

Utilizing National Culturally and Linguistically Appropriate Services (CLAS)

Standards in Health Care

for Underserved

Communities











Johns Hopkins
Medicine's Approach
to the National CLAS
Standards during the
COVID-19 Pandemic

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Learn how an academiccommunity partnership developed a health equity focus to address the three domains of the National Culturally and Linguistically Appropriate Services (CLAS) Standards during the COVID-19 pandemic



## Our Mission and Vision

### **Our Mission**

To provide content expertise and programmatic support to institutional leadership and HR to recruit, promote, retain and engage those underrepresented in medicine, science, nursing and health care administration so that we can achieve health equity for the most vulnerable populations.

### **Our Vision**

- We envision a Johns Hopkins Medicine where diversity, equity and inclusion are in our DNA, and where together we commit to:
- Embracing and celebrating our differences
- Educating and developing our staff and learners
- Engaging in equitable health care delivery and workforce practices



The work of Johns Hopkins Medicine Office of Diversity, Inclusion, and Health Equity extends the legacy of **Dr. Levi Watkins**, pioneering cardiac surgeon and civil rights activist.



## National CLAS Standards

### The National CLAS Standards

The National Culturally and Linguistically Appropriate Services (CLAS) Standards in Health and Health Care are intended to advance health equity, improve quality and help eliminate health care disparities by establishing a blueprint for health and health care organizations to:

### **Principal Standard**

Provide effective, equitable, understandable and respectful quality care and services that are responsive to diverse cultural health beliefs and practices, preferred languages, health literacy and other communication needs.

### media materials and signage in the languages commonly used by the populations in the service area.

Provide easy-to-understand print and multi-

### Governance, Leadership and Workforce

- Advance and sustain organizational governance and leadership that promotes CLAS and health equity through policy, practices and allocated resources.
- Recruit, promote and support a culturally and linguistically diverse governance, leadership and workforce that are responsive to the population in the service area.
- Educate and train governance, leadership and workforce in culturally and linguistically appropriate policies and practices on an ongoing basis.

#### Communication and Language Assistance

- 5 Offer language assistance to individuals who have limited English proficiency and/or other communication needs, at no cost to them, to facilitate timely access to all health care and services.
- Inform all individuals of the availability of language assistance services clearly and in their preferred language, verbally and in writing.
- 7 Ensure the competence of individuals providing language assistance, recognizing that the use of untrained individuals and/or minors as interpreters should be avoided.

#### Engagement, Continuous Improvement and Accountability

- Establish culturally and linguistically appropriate goals, policies and management accountability, and infuse them throughout the organization's planning and operations.
- 20 Conduct ongoing assessments of the organization's CLAS-related activities and integrate CLAS-related measures into assessment measurement and continuous quality improvement activities.
- Collect and maintain accurate and reliable deimographic data to monitor and evaluate the impact of CLAS on health equity and outcomes and to inform service delivery.
- Conduct regular assessments of community health assets and needs and use the results to plan and implement services that respond to the cultural and linguistic diversity of populations in the service area.
- Partner with the community to design, implement and evaluate policies, practices and services to ensure cultural and linguistic appropriateness.
- 14 Create conflict and grievance resolution processes that are culturally and linguistically appropriate to identify, prevent and resolve conflicts or complaints.
- Communicate the organization's progress in implementing and sustaining CLAS to all stake-holders, constituents and the general public.





minorityhealth.hhs.gov | info@minorityhealth.hhs.gov

### **Principal Standard**

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# COVID-19 Institutional Health Equity Support Strategy Workgroup (Office of Diversity, Inclusion, and Health Equity) (ODIHE)

Staff and Community
Support and
Engagement

JHM HR Leadership Team

JHM Office of Wellbeing

JHU/JHM COVID19 Anchor Strategy Workgroup

Medical-Religious Partnerships Medicine for the Greater Good Accessible COVID-19 Communication

JHM Human Resources Communication

JHM Marketing & Communications

Golden et al, *Academic Medic*ine, 2021

Policy to Support Health Equity Patient Care and Clinical Operations

> Scarce Resource Allocation Workgroup

Language Services

COVID-19 Call Center

Baltimore Public-Private Partnership





# Staff and Community Support and Engagement, Slide 1 of 2

JHM Human Resources Leadership Team, Office of Wellbeing, and Food Services

ODIHE collaborated to start emergency food pantry program for staff (12)

