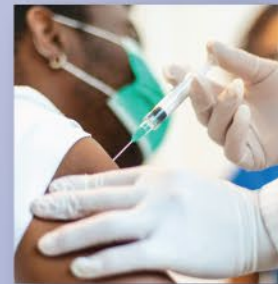


Quality Care: Integrating Physical and Mental Health



May 2, 2023

INTRODUCTIONS

Moderators



Dora Hughes, MD, MPH
Chief Medical Officer,
CMS Innovation Center



Shari Ling, MD
Deputy Chief Medical Officer,
CMS

Guest Speakers



Anand Parekh, MD, MPH
Chief Medical Advisor,
Bipartisan Policy Center



Kedar Mate, MD
President and Chief Executive Officer,
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AGENDA

- Why integrating physical and mental health matters, Dr. Dora Hughes
- Policy solutions, Dr. Anand Parekh
- Applying quality improvement, Dr. Kedar Mate
- The CMS Behavioral Health Strategy - Learning in Action, Dr. Shari Ling



A hand is shown placing a wooden block with a blue plus sign on top of a stack of other wooden blocks. The stack includes blocks with icons for a heart with a plus sign, two pills, a syringe, a person in a wheelchair, and a first aid kit. The word 'OBJECTIVE' is written vertically in large, bold, blue letters on a white diagonal banner that runs across the middle of the image.

OBJECTIVE

This plenary provides insights into the transformational opportunities to achieve better health outcomes through the delivery of integrated physical and mental health care services and supports



The CMS Behavioral Health Strategy

MISSION: to make high quality behavioral health services and supports accessible to CMS beneficiaries and consumers

VISION: Beneficiaries and consumers with behavioral health needs receive person-centered care that enables optimal health and wellness



Speaker Roadmap

- Dr. Parekh will provide a summary of high impact program and policy actions that are anticipated to achieve meaningful improvement of health outcomes in people with and at risk of behavioral health conditions
- Dr. Mate will apply quality improvement principles and tools towards translation of policy and program actions that enable effective implementation and execution
- Both will focus on solutions to integrate physical and mental health care



Discussion Questions

- Why does integrative, whole-person care matter?
- How do we achieve this? Are there any bright spots?
- What is the top action that each of us can commit to taking upon returning to our home base?





Thank You!

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