

BHM BLACK HEALTH
MATTERS.COM
PRESENTS

SUMMER HEALTH FAIR & SUMMIT

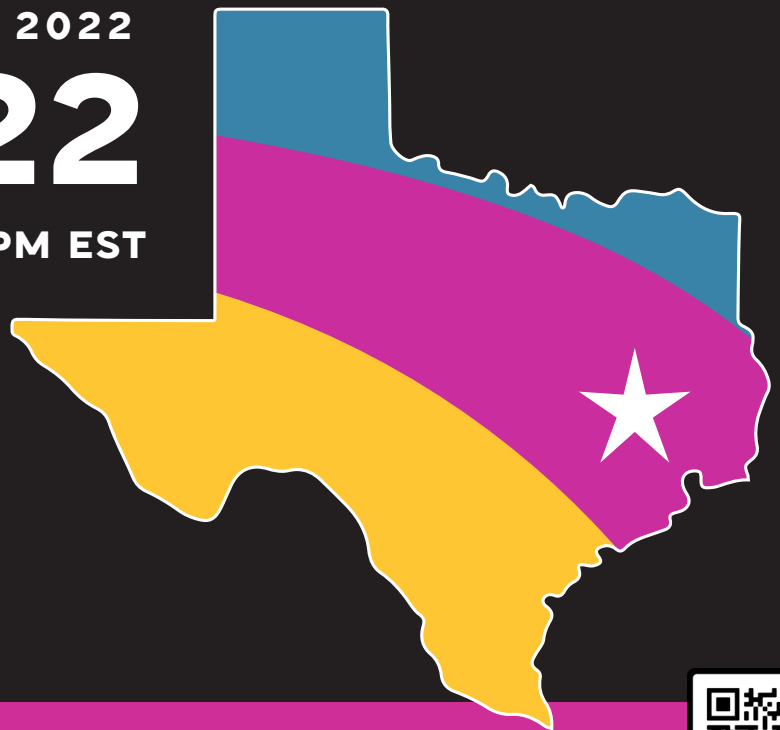
A HYBRID EVENT

SATURDAY, AUGUST 6, 2022

8.6.2022

9AM-5PM CST / 10AM - 6PM EST

THE KINGDOM
BUILDERS' CENTER
6011 W OREM DRIVE,
HOUSTON, TX 77085



www.blackhealthmatters.com



SCAN ME



PROTECT BLACK KIDNEYS!

Although only 13% of the population, Black Americans make up 35% of kidney failure in the US. Protect Black Kidneys!

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WELCOME TO BLACK HEALTH MATTERS 2022 SUMMER HEALTH SUMMIT

Dear Attendee,

Our culture is obsessed with doctors. We watch them on TV (Grey's Anatomy, Married to Medicine, etc.), we make their books bestsellers and we follow them on social media. But have we ever asked ourselves why we're so drawn to them?

My guess is that we like to think that when there is something wrong with us, someone in a white coat or scrubs is going to swoop in and make it all better. The unfortunate reality is that by the time you are seen by a doctor, it might be too late. Maybe not too late to save your life, but too late to avoid a life of chronic pain and medication side effects as well as a lifetime of health worries and financial debt.

This is why Black Health Matters is committed to raising awareness of chronic diseases that plague our community. We want you to know and understand the risk factors and treatment options so you can feel empowered on your health journey. And we do this by bringing educational programs like our Summer Health Summit directly to you because the truth is, information is power. And the more knowledgeable you are, the better equipped you are to take control of your health.

But we cannot do this alone. We want to thank our many partners for their vision and commitment in taking this journey with us. We also want to thank the many local organizations that tirelessly work in their communities to support patients and caregivers in truly meaningful ways.

We do this, they do this and you do this because **#blackhealthmatters**

In health,

Roslyn, Leslie, Dedra and Linette



Roslyn Young-Daniels
President &
Founder



Leslie Garcia-Fontenot
VP Managing Director



Dedra N. Tate
Director of
Special Events



Linette Roach
External Relations
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BHM
BLACK HEALTH
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SUMMER HEALTH SUMMIT

AGENDA & EVENT PROGRAM

Please note some of the sessions are concurrent.