### Medicine for the Greater Good and Medical-Religious Partnership

- ODIHE participation in community briefings and COVID-19 health disparities educational webinars (13)
  - Local and regional community organizations
  - National minority-serving organizations and universities
- Legislative Briefings
  - Maryland Legislative Black, Latino, and Asian Pacific Islander Caucuses and their Town Halls
  - Joint COVID Response Legislative Workgroup
  - House and Government Operations Committee, Maryland House
     Delegates



# Staff and Community Support and Engagement, Slide 2 of 2

JHU/JHM Anchor Strategy Workgroup (13)

**CentroSOL (Center for Health and Opportunities for Latinxs) (13)** 





# Diverse Media Collaboration Urban One Radio, AFRO News, El Tiempo







Reach: 23,311 listeners Washington, DC, Baltimore, and Maryland



Reach: 21,356 listeners across Baltimore and Maryland (mostly ages 18-54)





El Tiempo Latino
Reach: >130K
listeners across Maryland
(mostly ages 18-54)





## CentroSOL

### A Multi-Pronged Latinx Community Anchor Strategy Support Program

- Expanded language and technology services
- Providing access to over 220 translated COVID documents
- Established Juntos (Together) A team of volunteer bilingual clinicians to facilitate complex communications with patients and families (performed over 200 consults)
- Supporting Baltimore City Health Department with bilingual contact tracing support, ED testing follow-up, meal delivery
- Dr. Kathleen Page doing weekly bilingual "Ask Your Doctor" Facebook live sessions

### **Juntos Consultation Service**

In response to an unprecedented volume of Spanish-speaking patients with limited English proficiency admitted with COVID-19 in 2020, 19 bilingual volunteers (63% Latino, 73% MDs) were deployed to facilitate:

- Language-congruent care
- Culturally appropriate care
- Identify barriers to discharge
- Provide resources available to uninsured patients (e.g. linkage to community resources and The Access Partnership)

Alvarez-Arango S et al. *Health Equity*, 2021

## Accessible COVID-19 Communication

### JHM Human Resources and Marketing and Communications

- Ensuring crucial information is communicated in various formats and at different levels for all staff (developed literacy-adapted infographics) (8)
- COVID-19 information resource page on internal and public-facing website (8)

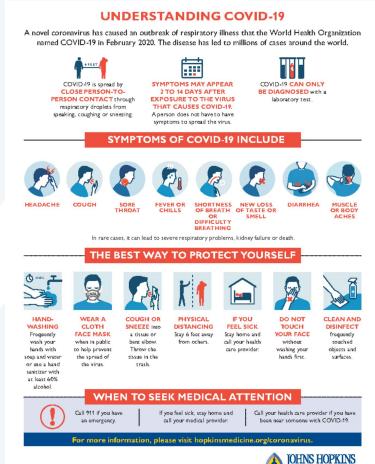
### JHU/JHM Anchor Strategy Workgroup

- Developed website for community resources, including in multiple languages (8)
- ODIHE participation in community briefings (13)





# Literacy-Adapted COVID-19 Employee and Patient Infographic



 Videos showing types of PPE for various clinical and non-clinical activities

 Posters with key messaging in work areas for frontline staff without regular computer access





## **Educational Outreach**

### **Development of a Website, Community Education Materials & Toolkit**

The Equity for COVID-19 Vaccines and Care website was developed to educate staff members and the public about the work Johns Hopkins Medicine has been doing with the community to address the devastating health disparities exacerbated by the coronavirus pandemic. It included the creation of several educational materials and a community education toolkit.

The site contains a **Toolkit for Community Organizations** (in English and Spanish) with printable PDF files on the following topics:

- COVID-19 Vaccine: 12 Things You Need to Know
- Vaccine Infographic
- Facts about COVID-19 Vaccines
- Getting the COVID-19 Vaccine
- After the COVID-19 Vaccine
- Safe Church Pagnaning





The site includes videos discussing COVID-19 disparities, the COVID-19 vaccines, and demographics of the COVID-19 vaccine trials





# Policy to Support Health Equity Patient Care and Clinical Operations, Slide 1 of 2

# Allocation of scarce resource guidance document workgroup

- Chief diversity officer was team member to help craft a framework with minimal bias against disadvantaged and disabled populations (2, 9)
- Office of Diversity, Inclusion, and Health Equity (ODIHE) conducting unconscious bias training for triage and secondary review teams (4)
- ODIHE membership on secondary review team (2)

# **Protecting the Vulnerable: Health Equity and Scarce Resources**

- Specific anti-discrimination language re: social characteristics
- Removed age from scoring criteria
- Disability-specific principles
  - Avoiding reallocation of ventilators for individuals with disabilities who are chronically vent-dependent
  - Allowing caregiver support in hospital to assist with communication
- Literacy adapted patient handouts for various triage and review scenarios translation into Spanish, Chinese, Korean, Russian, and Arabic CMS



