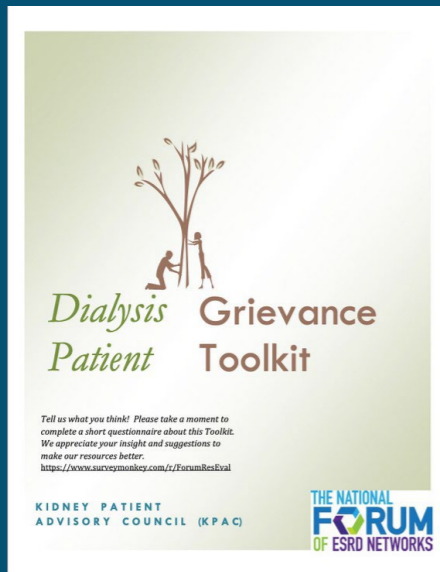


PATIENT RESOURCES

Toolkits created BY patients FOR patients

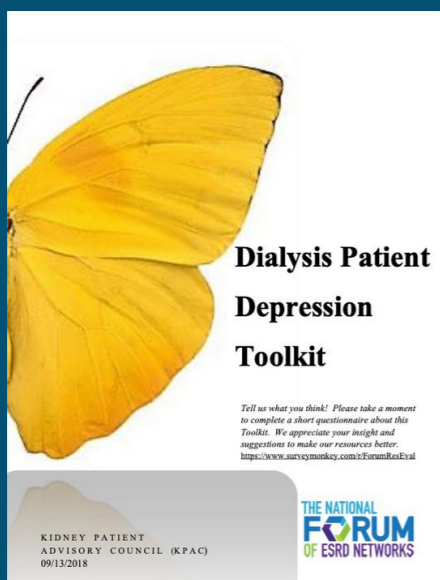


GRIEVANCE TOOLKIT

- What to do when you're unhappy with your dialysis facility
- Patient rights



"A lot of us wonder how well we are coping. We wonder if we need help or if this is as good as it gets."

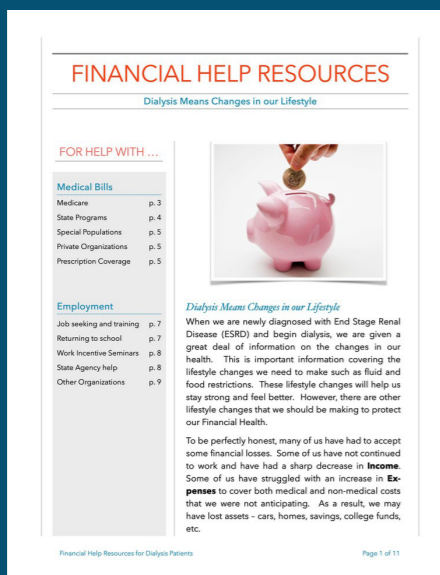


DEPRESSION TOOLKIT

- The demands of dialysis
- Coping with anxiety and depression
- Types of help available



"I wish I had a time machine. It would have been great to get a headstart on budgeting and planning."



FINANCIAL HELP RESOURCES

- Help with medical bills
- Job seeking and training
- Going back to school
- Public and private resources



"I was not sure I even wanted a kidney transplant. I decided to go through with the evaluation."



IS TRANSPLANT RIGHT FOR ME?

- Navigating the process
- Patient stories
- Risks and rewards
- Questions to ask your care team