Black Health Matters is a leading communications company that provides inclusive health and wellness information that is rooted in medical expertise to the Black community. How do we do it? We partner and collaborate directly with top physicians, community advocates and health companies to host free virtual events and share articles to help raise awareness on risk factors and chronic diseases that disproportionately impact Black Americans. Our ultimate goal is to help Black Americans cut through the confusion and feel empowered on their health journey.

Now more than ever, it's important to bring topics of Black healthcare that have been historically disregarded to the forefront. That's why we're so excited to invite you to our groundbreaking Summer Health Summit (it's both virtual and in-person!) with the aim of helping you take better care of yourself, your loved ones, and your community.

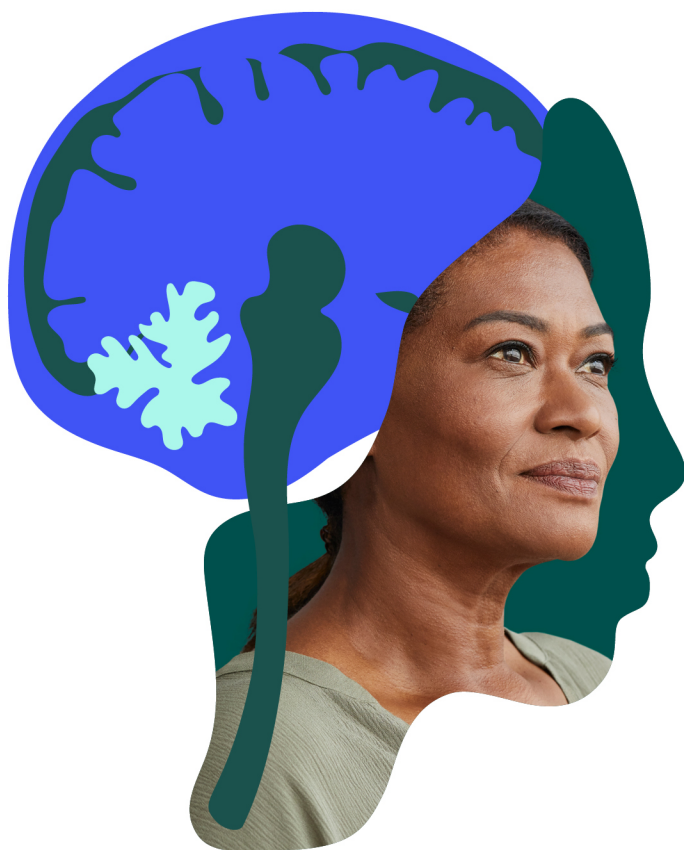
SUMMIT OBJECTIVES

1. Feature informative yet dynamic presentations and conversations on relevant health conditions and diseases with world class healthcare professionals that focus specifically on the medical disparities that affect Black Americans.
2. Provide a safe space for medically-underserved individuals to voice their opinions, concerns, experiences and act as a catalyst for radical change within health focused spaces.
3. Empower patients, advocates and caregivers by providing them with the most up-to-date information on various chronic conditions—including treatment options and clinical trials—so they will better understand how to identify risk factors that directly impact them and their community.
4. Amplify the reach of this rich education information by providing access to the content (videos, articles, etc.) on all platforms post-Summit.

AGENDA KEY

 **IN-PERSON** THE KINGDOM BUILDERS' CENTER

 **VIRTUAL** V-FAIRS



Seeing the brain
differently
*makes a world
of difference*



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**Vertex creates new possibilities in medicine
so people with serious diseases can live better lives.**

We work with leading researchers, doctors, public health experts and
other collaborators who share our vision for transforming the lives
of people with serious diseases, their families and society.

We're proud to support the
Black Health Matters Summer 2022 Summit.

Learn more at vrtx.com

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ON DEMAND

THE SCIENCE OF HEALTHY HAIR

Dr. Yates provides a compelling case on hair restoration through the process of hair transplants.



William Yates, MD, FACS

ADAPTING HERITAGE COOKING FOR TODAY'S FAMILIES

Learn to craft comfort foods with less salt, sugar and fat.