# Policy to Support Health Equity Patient Care and Clinical Operations, Slide 2 of 2

### <u>**Johns Hopkins Medicine Language Services**</u>

- Provision of interpretation services for variety of settings—in-person, over-the-phone, video remote (5, 7)
- Collaboration with ODIHE and Centro Sol to develop provider support service for primary care teams of limited English proficiency patients using qualified bilingual and culturally competent clinical staff (5, 7)
- Translation of COVID-19 patient education materials into our 5 most common languages (Spanish, Russian, Arabic, Mandarin Chinese, Korean) (8)
- Ensuring COVID-19 information accessible to disability community (8) JHM allocation of scarce resource framework work group
- Incorporation of health equity and literacy-adapted talking points for providers with patients and families (8)
- Literacy adaptation of patient handouts in collaboration with Patient Education Department (8)





# Data Collection, Monitoring, and Evaluation

### JHM COVID-19 Call Center

- ODIHE conducting training in proper collection of race, ethnicity, and language (REaL) data (4)
  - ODIHE "Collecting Patient Sociodemographic Data" training
    - From 4/30/20-6/2/20 17 2-hour live trainings via Zoom for COVID-19 Call Center, Patient Access, and Johns Hopkins Community Physicians Call Center staff
    - Language Services completed 22 training sessions for Emergency Department registration staff for all Johns Hopkins Health System hospitals through Fall 2020

### **Baltimore Public-Private Partnership**

 ODIHE advocating for regional data collection, monitoring, and evaluation around questions of COVID-19 health equity (11)





## References and Resources

- Article: SH Golden, P Galiatsatos, C Wilson, KR Page, V Jones, T Tolson, A Lugo, N McCann, A Wilson, F Hill-Briggs. "Approaching the COVID-19 Pandemic Response with a Health Equity Lens: A Framework for Academic Health Systems." Academic Medicine, 2021;96: 1546-1552. Doi: 10.1097/ACM.00000000000003999
- Equity for COVID-19 Vaccines and Care website: https://www.hopkinsmedicine.org/coronavirus/equity/index.html







Transforming Care for Underserved Communities by Delivering Highly Personalized Care with VIP Service + Focus on Quality Metrics

Dr. Alexandria Beranger

National Director Quality & Patient Experience

ChenMed













- How we transform care
- Results matter to patients
- Injustice of healthcare disparities
- PCP-led Care Teams
- Mission-Focused & Diverse Providers
- Best-In-Class Provider Environment



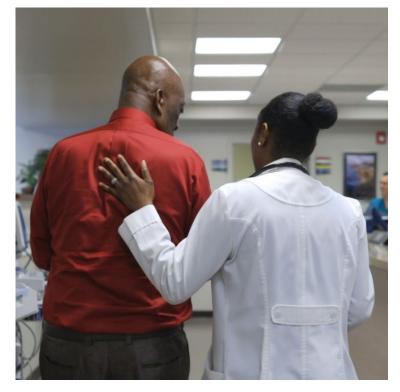
# Transforming care starts & ends with <u>TRUST</u>

### **Trust Continuum**

- Frequent + Highly Personalized Visits
- Intimate vs. Overwhelming Panel Size
- Shattering the 80/20 rule
- Honoring with affordable VIP care

### Trust measured in outcomes:

- 50% fewer hospitalizations
- 35% fewer emergency room visits.



Dr. Hermena Cerphy escorting her patient.





## Results Matter to Patients: Outcomes



### **Limb-saving health outcomes:**

- ■54% increase in detection of ulcers
- ■23% reduction in major limb amputations
- ■15% increase in detection of PAD

AFTER A YEAR WITH US, OUR SENIORS ARE 22% LESS LIKELY TO HAVE A STROKE IN THE NEXT THREE YEARS.

According to a recent study, with nearly 60,000 patients, seniors who had been ChenMed patients for over a year had a 22% lower incidence of stroke than our newest patients.





