

The Diabetes + Mental Health Conference

May 5-6, 2023

Virtual

Activity description: It has become more widely accepted that living with diabetes has a profound impact on mental health, and that mental health has a strong influence on metabolic outcomes and disease management. This two day conference will provide a deeper look at the intersection of diabetes management and mental health, with focused topics on ADHD, trauma, psychiatric medications, underserved communities, and barriers to mental health support in the clinic setting. This is a virtual conference.

Target audience: Track one is designed for individuals or groups of diabetes care and education specialists including RNs, RDs, Pharmacists, Physician Assistants, MDs, and other healthcare providers interested in staying up to date on diabetes and mental health.

In accordance with the ACCME Standards for Integrity and Independence, the Association of Diabetes Care & Education Specialists (ADCES) requires anyone in a position to affect or control continuing education content (e.g., authors, presenters, and program planners) to disclose all financial relationships with ineligible companies. It is the responsibility of ADCES to mitigate and disclose all relevant conflicts of interest. Disclosure of a relationship is not intended to suggest or condone bias in any presentation but is made to provide participants with information that might be of potential importance to their evaluation of the presentation.

Relevant disclosures (or lack thereof) among education activity planners and faculty are as follows:

Speaker disclosures:

- Michael Fulop, PsyD, No financial relationships to report
- Anna Floreen, Sabino, MSW, CDCES, No financial relationships to report
- Carl Dunn, R.Pharm. No financial relationships to report
- Dana Lehman, PsyD. No financial relationships to report
- Jennifer Martin-Schantz, M.S., M.A., Psy.D. No financial relationships to report
- Susan Guzman, PhD, No financial relationships to report
- Jane K. Dickinson, RN, PhD, CDCES, No financial relationships to report
- Renza Scibilia, No financial relationships to report
- T'ara Smith, No financial relationships to report
- Phyllisa DeRoze, No financial relationships to report
- Mark Heyman, PhD, CDCES, OneDrop, Dexcom, Tandem Diabetes Care, Insulet, MannKind, Vertex
- Susan Guzman, PhD, Abbott Diabetes Care
- Jane K. Dickinson, RN, PhD, CDCES, ASHP
- T'ara Smith, No financial relationships to report
- Phyllisa Derose, PhD, No financial relationships to report
- Renza Scibilia, No financial relationships to report

Planners:

- Sara Adams, LICSW, No financial relationships to report
- Allison Nimlos, LMFT, No financial relationships to report
- Jennifer Martin-Schantz, PsyD. No financial relationships to report
- Alexis Skelley, LCSW, CDCES, No financial relationships to report
- Christina Burbelo, No financial relationships to report

Disclosure and Mitigation of Relevant Conflicts of Interest: All identified relevant conflicts of interest have been mitigated.

Financial Support: None or enter in the name of company providing commercial support.

Successful Completion

To receive a Statement of Credit you must attend the entire conference and complete an evaluation form which will be emailed to all registered CEU attendees on Sunday, May 7. Your Statement of Credit will be issued electronically upon submission of the evaluation form. Contact info@dmhconference.com with questions.

Activity Agenda Example:

Date: May 5-6 2023

Time: May 5

3:00-5:00 PM Welcome Announcements and Address

5:00-6:15 PM "Diabetes + ADHD", Michael Fulop, PsyD

6:30-8:00 PM Panel: "The Emotional Toll of Stigma and Shame," Susan Guzman, PhD, Jane K. Dickinson, RN, PhD, CDCES, Renza Scibilia, T'ara Smith, Phyllisa DeRoze

May 6

10:00-10:45am: Main Keynote with Dr. Mark Heyman, PhD, CDCES

10:45am-12:00pm: "Beyond the PHQ-9: Supporting Mental Health in the Clinic," Anna Floreen Sabino, MSW, CDCES

12:00pm: Lunch / Exhibit Hall

1:30-2:45pm: "Breaking the Barriers Between Diabetic and Psychiatric Medications," Carl Dunn, R.Ph

2:45pm-3:00: Break

3:00pm-4:15pm: "The Trauma of Diabetes," Jennifer Martin-Schantz, M.S., M.A., Psy.D.*

4:30-5:45pm: "Treatment of Mental Health Issues in Individuals with Diabetes from Underserved Communities," Dana Lehman, PsyD*

5:45pm-6:15pm: Closing Keynote with Adam Brown, AMFT

Location: Virtual

Cost: \$75 Early bird, \$95 Regular

Registration information: Visit our website to register and for additional information

<http://dmhconference.vfairs.com>

Contact Information: Allison Nimlos at info@dmhconference.com

Financial Information: This activity is supported by sponsorships from Dexcom, Melrose Clinic, Center for Change, Diabetes Training Camp, American Diabetes Association, Skirt My Pump, Medtronic, Trivable, Diabulimia Helpline and The Diabetes Link.

This program is jointly provided with the Association of Diabetes Care & Education Specialists.

Accreditation:



In support of improving patient care, this activity has been planned by Reframe Diabetes and the Association of Diabetes Care & Education Specialists. The Association of Diabetes Care & Education Specialists is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Accreditation Council for Pharmacy Education

The Universal Activity Number is JA4008258-9999-23-078-L99-P. This virtual-based activity has been approved for 9.0 contact hour(s)

American Medical Association (AMA)

Association of Diabetes Care & Education Specialists designates this live activity for a maximum of 9.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Nurses Credentialing Center (ANCC)

Association of Diabetes Care & Education Specialists designates this activity for a maximum of 9.0_____ANCC contact hours. The Association of Diabetes Care & Education Specialists is approved by the California Board of Registered Nursing, Provider Number 10977, for 9.0___contact hours. RNs must retain this document for 4 years after the activity concludes.



The Association of Diabetes Care & Education Specialists has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 9.0___AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.



Registration (CDR): CDR Credentialed Practitioners will receive 9.0_____Continuing Professional Education units (CPEUs) for completion of this activity. Completion of this RD/DTR profession-specific or IPCE activity awards CPEUs (One IPCE credit = One CPEU). If the activity is dietetics-related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (One 60 minute hour = 1 CPEU. RDs and DTRs are to select activity type 102 in their Activity Log. Sphere and Competency selection is at the learner's discretion.



As a Jointly Accredited Organization, the American Association of Diabetes Educators is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. The Association of Diabetes Care & Education Specialists maintains responsibility for this course. Social workers completing this course receive 7.75 Continuing Education Credits.

Certified Diabetes Care and Education Specialists: To satisfy the requirements for renewal of certification for the Certification Board for Diabetes Care and Education (CBDCE), continuing education activities must be diabetes related and approved by a provider on the CBDCE list of Approved Providers (www.cbdce.org). CBDCE does not approve continuing education. The Association of Diabetes Care & Education Specialists is on the CBDCE list of Approved Providers.

Other Health Professionals

It is the responsibility of each participant to determine if the program meets the criteria for re-licensure or recertification for their discipline.