



A PARENT'S ROLLER COASTER JOURNEY WITH HER CHILDREN'S TOURETTE SYNDROME:

FROM ANGUISH AND FEAR TO INSPIRATION AND EMPOWERMENT

Presented By:

Jan Stewart, Author and Neurodiversity Advocate



INSIST ON PARTNERSHIPS









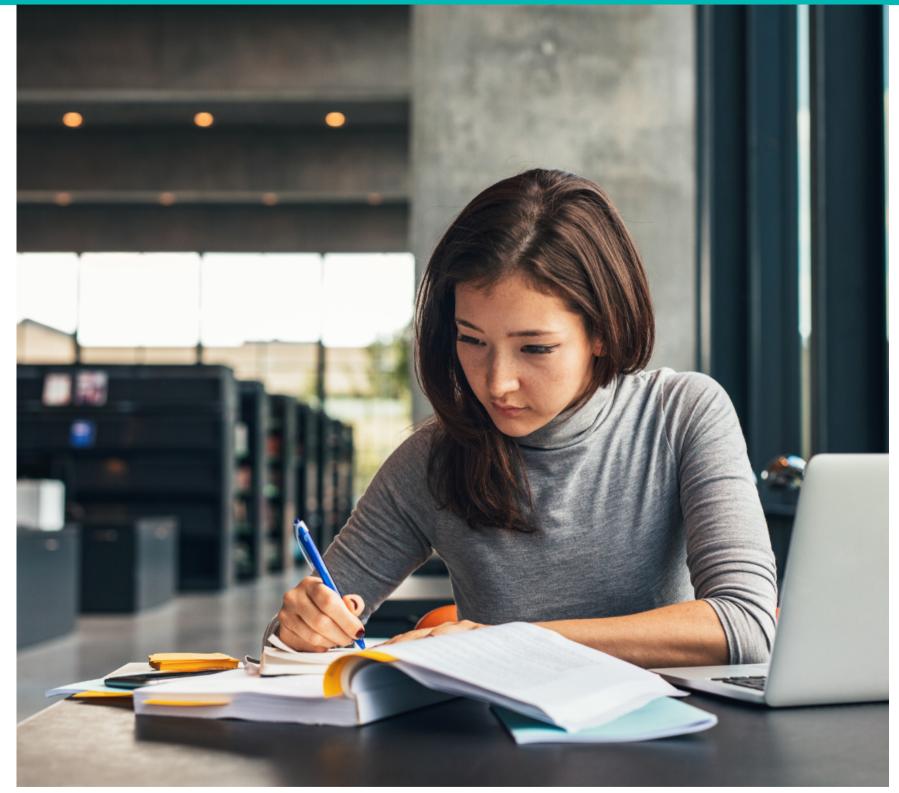


TRUST YOUR GUT AS A PARENT









EMBRACE RESEARCH













TALK OPENLY WITH YOUR CHILD