Chef Chris Williams

9:00AM - 9:15AM

WELCOME MESSAGE

A live introduction and official welcome to the Black Health Matters Summer Health Summit.

9:15AM - 9:45AM

ROE VS WADE: THE IMPACT ON BLACK WOMEN

Black women received 38% of reported abortions in 2019, the largest proportion of any racial group, according to the latest data from the U.S. Centers for Disease Control and Prevention. What does the future hold for Black women of child bearing years?



Nicole Plenty, MD

9:30AM - 9:45AM

WELCOME MESSAGE & OPENING PERFORMANCE

An introduction and official welcome to the Black Health Matters Summer Health Summit. There is nothing like spiritual music. The lyrics of this type of music promotes hope, love, and devotion to its listeners. As we kick off our first BHM Summit and Health Fair in Houston, we bring you the gift of song with the Ebenezer Praise Group.



Roslyn Young-Daniels



Ebenezer's Praise Group

9:50AM - 10:20AM

UNDERSTANDING GENETIC KIDNEY DISEASES: INSIGHTS INTO APOL1

SPONSORED BY VERTEX

Genetic variants in the APOL1 gene, found only in individuals of recent African ancestry, greatly increase risk of multiple types of kidney disease. This discussion will take a "deep dive" on management and treatment options.



Ogo Egbuna, MD

10:20AM -
10:25AM

RAFFLE PRIZES

10:25AM -
10:55AM

SEEING A BETTER TOMORROW: KNOW YOUR RISK FOR DIABETIC RELATED EYE DISEASE

SPONSORED BY GENENTECH

Diabetic eye disease, particularly diabetic retinopathy, is the leading cause of new cases of legal blindness in people 20-74 yr of age in the United States. The prevalence and rate of diabetes in this age-group are higher in Blacks than in Whites.* Modify risk factors and become informed at this import BHM Summit session.



Garvin Davis, MD



Veronica Sandoval,
PhD, JD (Moderator)

11:00AM -
11:30AM

MEN'S HEALTH: RARE KIDNEY DISEASE ACROSS GENERATIONS

SPONSORED BY TRAVERE

Understanding the genetic implications of Kidney Disease across generations. A discussion on management and therapeutic advances.



Kevin Mott



Joshua Albright



Brian Kennedy



Deja Ivy
(Moderator)

11:35AM -
12:05PM

SHINGLES AND AFRICAN AMERICANS OVER 50: WHAT YOU SHOULD KNOW

SPONSORED BY GSK

A discussion focused on the shingles virus and maintaining a healthy immune system in people ages 50 and older.



Sheri Prentiss, MD, MPH,
CSP®



Roslyn Young-Daniels
(Moderator)

12:10PM -
12:40PM

DIABETES & HYPERTENSION: STATE OF EMERGENCY

Dr. Sheppard discusses strategies to manage diabetes and hypertension.



Gary J. Sheppard, MD



Kevin Garvin
(Moderator)

12:10PM -
12:40PM

THE COLOR OF CARE

Columbia pediatrician Dr. Hetty Cunningham explains why the concept of doing no harm is not enough in medicine. To address systemic racism, "we have to act!" You can also see Dr. Cunningham in the Oprah Winfrey documentary, "The Color of Care".



Hetty Cunningham, MD

12:45PM -
1:15PM

HEALTH IS THE NEW WEALTH: A WEIGHT LOSS JOURNEY

A dynamic discussion on options that lead to weight loss. This includes having the right mindset, the use of surgical procedures, diet and exercise.



Paul Wall



Victor Ankoma-Sey,
MD, FACP, FAASLD



Crystal Wall Slayton



Keith Garvin
(Moderator)

1:20PM -
1:55PM

PROSTATE CANCER SCREENING AND TREATMENT

SPONSORED BY MD ANDERSON

Black men are at the highest risk of having prostate cancer in their lifetime. This presentation will provide information, tools, resources and more to become "armed" should they be the one in eight that will do battle.



