1.1 miles from Horton Grand Hotel (25 min walk/ 5 min drive)

Type: American

Great coffee, freshly baked pastries, and a great selection of breakfast and lunch sandwiches made daily.

<https://capricafesd.com/>



### **Malibu Farm Seaport Village-San Diego**

831 West Harbor Drive, San Diego, CA 92101

0.7 miles from Horton Grand Hotel (14 min walk/ 5 min drive)

Type: American

Stop by for breakfast, brunch, or dinner, or a treat from their ice cream and espresso bar. They take pride in serving simple, never processed, honest food paired with a stunning waterfront view.

<https://www.malibu-farm.com/seaport-san-diego/>



### **Eggies**

707 G Street, Unit 108, San Diego, CA 92101

0.4 miles from Horton Grand Hotel (7 minute walk)

Type: Sandwiches

Amazing egg breakfast sandwiches and great service!

<https://eggies.com>



### **Breakfast Republic**

707 G Street, San Diego, CA 92101

0.4 miles from Horton Grand Hotel (7 minute walk)

Type: American

A classic brunch spot and a local favorite. Many love their signature dishes, Tres Leches Pancakes and the Loaded Mashed Potato Omelet.

<https://breakfastrepublic.com>



### **ASA Bakery**

634 14th Street, Unit 110, San Diego, CA 92101

0.7 miles from Horton Grand Hotel (14 minute walk/ 4 minute drive)

Type: Japanese bakery

Japanese style bakery that offers delicious baked goods and sweet drinks. <https://asabakerycafe.com>

## **Lunch & Dinner**



### **Meze Greek Fusion**

345 Sixth Avenue, San Diego, CA 92101

0.3 miles from Horton Grand Hotel (14 minute walk/ 4 minute drive)

Type: Greek

Authentic Greek cuisine with a twist. They offer a variety of menus such as four-course, customized family-style for guests to try multiple dishes or buffet menus with a variety of dishes to fit any of your preferences (vegetarian, gluten-free, and carnivore-friendly).

<https://gaslampmeze.com/>



### **City Tacos**

323 Seventh Avenue, San Diego, CA 92101

0.4 miles from Horton Grand Hotel (7 minute walk)

Type: Mexican

Located inside The Legend Condominiums, City Tacos serves a unique blend of traditional taco flavors with a Southern California twist. Each taco is crafted to reflect the vibrant spirit of the city.

<https://citytacossd.com/locations-ballpark/>





### **La Puerta**

560 Fourth Avenue, San Diego, CA 92101

0.2 miles from Horton Grand Hotel (2 minute walk)

Type: Mexican

Sinola-inspired family recipes. Their ingredients are made fresh daily and are free of artificial flavorings or enhancers. They offer hand-crafted drinks, a fun atmosphere with music, and quality Mexican food. <https://lapuertasd.com/>



### **Ristorante Illando**

1825 India Street, San Diego, CA 92101

1.3 miles from Horton Grand Hotel (30 min walk/ 7 min drive)

Type: Italian

This Italian restaurant offers delicious pasta and seafood dishes with indoor and outdoor seating options.

<https://illando.com>



### **Nonna + Zucchero**

1735 India Street, San Diego, CA 92101

1.3 miles from Horton Grand Hotel (29 min walk/ 10 min drive)

Type: Italian

Located in Little Italy, Nonna has an array of classic Italian dishes and a warm comforting atmosphere.

<https://www.nonnasd.com>



### **Puesto at the Headquarters**

789 W Harbor Drive, Unit 155, San Diego, CA 92101

0.5 miles from Horton Grand Hotel (15 min walk/ 6 min drive)

Type: Mexican

This Mexican restaurant is known for its tacos as the locals rave about their delicious blue corn tortillas.

<https://www.eatpuesto.com>





### **Sushi Gaga**

634 14th Street, Unit 110, San Diego, CA 92101  
0.5 miles from Horton Grand Hotel (14 min walk/ 4 min drive)

Type: Japanese- Sushi

\*Only open for dinner and closed Tuesdays

\*Reservations are required!

Omotenashi-inspired Omakase dinner.

