

2023 AGENDA

All times in Eastern Time.

*Denotes Person With Diabetes

CEUs available with Track One Sessions Only

Friday

2:00: Optional Focus Group with Skirt My Pump

3:00: Welcome Announcements

3:30: Welcome Keynote with Mila Clarke*, @thehangrywoman

4:00: Meet and Greet with Mila

5:00:

Track One: Diabetes + ADHD

- Michael Fulop, PhD*

Track Two: Exploring, Accepting and Navigating an Identity with Diabetes

- Persis Commissariat, PhD, CDCES*

6:30pm:

Panel: The Emotional Toll of Stigma and Shame (CEU available)

- Susan Guzman, PhD
- Jane K. Dickinson, RN, PhD, CDCES*
- Renza Scibilia*
- T'ara Smith*
- Phyllisa DeRoze*

8:00pm: Fireside Chats: Continuing the Conversation

- Breakout discussions facilitated by the panelists

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Saturday

9:45am: Morning Remarks

10:00am: Main Keynote with Mark Heyman, PhD, CDCES*

10:45am:

Track One: Beyond the PHQ-9: Supporting Mental Health in the Clinic

- Anna Floreen Sabino, MSW, CDCES*

Track Two: Love At First Injection Site: Navigating Diabetes & Relationships

- Alexandria Ambrose, PsyD*

12:00pm: Lunch / Meet and Greet with Mark Heyman

1:30pm:

Track One: Breaking the Barriers Between Diabetic and Psychiatric Medications

- Carl Dunn, R.Ph.*

Track Two: A Complicated Relationship: Diabetes, Food and Body Image

- Julissa Rolon, MA, Psychotherapist*

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Saturday

2:45pm: Break

3:00pm:

Track One: The Trauma of Diabetes

- Jennifer Martin-Schantz, M.S., M.A., Psy.D.*

Track Two: Understanding and Establishing Health Boundaries with Yourself + Others

- Lacy Simmons, LCSW*

4:15pm: Break

4:30pm:

Track One: Treatment of Mental Health Issues in Individuals with Diabetes from Underserved Communities

- Dana Lehman, PsyD*

Track Two: Parenting with Resilience

- JoAnne Robb, LMFT

5:45pm: Closing Keynote with Adam Brown, AMFT*

6:15pm: Closing Remarks

7:00pm: After Hours with Adam Brown