Making Your Money Obey, Even if Your Body has a Mind of Its Own

Presented By:
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A Little About Me
Why are we talking about money at a Tourette conference?

• Because no matter what…

• It is important to talk about the things that impact everyone.

• Money doesn’t differentiate between neurotypical and neurodiverse brains…neither do our bills.
Money is...
Money is often thought to be linear. $\rightarrow \rightarrow \rightarrow$

We all know, though, that the Tourette brain looks something like…
Diagnoses that can mess up our financial plans

- Tourette
- ADHD
- OCD
- Anxiety
- Depression
Creating a Plan that Works

• Most important: YOU
  • Roof over your head
  • Food on the table
  • Utilities paid
  • Clothes on your back
  • Transportation
  • Medication

• There’s an app for that
  • Professional resources
Questions?

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