<https://sushigaga.com>



### **Crab hut**

1007 Fifth Avenue, Unit 101, San Diego, CA 92101

0.7 miles from Horton Grand Hotel (11 minute walk)

Type: Seafood-Cajun

Enjoy their delicious seafood boils with king crab, oysters, shrimp and more. <https://www.crabhutrestaurant.com>



### **Tacos El Gordo**

511 F Street, San Diego, CA 92102

0.4 miles from Horton Grand Hotel (7 minute walk)

Type: Mexican

If you're craving a fresh authentic taco late into the night this spot is for you. Tacos El Gordo is serving up delicious street style tacos until 2am! Popular dish: Taco de Lengua (beef tongue)

<http://tacoseलगordobc.com/menu/>



### **Ironside Fish & Oyster**

1654 India Street, San Diego, CA 92101

1.24 miles from Horton Grand Hotel (28 min walk/ 10 min drive)

Type: Seafood

They are known for their lobster roll, clam chowder, and excellent service. <https://ironsidefishandoyster.com>



### **Huntress**

376 Fifth Avenue, San Diego, CA 92101

0.15 miles from Horton Grand Hotel (4 minute walk)

Type: Steakhouse

\*Open for dinner only

Finest cuts of meat and one of the largest collections of Japanese whisky brands. <https://huntresssteak.com>



### **Sovereign Modern Thai Cuisine**

1460 J Street, San Diego, CA 92101

0.68 miles from Horton Grand Hotel (15 min walk/ 4 min drive)

Type: Thai

Delicious Thai dishes such as chicken satay, avocado spring rolls, drunken noodles, and duck!

<https://www.sovereignsandiego.com>



### **Cafe Sevilla of San Diego**

353 Fifth Avenue, San Diego, CA 92101

0.15 miles from Horton Grand Hotel (4 minute walk)

Type: Spanish

Reviewed to have one of the best seafood Paella in San Diego and they serve up delicious tapas for something lighter as well.

<https://www.cafesevilla.com>



### **Taka Restaurant**

555 Fifth Avenue, San Diego, CA 92101

0.12 miles from Horton Grand Hotel (3 minute walk)

Type: Japanese

\*Open for Dinner only

Delicious nigiri, omakase, and sashimi, and locals praise the fresh fish and authentic flavors. <https://www.takasushi.com>



### **Provisional Kitchen**

425 Fifth Avenue, San Diego, CA 92101

0.12 miles from Horton Grand Hotel (3 minute walk)

Type: Italian

Their brunch menu is popular amongst locals. The breakfast pizza is a hit and many enjoy their signature fried bread lox.

<https://www.pendry.com/san-diego/dining/provisional/>



### **Empanada Kitchen**

819 C Street, San Diego, CA 92101

0.68 miles from Horton Grand Hotel (15 min walk/ 5 min drive)

Type: Argentinian

Aesthetically pleasing grab and go empanada shop. Great spot to grab a snack on the run.

<https://empanada-kitchen.com>



### **Eddie V's Prime Seafood**

789 W Harbor Drive, Suite 158, San Diego, CA 92101

0.68 miles from Horton Grand Hotel (15 min walk/ 5 min drive)

Type: Seafood-fine-dining

\*Open for Dinner only

Make a reservation to enjoy their lovely selection of steak, seafood, and cocktails. <https://m.eddiev.com>



### **Juniper and Ivy**

2228 Kettner Boulevard, San Diego, CA 92101

1.6 miles from Horton Grand Hotel (37 min walk/ 13 min drive)

Type: Fusion

The cuisine is innovative and the service is impeccable. A must try for this restaurant is the duck and lamb.

<https://www.juniperandivy.com>





### **Gaslamp BBQ**

524 Island Avenue, San Diego, CA 92101

0.1 miles from Horton Grand Hotel (2 minute walk)

Type: Barbecue

Delicious BBQ and lively sports bar.

<https://www.gaslampbbq.com>



### **Freddy's Chophouse**

554 Fourth Avenue, San Diego, CA 92101

0.06 miles from Horton Grand Hotel (1 minute walk)

Type: Steak house

They offer an amazing culinary experience with delicious steaks, seafood, appetizers and happy hour deals.

<https://freddyschophouse.com>



### **Greystone Prime Steakhouse & Seafood**

658 Fifth Avenue, San Diego, CA 92101

0.2 miles from Horton Grand Hotel (5 minute walk)

Type: Steak house

This steak house offers up the delicacy of wagyu steak and tasty appetizers. Many go for the delicious food and classy atmosphere.