Lisly Chery, MD

1:15PM -
1:45PM

LUNCH BREAK & RAFFLES

1:45PM -
2:00PM

WORKOUT WITH CRYSTAL WALL

Get ready for fun, H-Town style with Crystal Wall.



Crystal Wall Slayton

2:00PM -
2:30PM

SEXUAL FREEDOM: TO BE OR NOT TO BE

A discussion about HIV/AIDS prevention and understanding the need for PrEP in 40+ adults.



Nadia Winston, MPH, MSN,
APRN, FNP-BC

2:05PM -
2:35PM

BREAKING DOWN BARRIERS: WHAT BLACK WOMEN SHOULD KNOW ABOUT BREAST CANCER

SPONSORED BY MD ANDERSON

A sisterly conversation on the prevention and treatment of breast cancer.



Oluchi Oke, MD

2:35PM -
3:05PM

OVERVIEW OF POSTPARTUM DEPRESSION

SPONSORED BY SAGE THERAPEUTICS

Black women are at high risk for PPD and many remain silent due to stigma and shame. This session is to help these mothers have a voice.



Acela Aviles, PharmD



Craig Hilburn, Ph.D.

3:10PM -
3:40PM

THE SELF HEALING MIND

A discussion on a new way of thinking about mental health that puts evidence-based self-care front and center.



Gregory Scott Brown, MD



Amanda Sapp
(Moderator)

3:10PM -
3:40PM

LIVE AND LOOK YOUNGER: 5 WAYS TO THRIVE AND LIVE YOUR BEST LIFE

A lifestyle medicine expert, Dr. Kemmy will address the connection between the skin and other lifestyle factors such as diet, stress, exercise and sleep — leading to better patient outcomes.



Kemunto Mokaya, MD

3:45PM -
4:15PM

COVID-19 & MONKEY POX: THE WHITE HOUSE UPDATE

Dr. Jha will discuss treatments on the horizon for Monkey Pox and what to expect from COVID variants this fall.



Ashish Jha, MD, MPH



Joseph C Gathe Jr MD
FACP FIDSA

4:20PM -
4:50PM

SUBSTANCE ABUSE IN THE BLACK COMMUNITY

Become knowledgeable about seeking help for behavioral and substance addictions.



Bunmi Asana, MD

4:50PM -
5:00PM

CLOSING REMARKS, RAFFLE/LEADERBOARD WINNERS & PERFORMANCE

Vincent Powell was a contestant on Season 12 of American Idol. He tore-up the competition with his rendition of "Cause I Love You". Nicki Minaj called his allure grown-up sexy. He's bringing his grown-up sexy and healthy self to the BHM Summit and Health Fair. Closing statements and "Thank You" message to participants, speakers and sponsors.



Roslyn Young-Daniels



Vincent Powell

BLACK HEALTH MATTERS TEAM

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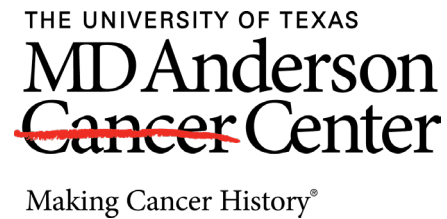
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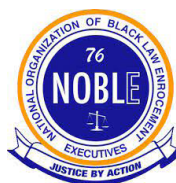
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SAVE THE DATE



FALL HEALTH SUMMIT

10.1.2022

9AM – 5PM PST

**CATHEDRAL OF OUR
LADY OF THE ANGELS
555 W TEMPLE ST,
LOS ANGELES, CA 90012**



REGISTER AT: WWW.BHMFALLSUMMIT.COM

SHINGLES

THE RASH CAN FEEL LIKE
***PULSING, ELECTRIC
SHOCKS****

FACT: 1 in 3 people will get shingles in their lifetime.
This painful, blistering rash could interrupt your life for weeks.

**IF YOU'VE HAD CHICKENPOX, THE VIRUS THAT
CAUSES SHINGLES IS ALREADY INSIDE YOU.**

WHY WAIT?

ASK YOUR DOCTOR OR PHARMACIST ABOUT SHINGLES.

*Individual experiences may vary.

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WHATISSHINGLES.COM