

# Opportunities for Better Integrated Physical and Mental Health Care







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#### INTRODUCTIONS



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 Discussion portion of educational session, "Best Practices in Mental Health and Substance Use Disorders Services"

 Discuss incorporating best practices into ongoing care



- In the context of access, how do we assure that the system delivers care that is *equitable* rather than by *default* in the circumstances of limited resources?
  - Consider also how to ensure that equitable care is enduring and adaptive to future needs





- What patient populations (specific demographic groups, diagnoses, care delivery systems, etc) are experiencing the most "ideal care" landscape right now? What lessons from those groups should we scale to other populations?
  - What enabled these bright spots to develop?
  - What are the solvable impediments?





• How should we be thinking about the progression of care from behavioral health care delivered by primary care practitioners to specialty behavioral health care?





• What is one thing you think all attendees should be thinking about when it comes to best practices in the behavioral health space?