<https://lapuertasd.com/>



### **The Yasai: Vegan Japanese Experience at Little Italy**

2254 India Street, San Diego, CA 92101

1.6 miles from Horton Grand Hotel (37 min walk/ 9 min drive)

Type: Vegetarian

Delicious Japanese inspired dishes turned both vegan and vegetarian. The ramen and appetizers are a fan favorite.

<https://yasaivegan.com>

## **Dessert**



### **Salt & Straw**

1670 India Street, San Diego, CA 92101

1.7 miles from Horton Grand Hotel (28 min walk/ 12 min drive)

Type: Ice cream

A local favorite with their unique sweet and savory ice cream flavors.

<https://saltandstraw.com>



### **Bobboi Natural Gelato**

2175 Kettner Boulevard, San Diego, CA 92101

1.8 miles from Horton Grand Hotel (16 minute drive)

Type: Gelato

Fresh, homemade gelato!

<https://www.bobboi.com>



### **IZOLA**

1429 Island Avenue, San Diego, CA 92101

0.5 miles from Horton Grand Hotel (12 minute walk)

Type: Bakery

Reviewed as the best croissant in the United States!

<https://www.izolabakery.com>



### **HINAR Dessert Bar & Café**

454 13th Street, San Diego, CA 92101

0.51 miles from Horton Grand Hotel (11 minute walk)

Type: Dessert

Delicious cheesecakes, cakes, and macarons and their orange blossom latte is popular amongst locals.

<https://m.yelp.com/biz/hinar-dessert-bar-and-cafe-san-diego>



### **Rikka Fika**

810 13th Street, San Diego, CA 92101

0.7 miles from Horton Grand Hotel (17 min walk/ 4 min drive)

Type: Dessert

If you love matcha this is the spot for you! This cafe serves up strawberry matcha, matcha lattes and matcha pastries.

<https://rikkafika.com>



### **Parfait Paris**

555 G Street, San Diego, CA 92101

0.3 miles from Horton Grand Hotel (6 minute walk)

Type: French bakery

Pastries, coffees, and sandwiches.

<https://parfaitparis.com>





### **Cali Cream Homemade Ice Cream**

425 Market Street, San Diego, CA 92101

0.12 miles from Horton Grand Hotel (3 minute walk)

Type: Ice cream

Wide variety of homemade ice cream flavors, including dark chocolate, mocha, and ube/matcha, with generous portions at reasonable prices. <https://calicreamicecream.com>

## **Bars**



### **Young Blood**

777 G Street, San Diego, CA 92101

0.18 miles from Horton Grand Hotel (8 minute walk)

Type: Bar

A favorite cocktail experience with great decor and hospitable service. <https://www.youngbloodsucks.com>



### **Vin de Syrah**

901 Fifth Avenue, San Diego, CA 92101

0.18 miles from Horton Grand Hotel (9 minute walk)

Type: Speakeasy

Wine bar and creative cocktails.

<https://www.syrahwineparlor.com>

## **Attractions**

### **Old Town**

Within Old Town San Diego, California's first European settlement and the city's oldest neighborhood, you'll find three parks, each housing historic sites that operate as museums. Old Town San Diego State Historic Park, located at the northern end, offers free admission to all its museums. Old Town also features over 30 restaurants and trolley tours. Highlights include the 1825 Casa de Estudillo, the reconstructed Robinson-Rose House (home to San Diego's first newspaper),

the Black Hawk Livery & Blacksmith, the San Diego Union newspaper building, and the Mason Street School, San Diego's first public schoolhouse.

<https://oldtownsandiegoguide.com/>

### **Balboa Park**

Nestled just minutes from downtown San Diego,

Balboa Park is a vibrant, 1,200-acre urban oasis that's equal parts cultural hub, natural retreat, and architectural marvel. Often referred to as the "Smithsonian of the West," it's home to more than 17 museums, multiple gardens, performing arts venues, and the world-renowned San Diego Zoo. Wander through stunning Spanish Colonial Revival architecture, explore lush themed gardens like the Japanese Friendship Garden and Botanical Building, or relax by the iconic Lily Pond. With its free admission to the park grounds, countless photo opportunities, regular festivals and performances, and beautiful trails, Balboa Park is a must-visit destination that captures the spirit and diversity of San Diego.