# Results Matter to Patients: Experience

- Patient Experience Ratings
  - Patients report ease in scheduling appointments for Primary Care Visits
  - Doctors remain informed about the care patients receive outside our centers



When Language Matters Most

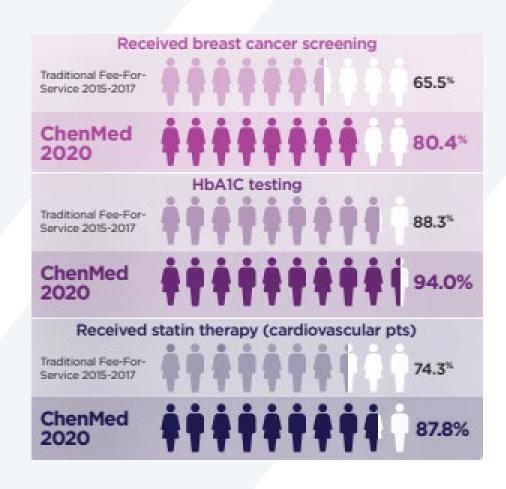
Here's how our patients rated their doctor in a recent 2021 survey.		
<b>پ</b>	Your doctor demonstrates care and concern for your personal well-being	93.3%
9	Your doctor shows respect	96.7%
Ģ	Your doctor listens to you	95.0%
14	Provider satisfaction	94.2%

Source: ChenMed survey conducted by Medallia between August 13 and October 4, 2021 (N = 6,616)





# Results Matter to Patients: Quality



- 2022 Quality Care
  - Breast Cancer Screening: 83.2%
  - Controlled A1c: 85.3%
  - Received Statin Therapy: 90.4%





# The injustice of healthcare disparities

"Of all the forms of inequality, injustice in health is the most shocking and the most inhuman because it often results in physical death." Martin Luther King, Jr.

(March 25, 1966; Chicago press conference before his speech at the second convention of the Medical Committee for Human Rights)

- Our average patient age: 71
- Average number of Chronic Conditions: 5
- Average number of PCP visits per year: 8







**Chen** Senior Medical Center Medical Center

**JenCare** Senior Medical Center

A recent statistical study of 10 years of internal ChenMed patient data demonstrated that patients diagnosed with cancer with 6 months or more tenure with us had double the chance of surviving the next 6 months, vs. patients that had not established our brand of care (<6 months tenure). One year mortality of tenured patients=18%; vs. 33% for non-tenured patients.

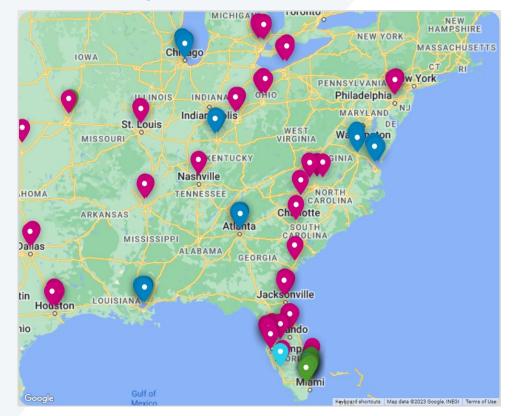




# Giving the Gift of Better Health

- 33 new center openings in 2022
- 36% increase in underserved neighborhoods over one year

- More than 120 centers
- In 15 states

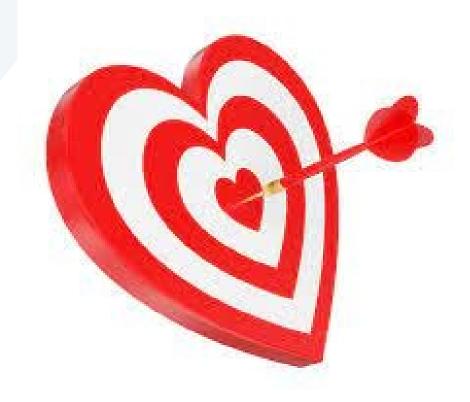






# Better than Concierge Care

- Where needs are greatest
- Door to door transportation
- Medications in-house
- Point of Care testing
- 24/7 access for patient questions







# Game-Changing Outcomes through...

- 80% fewer patients than typical primary care = More time with patients.
- Quarterbacking care during daily huddles
- PCP Led Care Teams
  - Dedicated office staff
  - Patient Advocate
  - Specialists

### A Winning Formula: Why Transformative Primary Care Requires a Team Approach

4.12.22 · Nehal Gheewala, DO





# 2022 National & Regional Awards







COMPUTERWORLD

**PLACES** 

BEST

to Work

Best Company

WOMEN

in IT 2023

# Attracting & Retaining Talent

- Recruiting Mission-Focused Providers
  - Serving Seniors and
  - Underserved communities
  - 24% are internally referred
- Collaborative team environment
- Passion for preventative health

- Focusing on the Who rather than RVU
- Wellness programs for Providers
- Pathways for career development
- Incentive program that rewards on health outcomes rather than volume





# Fostering Connection for PCPs

- Robust orientation
- Preceptorship program
- Mentorship program
- Peer to Peer program
- Physician led committees









# The importance of taking that 1st step...