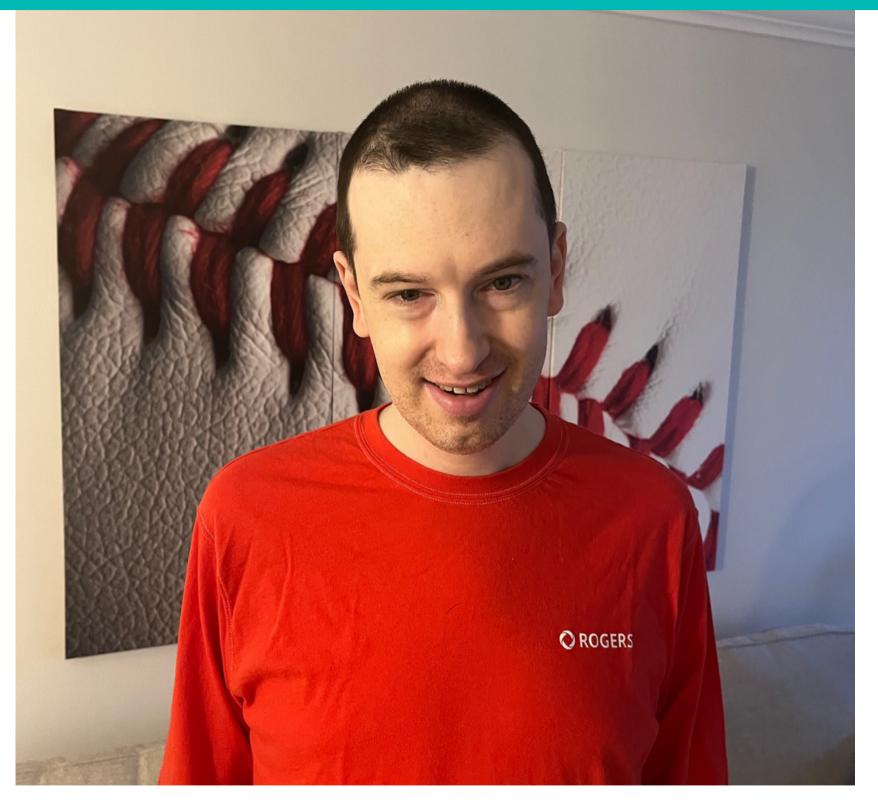


RESET YOUR EXPECTATIONS





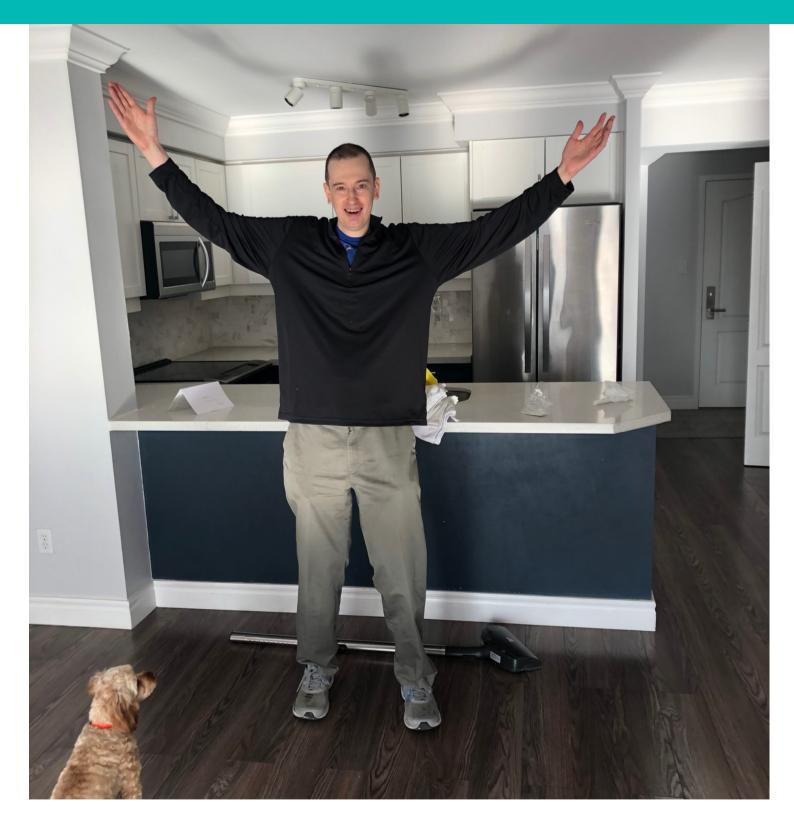


















MAKE A FINANCIAL PLAN







BE KIND TO YOUR PARTNER

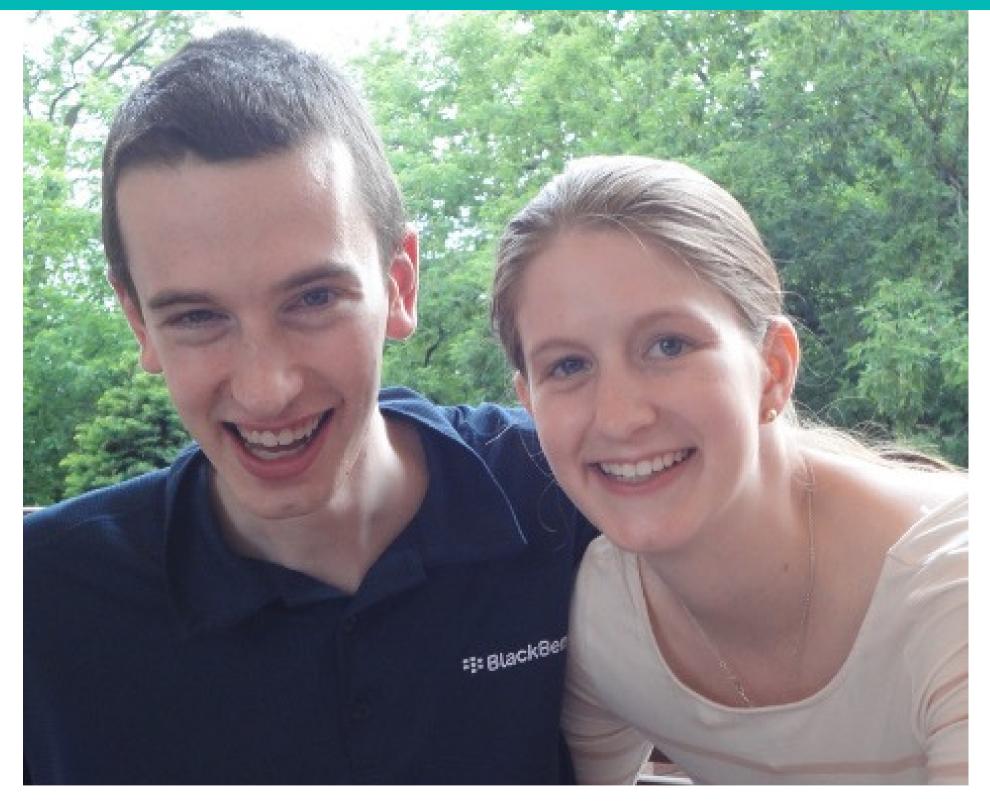




TAKE CARE OF YOURSELF











HOLD ON TIGHT BY JAN STEWART

AVAILABLE AT AMAZON, INDIGO, CAVERSHAM AND BARNES & NOBLE



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