<https://balboapark.org>



### **USS Midway Museum**

San Diego's waterfront offers a rich maritime history experience. The USS Midway Museum, a massive retired aircraft carrier, allows visitors to explore naval aircraft and interactive exhibits. Nearby, the Maritime Museum of San Diego showcases a collection of historic ships, including the Star of India and HMS Surprise, with some offering sailing tours. Along the waterfront, you can also find public art like the Unconditional Surrender



statue and memorials honoring San Diego's military community. <https://www.midway.org/>

### **La Jolla Cove**

La Jolla Cove is a small, deep-water bay known for its calm waters, perfect for swimming and snorkeling, and home to marine life like the Garibaldi fish. Visitors often spot California sea lions basking on the rocks or swimming in the cove. Depending on the tides, its sea caves can be explored by kayak or on foot.



<https://www.sandiego.gov/lifeguards/beaches/cove>

### **Seaport Village**

San Diego's charming waterfront gem! Steps from downtown and the USS Midway, this lively spot is packed with unique shops, delicious eats, and family fun. Stroll the boardwalk, grab fresh seafood, and find one-of-a-kind treasures. Don't miss the historic carousel and live entertainment. It's the perfect place to relax, shop, dine, and soak up that sunny San Diego coastal magic.

<https://www.seaportvillage.com>



### **Torrey Pines State Natural Reserve**

Torrey Pines State Natural Reserve preserves maritime chaparral, rare Torrey pines, unspoiled beaches, and a vital lagoon for migrating seabirds. The reserve offers stunning overlooks and peaceful trails. It's crucial to remember that Torrey Pines is a natural reserve, not a park. This status, held by only 14 of California's 279 state park units, signifies its importance for threatened plants, animals, habitats, or unique geological formations, leading to stricter conservation rules than those found in parks. [https://torreypine.org/?customize\\_changeset\\_uuid=#gsc.tab=0](https://torreypine.org/?customize_changeset_uuid=#gsc.tab=0)





### **Little Italy**

Experience the vibrant heart of Italian culture in San Diego's Little Italy! Indulge in authentic Italian cuisine, perhaps on a guided food tour to uncover hidden gems and learn the neighborhood's rich history. Nearby, explore the scenic Waterfront Park and fascinating San Diego Maritime Museum. For a truly enchanting evening, dine al fresco and watch Little Italy come alive with twinkling lights.

<https://www.littleitalysd.com/>



### **Gaslamp Quarter**

Located in the heart of downtown San Diego, the Gaslamp Quarter is a lively and historic district known for its Victorian architecture, vibrant nightlife, and world-class dining and entertainment. Stretching over 16 walkable blocks, this area blends old-world charm with modern energy, making it a must-visit for tourists. It's also home to many of the city's top restaurants, offering everything from casual bites to upscale cuisine.

<https://gaslamp.org>



### **Coronado Island**

Just across the bay from downtown San Diego, Coronado Island is a charming coastal escape known for its stunning beaches, historic landmarks, and relaxed, upscale vibe. Connected to the mainland by the iconic Coronado Bridge or a short ferry ride. At the heart of the island is the legendary Hotel del Coronado, a Victorian-era beachfront resort that has hosted presidents, celebrities, and royalty since 1888. In the village area, you'll find quaint boutiques, art galleries, cafés, and restaurants along Orange Avenue, the island's main street.

<https://www.coronado.ca.us>



## **Beaches**

**Pacific Beach** is a lively, youthful beach known for its buzzing boardwalk, beach bars, and laid-back surf scene. Great for swimming, people-watching, and catching the sunset from Crystal Pier.

**Mission Beach** is home to Belmont Park, a beachfront amusement park with a historic roller coaster. This family-friendly spot offers wide sandy stretches, volleyball courts, and a fun mix of beach and entertainment.



**Ocean Beach** is a bohemian, dog-friendly beach with a retro vibe and local flavor. OB is perfect for relaxed beach days, surfing, and exploring quirky shops and eateries. Don't miss the Ocean Beach Pier and the sunset from Sunset Cliffs nearby.

**La Jolla Shores** is great for beginner surfers, with calm waters and soft sand. Close to kayaking and snorkeling in La Jolla Cove, where you can see sea lions and explore sea caves.

**We sincerely hope that you enjoy the conference and the beautiful city of San Diego.**